

# 50TH YEAR OF TUESDAY NITE TRACK MEETS

RESULTS OF HUDSON-MOHAWK ROAD RUNNERS' CLUB TUESDAY NITE TRACK MEET #4 - JULY 3, 2018

## MEN

### High School

100M	Conti	11.2
	Musca	11.2
100MH	Thurmon	16.3
200M	Shaw	23.3
800M	Andrade	2:36.6
1 MILE	Richard	5:37.9

### Submasters (30-39)

SHOT PUT	Chase	40'2"
DISCUS	Chase	121'

### Seniors (50-59)

200M	Borden	29.6
1 MILE	Wielbaker	6:20.1

### Juraissic (70+)

800M	Myers	3:20.4
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### High School

100MH	Burns	17.5
100M	Shaw	123.1
200M	Shaw	26.7
400MH	Skyler	67.0
1 MILE	McGeough-Gamache	6:30.4
1 MILE RACEWALK	Liebers	9:51.9
SHOT PUT	Aldrich	31'3"
DISCUS	Aldrich	98'2"

### Open (Up to 29)

100M	Reilly	11.5
200M	Garcia	21.4
800M	Reilly	2:15.2
1 MILE	Young	5:15.0
2 MILE	Mancuso	11:35.6
SHOT PUT	Santoro	38'6"
DISCUS	Santoro	123'7"

### Masters (40-49)

1 MILE	Richard	6:31.2
400M	Van Denise	65.9

### Veterans (60-69)

200M	Rosenberg	38.4
800M	Rosenberg	3:16.0

## WOMEN