

SAP RUN 5K
KNOX, NY
MARCH 19, 2016

Revised

Overall

| Pl | Comp# | Name | Sex/Age | City/State | Time |
|----|-------|-----------------------|---------|--------------------|-------|
| 1 | 2423 | Orzel, Clayton | M15 | Galway, NY | 17:53 |
| 2 | 2431 | Berg, George | M47 | West Sand Lake, NY | 18:42 |
| 3 | 2411 | DiNicola, Michael | M41 | Albany, NY | 20:04 |
| 4 | 2437 | Sears, Ben | M31 | Albany, NY | 20:37 |
| 5 | 2288 | Roy, David | M61 | Schoharie, NY | 20:48 |
| 6 | 664 | Coryell, Trey | M20 | Ravena, NY | 20:55 |
| 7 | 2277 | Longhi, Gary | M51 | Voorheesville, NC | 20:59 |
| 8 | 2441 | Davis, Lennie | M55 | Newport, NY | 21:29 |
| 9 | 496 | Ballard, Jake | M36 | Niskayuna, NY | 21:42 |
| 10 | 2443 | Davis, Evan | M13 | Newport, NY | 21:50 |
| 11 | 2413 | Soeller, Mike | M53 | Voorheesville, NY | 22:06 |
| 12 | 2415 | Lansing, Mark | M39 | Niskayuna, NY | 22:07 |
| 13 | 500 | Bentley, David | M42 | Troy, NY | 22:27 |
| 14 | 2428 | Briskie, Nancy | W58 | Schenectady, NY | 22:40 |
| 15 | 2282 | Shafer, Annielaura | W17 | Altamont, NY | 22:54 |
| 16 | 2414 | Denham, Dr. Tom | M48 | Delmar, NY | 22:56 |
| 17 | 2424 | O'Connor, Joshua | M40 | Delanson, NY | 23:04 |
| 18 | 2292 | Miller, Richard | M45 | Cobleskill, NY | 23:05 |
| 19 | 2434 | Walter, Ryan | M31 | Delanson, NY | 23:11 |
| 20 | 2406 | Chrapowitzky, Lauren | W29 | Delmar, NY | 23:14 |
| 21 | 692 | Palmer, Chris | M42 | Middleburgh, NY | 23:16 |
| 22 | 700 | Tusang, Alyssa | W25 | Cobleskill, NY | 23:22 |
| 23 | 2429 | Fowler, Dylan | M21 | East Berne, NY | 23:26 |
| 24 | 2407 | McMorris, Jim | M47 | Guilderland, NY | 23:35 |
| 25 | 2289 | Thomas, Alice | W53 | Westerlo, NY | 23:54 |
| 26 | 2432 | Rissacher, James | M51 | East Berne, NY | 24:24 |
| 27 | 2403 | Williams, Lindsey | W27 | Saugerties, NY | 24:34 |
| 28 | 2433 | Clark, Jeff | M58 | Glenmont, NY | 24:43 |
| 29 | 2418 | Strock, Sarah | W33 | Glenmont, NY | 25:05 |
| 30 | 492 | Amorosa, Peter | M32 | Albany, NY | 25:07 |
| 31 | 684 | McCarthy, John | M44 | Albany, NY | 25:17 |
| 32 | 2446 | McCall, Tom | M37 | McGraw, NY | 25:38 |
| 33 | 680 | Mahoney, Dan | M30 | Schenectady, NY | 25:43 |
| 34 | 670 | Gamble, Mat | M27 | Clifton Park, NY | 25:44 |
| 35 | 690 | Oakden, Maria | W34 | Broadalbin, NY | 25:57 |
| 36 | 697 | Stewart, Timothy | M36 | Albany, NY | 26:21 |
| 37 | 2409 | Hill, Sarah | W26 | Gansevoort, NY | 26:22 |
| 38 | 2448 | Ullman, Joe | M31 | Altamont, NY | 26:27 |
| 39 | 2274 | Zuk, Laura | W32 | Melrose, NY | 26:39 |
| 40 | 2300 | Kergel, Jeremy | M41 | Scotia, NY | 26:45 |
| 41 | 671 | Garcia Romero, Susy | W33 | Rensselaer, NY | 26:48 |
| 42 | 696 | Southwick, Douglas | M48 | Rensselaer, NY | 26:49 |
| 43 | 2402 | Lane, Rachel | W34 | Delanson, NY | 26:59 |
| 44 | 2290 | Tumidajewicz, Chester | M61 | Amsterdam, NY | 27:08 |
| 45 | 2440 | Mackesey, Timothy | M57 | Altamont, NY | 27:26 |
| 46 | 2421 | Amorosa, Joseph | M28 | Morristown, NJ | 27:34 |
| 47 | 2436 | Sears, Karoline | W31 | Albany, NY | 27:37 |
| 48 | 681 | Manley, Christopher | M37 | Worcester, NY | 28:04 |
| 49 | 2435 | Lefkaditis, Stavros | M11 | Berne, NY | 28:21 |
| 50 | 2430 | Batcher, Max | M25 | East Berne, NY | 28:24 |
| 51 | 2284 | Wilday, Sheila | W48 | Sharon Springs, NY | 28:48 |
| 52 | 693 | Roiter, Andrew | M25 | Albany, NY | 28:53 |
| 53 | 2299 | O'Keefe, Brooke | W15 | Berne, NY | 28:58 |
| 54 | 2276 | Oconnell, Rebecca | W53 | Coxsackie, NY | 29:03 |

