

Delmar Dash 5M
 Delmar, NY
 April 3, 2016

Produced by the Hudson Mohawk Road Runners Club

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***** AWARDS LIST *****

***** MALE OVERALL RESULTS (GUN TIME) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	295	Eric Macknight	27	Ballston Lake	NY	25:22	5:05	25:22	5:05
2	291	Aaron Lozier	27	Albany	NY	27:08	5:26	27:08	5:26
3	154	John Farley	27	Albany	NY	27:20	5:28	27:21	5:29

***** FEMALE OVERALL RESULTS (GUN TIME) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	157	Julia Flower	17	Schenectady	NY	29:35	5:55	29:35	5:55
2	36	Karen Bertasso	31	Albany	NY	30:04	6:01	30:04	6:01
3	516	Brittany Winslow	22	Queensbury	NY	30:35	6:07	30:35	6:07

***** MALE AGE GROUP: 1 - 19 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	303	Henry Manley	15	Delmar	NY	30:29	6:06	30:33	6:07
2	482	Harry Thorp	15	Glenmont	NY	31:10	6:14	31:13	6:15
3	535	Leo Rosenblum	15	Delmar	NY	31:34	6:19	31:38	6:20
4	311	Holden Maynard	16	Schenectady	NY	36:47	7:22	36:52	7:23

***** FEMALE AGE GROUP: 1 - 19 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	158	Kerry Flower	15	Schenectady	NY	31:14	6:15	31:14	6:15
2	70	Caitlin Buzas	14	Schenectady	NY	38:13	7:39	38:18	7:40
3	352	Fiona Nugent	18	Delmar	NY	45:32	9:07	45:49	9:10

4 529 Julianna Williams 18 Albany NY 46:06 9:14 46:23 9:17

***** MALE AGE GROUP: 20 - 24 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	523	Eric Young	24	Latham	NY	28:33	5:43	28:33	5:43
2	349	Matthew Ninneman	23	Albany	NY	28:46	5:46	28:46	5:46

***** FEMALE AGE GROUP: 20 - 24 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	449	Irene Somerville	23	Wynantskill	NY	32:05	6:25	32:07	6:26
2	17	Amy Babeu	23	Guilderland	NY	33:21	6:41	33:23	6:41
3	122	Tara Dee	23	Bennington	VT	39:43	7:57	39:52	7:59
4	183	Lauryn Goldstein	22	Albany	NY	45:21	9:05	45:45	9:09

***** MALE AGE GROUP: 25 - 29 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	32	Alex Benway	25	Saratoga Springs	NY	27:29	5:30	27:30	5:30
2	328	Richard Messineo	27	Albany	NY	27:36	5:32	27:36	5:32
3	409	Pete Rowell	27	Albany	NY	28:01	5:37	28:01	5:37
4	507	Nick Webster	27	Albany	NY	28:20	5:40	28:20	5:40

***** FEMALE AGE GROUP: 25 - 29 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	97	Claire Collison	25	Albany	NY	31:16	6:16	31:18	6:16
2	447	Nicole Soblosky	28	Albany	NY	32:18	6:28	32:20	6:28
3	207	Erin Hatton	25	Troy	NY	32:25	6:29	32:27	6:30
4	217	Andrea Hollinger	28	East Greenbush	NY	33:23	6:41	33:26	6:42

***** MALE AGE GROUP: 30 - 34 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	317	Chris McCloskey	34	Glenmont	NY	28:09	5:38	28:10	5:38
2	86	Chris Chromczak	31	Delmar	NY	29:27	5:54	29:28	5:54
3	342	Paul Mueller	32	Delmar	NY	30:19	6:04	30:20	6:04

4 356 Robert Ordish 30 Glenmont NY 30:36 6:08 30:38 6:08

***** FEMALE AGE GROUP: 30 - 34 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	391	Janne Rand	31	Albany	NY	34:31	6:55	34:33	6:55
2	7	Lauren Anderson	34	Altamont	NY	34:40	6:56	34:49	6:58
3	500	Kelly Virkler	32	Altamont	NY	35:03	7:01	35:10	7:02
4	289	Meghan Louden	30	Clifton Park	NY	35:35	7:07	35:43	7:09

