HUDSON MOHAWK ROAD RUNNERS CLUB

PRESENTS

THE ANNI VERSARY RUN 2.95 M & 5.9 M*

*Grand Prix Race for HMRRC Club Members • Commemorative Glasswear for First 125 Registrants

Location: University of New York at Albany - Gymnasium near Western Ave. Ent.

Sunday, September 18, 2016 9:00 a.m.

New this year - Free .5M Kids Run - 10:00 a.m.

FEE: **FREE** for HMRRC members, \$5 non-members — *Day of Race Registration Only*

Come join us for the 45th Anniversary Celebration!

Prizes for Top Three Overall Male and Female finishers in both races and Top Male and Female finishers in each of 14 five-year age groups in the 5.9 Mile Race

For more info, or to volunteer, call Pat Glover at 877-0654 or email pjglove@aol.com