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|-----|------|---------------------------|-----|---------------------|-------|
| 55 | 669 | Eistertz, Pam | W23 | Albany, NY | 29:29 |
| 56 | 677 | Korn, Roy | M59 | Middleburgh, NY | 29:38 |
| 57 | 2438 | Maguire, Michael | M60 | Ballston Lake, NY | 30:03 |
| 58 | 494 | Baglione, Emily | W49 | Rensselaer, NY | 30:05 |
| 59 | 2404 | Pelton, Sonoma | W40 | Delanson, NY | 30:15 |
| 60 | 498 | Bednarczyk, Paul | M52 | Rensselaer, NY | 30:40 |
| 61 | 698 | Taylor, James | M56 | Deux-Montagnes CAN | 30:49 |
| 62 | 2297 | Fairman, Robert | M69 | Johnstown, NY | 30:54 |
| 63 | 2291 | Belles, Garret | M53 | Albany, NY | 31:09 |
| 64 | 2285 | Belles, David | M45 | Lebanon, CT | 31:09 |
| 65 | 2296 | O'Keefe, Jacqueline | W52 | Berne, NY | 31:16 |
| 66 | 2425 | Obermayer, Stephen | M54 | Burnt Hills, NY | 31:21 |
| 67 | 2439 | Mackesey, Mindy | W52 | Altamont, NY | 31:24 |
| 68 | 682 | Mason, Matthew | M29 | Albany, NY | 31:46 |
| 69 | 2426 | Tersigni, Kathleen | W45 | Burnt Hills, NY | 31:48 |
| 70 | 2416 | Kayne, Susan | W49 | Rensselaerville, NY | 31:49 |
| 71 | 2298 | O'Keefe, Brian | M52 | Berne, NY | 31:50 |
| 72 | 2267 | Van Vloodorp Taylor, Kris | W24 | Deux-Montagnes, CAN | 31:57 |
| 73 | 495 | Baker, Sally | W48 | Rotterdam, NY | 31:59 |
| 74 | 2419 | Marre, Valerie | W62 | Albany, NY | 32:14 |
| 75 | 2401 | Kergel, Thomas | M12 | Glenville, NY | 32:29 |
| 76 | 2447 | McCall, Lexi | W8 | McGraw, NY | 32:29 |
| 77 | 676 | Klim, Susan | W60 | Altamont, NY | 32:56 |
| 78 | 2420 | Biermann, Rebekah | W32 | Whippany, NJ | 35:04 |
| 79 | 2412 | Amstutz, Jennifer | W47 | Albany, NY | 35:47 |
| 80 | 491 | Agnew, Jillian | W29 | Albany, NY | 35:49 |
| 81 | 685 | McKeon, Erin | W25 | Albany, NY | 36:03 |
| 82 | 2410 | Gardner, Heather | W29 | Altamont, NY | 36:20 |
| 83 | 497 | Beauharnois, Patricia | W55 | Plattsburgh, NY | 36:22 |