***** MALE AGE GROUP: 35 - 39 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	33	Eamon Dempsey	36	Delmar	NY	28:11	5:38	28:11	5:38
2	467	Joseph Sullivan	37	Schenectady	NY	29:10	5:50	29:11	5:51
3	159	Peter Flynn	39	Delmar	NY	29:52	5:59	29:53	5:59
4	402	Andrew Rickert	37	Delmar	NY	30:05	6:01	30:07	6:02

***** FEMALE AGE GROUP: 35 - 39 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	37	Shelly Binsfield	36	Clifton Park	NY	33:13	6:39	33:14	6:39
2	359	Colleen Ottalagano	39	Slingerlands	NY	35:21	7:05	35:31	7:07
3	124	Kari Deer	37	Slingerlands	NY	35:35	7:07	35:37	7:08
4	526	Laura Zima	36	Albany	NY	35:53	7:11	35:57	7:12

***** MALE AGE GROUP: 40 - 44 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	63	Volker Burkowski	44	Gansevoort	NY	28:42	5:45	28:42	5:45
2	229	Robert Irwin	43	Guilderland	NY	29:53	5:59	29:53	5:59
3	343	Dan Murphy	41	Delmar	NY	30:57	6:12	30:59	6:12
4	133	Michael Dinicola	41	Albany	NY	31:03	6:13	31:04	6:13

***** FEMALE AGE GROUP: 40 - 44 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	143	Sally Drake	43	Albany	NY	34:55	6:59	34:57	7:00
2	411	Beth Ruiz	42	Delmar	NY	35:15	7:03	35:20	7:04

3	198	Tina Greene	42	Scotia	NY	36:09	7:14	36:13	7:15
4	296	Melissa Maguire	43	Loudonville	NY	36:58	7:24	37:02	7:25

***** MALE AGE GROUP: 45 - 49 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	331	Ryan Mitchell	49	Troy	NY	30:54	6:11	30:57	6:12
2	404	Jon Rocco	49	Colonie	NY	31:27	6:18	31:27	6:18
3	144	William Drapeau	48	Glenville	NY	31:55	6:23	31:58	6:24
4	473	Ken Tarullo	47	Delmar	NY	32:02	6:25	32:05	6:25

***** FEMALE AGE GROUP: 45 - 49 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	55	Emily Bryans	48	Delanson	NY	30:54	6:11	30:54	6:11
2	415	Ruth Sadinsky	49	Albany	NY	39:52	7:59	39:58	8:00
3	165	Francine Fredette	47	Glenmont	NY	41:54	8:23	42:07	8:26
4	231	Alison Johnson	45	Delmar	NY	42:51	8:34	43:01	8:37

***** MALE AGE GROUP: 50 - 54 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	255	Thomas Kracker	51	Delmar	NY	29:35	5:55	29:36	5:56
2	278	Christian W Lietza	53	Delmar	NY	30:47	6:10	30:48	6:10
3	271	Russell Lauer	53	Troy	NY	32:18	6:28	32:19	6:28
4	58	Chris Buckley	54	Burnt Hills	NY	32:45	6:33	32:46	6:34

***** FEMALE AGE GROUP: 50 - 54 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	57	Mary Buck	52	Mechanicville	NY	36:21	7:17	36:29	7:18
2	150	Peggy Egan	50	Albany	NY	36:36	7:19	36:39	7:20
3	225	Anne Hurley	53	Delmar	NY	43:19	8:40	43:39	8:44
4	94	Sue Cleary	52	Albany	NY	43:57	8:48	44:03	8:49

***** MALE AGE GROUP: 55 - 59 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	453	Derrick Staley	57	Ballston Lake	NY	29:01	5:49	29:02	5:49
2	113	Thomas Dalton	57	Schenectady	NY	30:59	6:12	30:59	6:12

3	512	Brian Whitman	57	Selkirk	NY	35:41	7:09	35:47	7:10
4	475	Brian Teague	57	Glens Falls	NY	35:52	7:11	35:54	7:11

