

\*\*\*\*\*USATF Adirondack 4 Mile Championships Age Grade RESULTS\*\*\*\*\*  
 Runnin' of the GREEN 4 mile  
 Organized by HMRRC  
 Saturday, March 12, 2016 - 10:00 a.m.  
 Shalmon Middle School, Rotterdam, New York

Timing by Green Leaf Racing LLC greenleafracing.com,  
 events@greenleafracing.com

Place	Div	Name	Age	S	City	St	Time	Agegrd%
=====	====	=====	====	=	=====	==	=====	=====
1		Derrick Staley	57	M	Ballston Lake	NY	22:42	89.27
2		Bob Giambalvo	66	M	Delhi	NY	24:52	88.14
3		Beth Stalker	56	F	Burnt Hills	NY	26:37	86.63
4		Emily Bryans	48	F	Delanson	NY	24:17	86.61
5		Renee Tolan	41	F	Clifton Park	NY	23:12	85.38
6		Julia Flower	17	F	Schenectady	NY	23:04	85.06
7		Eric Macknight	27	M	Ballston Lake	NY	19:57	84.71
8		Thomas Kracker	51	M	Delmar	NY	23:14	83.05
9		Aaron Lozier	27	M	Albany	NY	20:22	82.98
10		John Stadlander	50	M	Clifton Park	NY	23:06	82.86
11		Lee Pollock	63	M	Queensbury	NY	25:47	82.75
12		John Noonan	56	M	Ballston Spa	NY	24:36	81.69
13		Alex Benway	25	M	Saratoga Spring	NY	20:52	80.99
14		Erin Corcoran	41	F	Schenectady	NY	24:30	80.85
15		Volker Burkowski	44	M	Gansevoort	NY	22:38	80.74
16		Shaun Donegan	30	M	Malta	NY	20:58	80.71
17		Mark Stephenson	52	M	Esperance	NY	24:09	80.54
18		Kim Law	58	F	East Greenbush	NY	29:23	80.41
19		David Roy	61	M	Schoharie	NY	26:12	80.03
20		Chuck Terry	33	M	Albany	NY	21:21	79.81
21		Macky Lloyd	25	M	Albany	NY	21:13	79.65
22		Nancy Taormina	56	F	Albany	NY	28:58	79.60
23		Jon Rocco	49	M	Colonie	NY	23:53	79.52
24		Colleen Brackett	56	F	Albany	NY	29:05	79.28
25		Dave Glass	69	M	Glenville	NY	28:47	78.34
26		Ray Webster	41	M	Altamont	NY	22:49	78.32
27		Robert Irwin	43	M	Guilderland	NY	23:12	78.18
28		Pat Carroll	24	M	Saratoga Spring	NY	21:38	78.12
29		Martha C. Degrazia	65	F	Slingerlands	NY	33:14	77.81
30		Mollie Turner	36	F	Averill Park	NY	24:55	77.61
31		Nancy Nicholson	53	F	Queensbury	NY	28:43	77.50
32		Lisa D'Aniello	29	F	Albany	NY	24:49	77.17
33		Elaine Morris	63	F	East Greenbush	NY	32:45	76.89
34		John J. Sestito	52	M	Johnsonville	NY	25:20	76.78
35		Nicole Soblosky	28	F	Albany	NY	24:58	76.70
36		Jennifer Bennice	37	F	Ballston Lake	NY	25:19	76.66
37		Karen Dolge	45	F	Valatie	NY	26:39	76.61
38		John F. Parisella	58	M	Schenectady	NY	26:45	76.39
39		Aaron Knobloch	39	M	Niskayuna	NY	23:05	76.29
40		Marge Rajczewski	75	F	Ballston Lake	NY	39:12	76.26
41		Mary Buck	52	F	Mechanicville	NY	29:02	75.77
42		Todd Mesick	48	M	Cohoes	NY	24:53	75.73
43		Chris Buckley	54	M	Burnt Hills	NY	26:11	75.50
44		Jamie Casline	56	M	Ballston Lake	NY	26:46	75.08
45		Nick Webster	27	M	Albany	NY	22:31	75.06
46		Rob Picotte	62	M	Malta	NY	28:16	74.82
47		William Drapeau	48	M	Glenville	NY	25:12	74.78

48	Pete Rowell	27 M Albany	NY	22:36	74.78
49	Eric Young	24 M Latham	NY	22:40	74.56
50	Sally Drake	43 F Albany	NY	26:58	74.48