| 84 | 2293 | Smith-Barrell, Carol | W64 | Albany, NY | 36:33 |
| 85 | 2422 | Zuk, Millie | W66 | Berne, NY | 36:38 |
| 86 | 2445 | Palow, Carrie | W34 | Berne, NY | 36:58 |
| 87 | 2444 | Chauvot, Elizabeth | W54 | Berne, NY | 36:58 |
| 88 | 2417 | Fairman, Marilyn | W68 | Johnstown, NY | 37:02 |
| 89 | 2278 | Cushman, Penny | W72 | Albany, NY | 37:09 |
| 90 | 2279 | June, Audry | W49 | Coeymans, NY | 37:54 |
| 91 | 2266 | Van Vloodorp Taylor, Kim | W21 | Latham, NY | 38:10 |
| 92 | 662 | Carpenter, Alice | W65 | Delmar, NY | 38:27 |
| 93 | 688 | Mosbey, Madison | W7 | Berne, NY | 38:31 |
| 94 | 687 | Mosbey, Dan | M32 | Berne, NY | 38:32 |
| 95 | 694 | Russ, Devon | W57 | Rutherford, NJ | 39:37 |
| 96 | 663 | Coryell, Barbara | W49 | Ravena, NY | 39:55 |
| 97 | 2270 | Vermilyea, John | M54 | Schenectady, NY | 39:56 |
| 98 | 673 | Gossman, Bob | M55 | Greenville, NY | 41:20 |
| 99 | 2408 | Johnston, Nancy | W70 | Ballston Lake, NY | 41:47 |
| 100 | 689 | Mosbey, Melissa | W32 | Berne, NY | 42:39 |
| 101 | 2283 | Ricketson, Robert | M70 | Coxsackie, NY | 43:41 |
| 102 | 691 | O'Connell, Robert | M43 | Glenmont, NY | 44:44 |
| 103 | 2275 | Oconnell, Robert | M60 | Coxsackie, NY | 44:45 |
| 104 | 661 | Bortis-Schultz, Simona | W42 | Altamont, NY | 45:07 |
| 105 | 493 | Armstrong, Jennifer | W29 | Menands, NY | 45:19 |
| 106 | 686 | McKim, Kerry | W37 | Colonie, NY | 45:21 |
| 107 | 2442 | Ogaard, Lydia | W64 | Berne, NY | 45:35 |
| 108 | 2268 | Vermilyea, Audrey | W13 | Schenectady, NY | 46:37 |
| 109 | 2269 | Vermilyea, Christine | W45 | Schenectady, NY | 46:40 |
| 110 | 2295 | Cirigliano, Katherine | W27 | Albany, NY | 49:16 |
| 111 | 2294 | Annelly, Helen | W31 | Cohoes, NY | 50:27 |
| 112 | 683 | Mason, Theresa | W63 | Loudonville, NY | 50:33 |
| 113 | 699 | Tetrault, Maryjane | W58 | Schenectady, NY | 50:37 |
| 114 | 2287 | Dunscombe, Nola | W10 | Middleburgh, NY | 53:06 |
| 115 | 2286 | Ellis, Judy | W69 | Middleburgh, NY | 53:07 |