***** FEMALE AGE GROUP: 55 - 59 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	454	Beth Stalker	56	Burnt Hills	NY	33:12	6:39	33:13	6:39
2	472	Nancy Taormina	56	Albany	NY	36:14	7:15	36:18	7:16
3	49	Nancy J. Briskie	58	Schenectady	NY	36:42	7:21	36:48	7:22
4	42	Colleen Brackett	55	Albany	NY	36:46	7:22	36:52	7:23

***** MALE AGE GROUP: 60 - 64 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	381	Lee Pollock	63	Queensbury	NY	32:08	6:26	32:09	6:26
2	410	David Roy	61	Schoharie	NY	34:27	6:54	34:30	6:54
3	236	Stephen P. Jones	61	Averill Park	NY	36:09	7:14	36:14	7:15
4	502	Steve Vnuk	60	Delmar	NY	36:18	7:16	36:22	7:17

***** FEMALE AGE GROUP: 60 - 64 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	338	Elaine Morris	63	East Greenbush	NY	42:55	8:35	43:04	8:37
2	170	Carolyn Bur George	62	Albany	NY	43:42	8:45	44:01	8:49
3	323	Jill Mehan	61	Troy	NY	46:42	9:21	46:48	9:22
4	74	Darlene Cardillo	62	Delmar	NY	47:14	9:27	47:24	9:29

***** MALE AGE GROUP: 65 - 69 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	179	Dave Glass	69	Glenville	NY	35:23	7:05	35:24	7:05
2	213	Seamus H. Hodgkins	66	Delmar	NY	40:21	8:05	40:26	8:06
3	269	James Larkin	68	Clifton Park	NY	40:30	8:06	40:42	8:09
4	522	Joe Yavonditte	67	Schenectady	NY	40:30	8:06	40:44	8:09

***** FEMALE AGE GROUP: 65 - 69 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	6	Katherine Ambrosio	65	Delmar	NY	46:38	9:20	46:43	9:21
2	491	Anne Tyrrell	65	Albany	NY	48:19	9:40	48:35	9:43

3	266	Cathy Lanesey	66	Troy	NY	52:09	10:26	52:17	10:28
4	62	Gail Burda	65	North Adams	MA	53:21	10:41	53:45	10:45

***** MALE AGE GROUP: 70 - 74 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	251	Thomas Kollar	70	Schenectady	NY	48:07	9:38	48:22	9:41
2	69	Mark-Richar Butt	73	Delmar	NY	57:35	11:31	57:50	11:34
3	274	Raymond W. Lee Jr.	74	Halfmoon	NY	1:08:46	13:46	1:09:17	13:52

***** FEMALE AGE GROUP: 70 - 74 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	232	Nancy E. Br Johnst	70	Ballston Lake	NY	1:08:35	13:43	1:08:55	13:47

***** MALE AGE GROUP: 75 - 99 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	459	Wade Stockman	81	Rensselaer	NY	51:22	10:17	51:41	10:21

***** FEMALE AGE GROUP: 75 - 99 (GUN TIME; SHOWING 4, AWARDING 3) *****

Place	Bib	Name	Age	City	St	Nettime	Pace	Guntime	Pace
1	458	Anny Stockman	83	Rensselaer	NY	1:04:48	12:58	1:04:53	12:59
2	38	Eiko Bogue	78	Schaghticoke	NY	1:09:47	13:58	1:10:07	14:02

USATF Club Competition

***** OPEN MALE TEAM RESULTS *****

1. 1:51:05 ARE Racing Team (27:47)			
1	27:08	291 Aaron Lozier	27 M
2	27:36	328 Richard Messineo	27 M
3	28:01	409 Pete Rowell	27 M
4	28:20	507 Nick Webster	27 M

2. 1:52:35 Willow Street AC (28:09)

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1   27:21   154 John Farley      27 M
2   27:30    32 Alex Benway       25 M
3   28:42    63 Volker Burkowski   44 M
4   29:02   453 Derrick Staley    57 M
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3. 1:55:56 Wild Rovers Racing Team (28:59)