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Place	Div	Name	Age	S	City	St	Time	Agegrd%
=====	===	=====	===	=	=====	==	=====	=====
51		Melanie Redfield	23	F	Albany	NY	25:53	73.99
52		Tom McGuire	64	M	Slingerlands	NY	29:09	73.85
53		Amy Babeu	23	F	Guilderland	NY	26:02	73.56
54		Samuel Mercado	53	M	Albany	NY	26:40	73.53
55		Kristen Hislop	50	F	Clifton Park	NY	29:15	73.52
56		William Hamel	44	M	Clifton Park	NY	24:56	73.29
57		George Baranauskas	61	M	Scotia	NY	28:37	73.27
58		Liz Chauhan	31	F	Albany	NY	26:14	73.01
59		Todd Smith	42	M	Voorheesville	NY	24:51	72.45
60		Bill Douglas	54	M	Rensselaer	NY	27:20	72.32
61		Richard Loud	51	M	Ballston Spa	NY	26:55	71.68
62		James Larkin	68	M	Clifton Park	NY	31:09	71.66
63		Frank Horn	46	M	Albany	NY	25:54	71.64
64		David Rowell	63	M	Albany	NY	29:58	71.20
65		Andrea Hollinger	28	F	East Greenbush	NY	27:03	70.80
66		Mary Fenton	50	F	Ballston Spa	NY	30:25	70.70
67		Wade Stockman	81	M	Rensselaer	NY	39:19	70.67
68		Ray Scaringe	61	M	Clifton Park	NY	29:42	70.60
69		Tina Greene	42	F	Scotia	NY	28:16	70.53
70		Sarah Popovitch	22	F	Saratoga Spring	NY	27:12	70.40
71		John Pusateri	48	M	Castleton	NY	26:53	70.10
72		Danielle Maslowsky	37	F	Ballston Lake	NY	27:42	70.07
73		Thomas Rest	55	M	Clifton Park	NY	28:30	69.94
74		Robert Colborn	61	M	Schenectady	NY	30:00	69.89
75		Neil Sergott	44	M	Clifton Park	NY	26:10	69.84
76		Lauren Herbs	53	F	Rexford	NY	31:59	69.58
77		Denis Samburskiy	33	M	Saratoga Spring	NY	24:34	69.36
78		Hillary Johnson	29	F	Albany	NY	28:01	68.35
79		Daniel Brady	39	M	Cohoes	NY	25:48	68.25
80		Jonathan Golden	42	M	Slingerlands	NY	26:26	68.11
81		Jeffrey Mullen	33	M	Ballston Lake	NY	25:09	67.75
82		Peter Fish	57	M	Castleton	NY	30:12	67.10
83		Christopher Rush	79	M	Schenectady	NY	39:33	66.97
84		Virginia Larner	44	F	Malta	NY	30:20	66.74
85		Sunil Kumta	52	M	Schenectady	NY	29:09	66.72
86		Stephen Popovitch	52	M	Saratoga Spring	NY	29:15	66.50
87		Samantha McBee	30	F	Saratoga Spring	NY	28:50	66.42
88		Dallas Devries	38	M	Cohoes	NY	26:24	66.23
89		Joe Yavonditte	67	M	Schenectady	NY	33:30	66.02
90		Martin Patrick	62	M	East Greenbush	NY	32:13	65.65
91		Anny Stockman	83	F	Rensselaer	NY	54:24	63.97
92		Jay Quinn	51	M	Voorheesville	NY	30:17	63.71
93		Kirsten Leblanc	52	F	Broadalbin	NY	34:33	63.67
94		Frederick Kopff	47	M	Guilderland	NY	29:40	63.03

95	Hilary Claggett	51	F	Saratoga Spring	NY	34:31	63.01
96	Paul Cirillo	40	M	Mohawk	NY	28:14	62.83
97	Tom Law	44	M	Saratoga Spring	NY	29:11	62.62
98	Stephen Montanaro	50	M	Hagaman	NY	30:58	61.81
99	Joseph Richardson	76	M	Slingerlands	NY	40:19	61.81
100	Chester Tumidajewic	61	M	Amsterdam	NY	34:00	61.67

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101		Cathy Soloyna	62	F	Wynantskill	NY	40:21	61.60
102		Meaghan Podlaski	18	F	Niskayuna	NY	31:47	60.90
103		Anthony Lupo	53	M	Saratoga Spring	NY	32:32	60.27
104		Perry Gava	57	M	Clifton Park	NY	34:04	59.48
105		Eiko Bogue	78	F	Schaghticoke	NY	53:51	58.24
106		Tim Leonard	67	M	Clifton Park	NY	38:07	58.03
107		Diane Thompson	61	F	Latham	NY	42:41	57.48
108		Sharon Strodl	41	F	Nassau	NY	35:46	55.38
109		Anne Miralles	48	F	Schenectady	NY	38:17	54.94
110		Nina Lynch	35	F	Clifton Park	NY	36:25	52.94
111		Raymond W. Lee, Jr.	74	M	Halfmoon	NY	51:32	46.73