Age Groups

| Pl | Name | Sex/Age Team | Finals |
|--------------------------------|--------------------------|-------------------------|--------|
| Overall Women 5000 Run | | | |
| 1 | Briskie, Nancy | W58 Schenectady, NY | 22:40 |
| Overall Men 5000 Run | | | |
| 1 | Orzel, Clayton | M15 Galway, NY | 17:53 |
| Women | | | |
| 1-9 Results - Women 5000 Run | | | |
| 1 | McCall, Lexi | W8 McGraw, NY | 32:29 |
| 2 | Mosbey, Madison | W7 Berne, NY | 38:31 |
| 10-14 Results - Women 5000 Run | | | |
| 1 | Vermilyea, Audrey | W13 Schenectady, NY | 46:37 |
| 2 | Dunscombe, Nola | W10 Middleburgh, NY | 53:06 |
| 15-19 Results - Women 5000 Run | | | |
| 1 | Shafer, Annielaura | W17 Altamont, NY | 22:54 |
| 2 | O'Keefe, Brooke | W15 Berne, NY | 28:58 |
| 20-29 Results - Women 5000 Run | | | |
| 1 | Chrapowitzky, Lauren | W29 Delmar, NY | 23:14 |
| 2 | Tusang, Alyssa | W25 Cobleskill, NY | 23:22 |
| 3 | Williams, Lindsey | W27 Saugerties, NY | 24:34 |
| 4 | Hill, Sarah | W26 Gansevoort, NY | 26:22 |
| 5 | Eistertz, Pam | W23 Albany, NY | 29:29 |
| 6 | Van Vloodorp Taylor, Kri | W24 Unattached | 31:57 |
| 7 | Agnew, Jillian | W29 Albany, NY | 35:49 |
| 8 | McKeon, Erin | W25 Albany, NY | 36:03 |
| 9 | Gardner, Heather | W29 Altamont, NY | 36:20 |
| 10 | Van Vloodorp Taylor, Kim | W21 Latham, NY | 38:10 |
| 11 | Armstrong, Jennifer | W29 Menands, NY | 45:19 |
| 12 | Cirigliano, Katherine | W27 Albany, NY | 49:16 |
| 30-39 Results - Women 5000 Run | | | |
| 1 | Strock, Sarah | W33 Glenmont, NY | 25:05 |
| 2 | Oakden, Maria | W34 Broadalbin, NY | 25:57 |
| 3 | Zuk, Laura | W32 Melrose, NY | 26:39 |
| 4 | Garcia Romero, Susy | W33 Rensselaer, NY | 26:48 |
| 5 | Lane, Rachel | W34 Delanson, NY | 26:59 |
| 6 | Sears, Karoline | W31 Albany, NY | 27:37 |
| 7 | Biermann, Rebekah | W32 Whippany, NJ | 35:04 |
| 8 | Palow, Carrie | W34 Berne, NY | 36:58 |
| 9 | Mosbey, Melissa | W32 Berne, NY | 42:39 |
| 10 | McKim, Kerry | W37 Colonie, NY | 45:21 |
| 11 | Annely, Helen | W31 Cohoes, NY | 50:27 |
| 40-49 Results - Women 5000 Run | | | |
| 1 | Wilday, Sheila | W48 Sharon Springs, NY | 28:48 |
| 2 | Baglione, Emily | W49 Rensselaer, NY | 30:05 |
| 3 | Pelton, Sonoma | W40 Delanson, NY | 30:15 |
| 4 | Tersigni, Kathleen | W45 Burnt Hills, NY | 31:48 |
| 5 | Kayne, Susan | W49 Rensselaerville, NY | 31:49 |
| 6 | Baker, Sally | W48 Rotterdam, NY | 31:59 |
| 7 | Amstutz, Jennifer | W47 Albany, NY | 35:47 |
| 8 | June, Audrey | W49 Coeymans, NY | 37:54 |
| 9 | Coryell, Barbara | W49 Ravena, NY | 39:55 |
| 10 | Bortis-Schultz, Simona | W42 Altamont, NY | 45:07 |

11 Vermilyea, Christine W45 Schenectady, NY 46:40

50-59 Results - Women 5000 Run

1 Thomas, Alice W53 Westerlo, NY 23:54
2 Oconnell, Rebecca W53 Coxsackie, NY 29:03
3 O'Keefe, Jacqueline W52 Berne, NY 31:16
4 Mackesey, Mindy W52 Altamont, NY 31:24
5 Beauharnois, Patricia W55 Plattsburgh, NY 36:22
6 Chauvot, Elizabeth W54 Berne, NY 36:58
7 Russ, Devon W57 Rutherford, NJ 39:37
8 Tetrault, Maryjane W58 Schenectady, NY 50:37

60-69 Results - Women 5000 Run

1 Marre, Valerie W62 Albany, NY 32:14
2 Klim, Susan W60 Altamont, NY 32:56
3 Smith-Barrell, Carol W64 Albany, NY 36:33
4 Zuk, Millie W66 Berne, NY 36:38
5 Fairman, Marilyn W68 Johnstown, NY 37:02
6 Carpenter, Alice W65 Delmar, NY 38:27
7 Ogaard, Lydia W64 Berne, NY 45:35
8 Mason, Theresa W63 Loudonville, NY 50:33
9 Ellis, Judy W69 Middleburgh, NY 53:07