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1   28:10   317 Chris McCloskey    34 M
2   28:11    33 Eamon Dempsey     36 M
3   29:28    86 Chris Chromczak   31 M
4   30:07   402 Andrew Rickert    37 M
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4. 2:05:26 Adirondack Athletic Club (31:22)

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1   29:36   255 Thomas Kracker    51 M
2   30:59   113 Thomas Dalton     57 M
3   32:05   473 Ken Tarullo      47 M
4   32:46    58 Chris Buckley     54 M
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5. 2:06:47 Team Utopia (31:42)

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1   30:56   210 Ben Heller        27 M
2   31:27   404 Jon Rocco         49 M
3   32:07   445 Todd Smith       42 M
4   32:17   130 Dallas Devries   38 M
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6. 2:18:24 Saratoga Stryders (34:36)

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1   31:58   144 William Drapeau   48 M
2   33:36   326 Sam Mercado       53 M
3   36:16   536 Richard Loud     51 M
4   36:34   398 Thomas Rest      56 M
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***** OPEN FEMALE TEAM RESULTS *****

1. 2:04:46 Willow Street AC (31:12)

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1	30:04	36 Karen Bertasso	31 F
2	30:35	516 Brittany Winslow	22 F
3	30:54	55 Emily Bryans	48 F
4	33:13	454 Beth Stalker	56 F

2. 2:09:28 ARE Racing Team (32:22)

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1	31:18	97 Claire Collison	25 F
2	32:20	447 Nicole Soblosky	28 F
3	32:27	207 Erin Hatton	25 F
4	33:23	17 Amy Babeu	23 F

 ***** MASTERS MALE TEAM RESULTS *****

1. 2:00:44 Willow Street AC (30:11)

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1	28:42	63 Volker Burkowski	44 M
2	29:02	453 Derrick Staley	57 M
3	29:53	229 Robert Irwin	43 M
4	33:07	218 Frank Horn	46 M

2. 2:05:26 Adirondack Athletic Club (31:22)

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1	29:36	255 Thomas Kracker	51 M
2	30:59	113 Thomas Dalton	57 M
3	32:05	473 Ken Tarullo	47 M
4	32:46	58 Chris Buckley	54 M

3. 2:18:24 Saratoga Stryders (34:36)

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=====
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1	31:58	144 William Drapeau	48 M
2	33:36	326 Sam Mercado	53 M
3	36:16	536 Richard Loud	51 M
4	36:34	398 Thomas Rest	56 M

4. 2:20:57 Team Utopia (35:15)

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1	31:27	404 Jon Rocco	49 M
2	32:07	445 Todd Smith	42 M
3	38:31	264 Christopher Kurkjian	56 M

4 38:52 510 Vincent Wenger 52 M

***** MASTERS FEMALE TEAM RESULTS *****

1. 2:15:33 Willow Street AC (33:54)

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1	30:54	55 Emily Bryans	48 F
2	33:13	454 Beth Stalker	56 F
3	34:57	143 Sally Drake	43 F
4	36:29	57 Mary Buck	52 F

***** 50+ AG MALE TEAM RESULTS *****

1. 1:46:29 Adirondack Athletic Club (26:38)

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1	25:53	113 Thomas Dalton	57 M
2	26:01	255 Thomas Kracker	51 M
3	26:30	179 Dave Glass	69 M
4	28:05	58 Chris Buckley	54 M

2. 2:03:05 Saratoga Stryders (30:47)

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1	29:03	326 Sam Mercado	53 M
2	30:49	398 Thomas Rest	56 M
3	31:20	530 Mark Regan	60 M
4	31:53	536 Richard Loud	51 M

3. 2:08:50 Team Utopia (32:13)

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1	31:02	408 David Rowell	63 M
2	31:27	459 Wade Stockman	81 M
3	32:28	264 Christopher Kurkjian	56 M
4	33:53	510 Vincent Wenger	52 M

***** 50+ AG FEMALE TEAM RESULTS *****

1. 1:59:36 Willow Street AC (29:54)

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1	27:27	454 Beth Stalker	56 F
2	29:39	49 Nancy J. Briskie	58 F
3	30:51	42 Colleen Brackett	55 F
4	31:39	57 Mary Buck	52 F