70-99 Results - Women 5000 Run

1 Cushman, Penny W72 Albany, NY 37:09
2 Johnston, Nancy W70 Ballston Lake, NY 41:47

Men

10-14 Results - Men 5000 Run

1 Davis, Evan M13 Newport, NY 21:50
2 Lefkaditis, Stavros M11 Berne, NY 28:21
3 Kergel, Thomas M12 Glenville, NY 32:29

20-29 Results - Men 5000 Run

1 Coryell, Trey M20 Ravena, NY 20:55
2 Fowler, Dylan M21 East Berne, NY 23:26
3 Gamble, Mat M27 Clifton Park, NY 25:44
4 Amorosa, Joseph M28 Morristown, NJ 27:34
5 Batcher, Max M25 East Berne, NY 28:24
6 Roiter, Andrew M25 Albany, NY 28:53
7 Mason, Matthew M29 Albany, NY 31:46

30-39 Results - Men 5000 Run

1 Sears, Ben M31 Albany, NY 20:04
2 Ballard, Jake M36 Niskayuna, NY 21:42
3 Lansing, Mark M39 Niskayuna, NY 22:07
4 Walter, Ryan M31 Delanson, NY 23:11
5 Amorosa, Peter M32 Albany, NY 25:07
6 McCall, Tom M37 McGraw, NY 25:38
7 Mahoney, Dan M30 Schenectady, NY 25:43
8 Stewart, Timothy M36 Albany, NY 26:21
9 Ullman, Joe M31 Altamont, NY 26:27
10 Manley, Christopher M37 Worcester, NY 28:04
11 Mosbey, Dan M32 Berne, NY 38:32

40-49 Results - Men 5000 Run

1 Berg, George M47 West Sand Lake, NY 18:42
2 DiNicola, Michael M41 Albany, NY 20:37
3 Bentley, David M42 Troy, NY 22:27
4 Denham, Dr. Tom M48 Delmar, NY 22:56
5 O'Connor, Joshua M40 Delanson, NY 23:04
6 Miller, Richard M45 Cobleskill, NY 23:05
7 Palmer, Chris M42 Middleburgh, NY 23:16

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| 8 | McMorris, Jim | M47 Guilderland, NY | 23:35 |
| 9 | McCarthy, John | M44 Albany, NY | 25:17 |
| 10 | Kergel, Jeremy | M41 Scotia, NY | 26:45 |
| 11 | Southwick, Douglas | M48 Rensselaer, NY | 26:49 |
| 12 | Belles, David | M45 Lebanon, CT | 31:09 |
| 13 | O'Connell, Robert | M43 Glenmont, NY | 44:44 |

50-59 Results - Men 5000 Run

| | | | |
|----|--------------------|-----------------------|-------|
| 1 | Longhi, Gary | M51 Voorheesville, NC | 20:59 |
| 2 | Davis, Lennie | M55 Newport, NY | 21:29 |
| 3 | Soeller, Mike | M53 Voorheesville, NY | 22:06 |
| 4 | Rissacher, James | M51 East Berne, NY | 24:24 |
| 5 | Clark, Jeff | M58 Glenmont, NY | 24:43 |
| 6 | Mackesey, Timothy | M57 Altamont, NY | 27:26 |
| 7 | Korn, Roy | M59 Middleburgh, NY | 29:38 |
| 8 | Bednarczyk, Paul | M52 Rensselaer, NY | 30:40 |
| 9 | Taylor, James | M56 Unattached | 30:49 |
| 10 | Belles, Garret | M53 Albany, NY | 31:09 |
| 11 | Obermayer, Stephen | M54 Burnt Hills, NY | 31:21 |
| 12 | O'Keefe, Brian | M52 Berne, NY | 31:50 |
| 13 | Vermilyea, John | M54 Schenectady, NY | 39:56 |
| 14 | Gossman, Bob | M55 Greenville, NY | 41:20 |

60-69 Results - Men 5000 Run

| | | | |
|---|-----------------------|-----------------------|-------|
| 1 | Roy, David | M61 Schoharie, NY | 20:48 |
| 2 | Tumidajewicz, Chester | M61 Amsterdam, NY | 27:08 |
| 3 | Maguire, Michael | M60 Ballston Lake, NY | 30:03 |
| 4 | Fairman, Robert | M69 Johnstown, NY | 30:54 |
| 5 | Oconnell, Robert | M60 Cossackie, NY | 44:45 |

70-99 Results - Men 5000 Run

| | | | |
|---|-------------------|-------------------|-------|
| 1 | Ricketson, Robert | M70 Cossackie, NY | 43:41 |
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