

**HELDERBERG 5K  
CRUPE BOZENKILL PARK  
ALTAMONT, NY  
JULY 16, 2023**

**Results by White Knight Timing & Race Management**

**OVERALL**

PL	Comp#	Name	Sex/Age	City/State	Time
1	624	Flowers, Carter	M16	Pattersonville, NY	17:58
2	651	Moreau, Spencer	M16	Schenectady, NY	17:59
3	649	Maynard, Holden	M23	Schenectady, NY	18:20
4	633	Hughes, Connor	M15	Schenectady, NY	19:14
5	615	Connolly, Brian	M39	Latham, NY	20:31
6	601	Abraham, Joaquin	M14	Berne, NY	21:12
7	658	Smith-Growick, Garrick	M20	Schenectady, NY	21:25
8	617	Daley, Conor	M34	Duanesburg, NY	21:29
9	610	Buerker, Shaun	M24	Guilderland, NY	21:44
10	662	Zimmerman, Edith	W40	Rensselaerville, NY	23:18
11	640	LaBier, Brett	M23	Albany, NY	23:28
12	641	Larabee, Kyle	M16	Schenectady, NY	23:54
13	660	Stubbs, Abbey	W15	Schenectady, NY	23:55
14	659	Stark, Ericka	W31	Schoharie, NY	24:08
15	643	Losito, Porter	M16	Delanson, NY	24:24
16	614	Chartrand, CJ	M62	Castleton, NY	24:37
17	612	Carle, Theo	M13	Albany, NY	25:03
18	611	Bull, Laura	W42	Scotia, NY	25:42
19	647	Matthei, Greg	M58	Troy, NY	25:53
20	628	Goldschmidt, Eric	M13	Delanson, NY	26:01
21	663	Stubbs, Robbie	M16	Schenectady, NY	26:28
22	664	Middlekoop, Alex	W15	Schenectady, NY	26:29
23	637	Joslin, Andrew	M50	Westerlo, NY	27:29
24	604	Bennett, Richard	M71	Clifton Park, NY	27:45
25	652	Mounteer, John	M69	Hollywood, FL	28:16
26	626	Futterman, Robert	M59	Glenmont, NY	28:17
27	607	Brigham, Joseph	M8	Rexford, NY	28:18
28	634	Hughes, Jack	M13	Schenectady, NY	28:19
29	645	Lowry, Ethan	M44	Delanson, NY	28:21
30	625	Fucillo, Joan	W70	Glenville, NY	28:30
31	654	Rockmacher, Stephen	M58	Niskayuna, NY	28:49
32	644	Lowry, Anna	W14	Delanson, NY	29:29
33	630	Graffeo, Paul	M62	Albany, NY	29:53
34	656	Silverberg, Steven	M65	Schenectady, NY	30:07
35	603	Bendall, Carol	W64	Greenwich, NY	30:10
36	627	Goldschmidt, Edith	W14	Delanson, NY	31:54
37	629	Gorman, William	M35	Altamont, NY	32:57
38	642	Lombardi, Kelli	W31	Middleburgh, NY	33:13
39	622	Downey, Pete	M60	Albany, NY	34:18
40	620	Dipierro, Leo	M73	Cherry Plain, NY	34:27
41	665	Adams, Benjamin	M9	Slingerlands, NY	35:44
42	602	Adams, Catherine	W42	Slingerlands, NY	35:46
43	621	Downey, Mary Jo	W63	Alplaus, NY	36:25
44	646	Marre, Valerie	W69	Albany, NY	36:26
45	608	Brigham, Sarah	W13	Rexford, NY	36:42
46	619	Diamond, Barb	W58	Schenectady, NY	36:44
47	653	Rockmacher, Stephanie	W57	Niskayuna, NY	37:16
48	639	Klim, Susan	W68	Altamont, NY	37:17
49	635	Jaskolka, Jennifer	W50	Ravena, NY	37:37

50	609	Brigham, Therese	W40	Rexford, NY	38:15
51	616	Coryell, Barbara	W56	Ravena, NY	38:34
52	638	June, Audry	W56	Coeymans, NY	38:35
53	613	Carpenter, Alice	W73	Delmar, NY	40:48
54	632	Hotopp, Ken	M89	Howes Cave, NY	45:36
55	661	Torgersen, Jennifer	W47	Albany, NY	46:44
56	636	Johnston, Nancy	W77	Ballston Lake, NY	49:57

### WALK

PL	Comp#	Name	Sex/Age	City/State	Time
1	1171	Losito, Erin	W49	Delanson, NY	47:44

### AGE GROUPS

Name	Sex/Age	City/State	Time
Overall Results Women 5000 Run			
1 #662 Zimmerman, Edith	W40	Rensselaerville, NY	23:18
Overall Results Men 5000 Run			
1 #624 Flowers, Carter	M16	Pattersonville, NY	17:58

### Women

13-16 Results - Women 5000 Run					
1	#660	Stubbs, Abbey	W15	Schenectady, NY	23:55
2	#664	Middlekoop, Alex	W15	Schenectady, NY	26:29
3	#644	Lowry, Anna	W14	Delanson, NY	29:29
4	#627	Goldschmidt, Edith	W14	Delanson, NY	31:54
5	#608	Brigham, Sarah	W13	Rexford, NY	36:42
30-34 Results - Women 5000 Run					
1	#659	Stark, Ericka	W31	Schoharie, NY	24:08
2	#642	Lombardi, Kelli	W31	Middleburgh, NY	33:13
40-44 Results - Women 5000 Run					
1	#611	Bull, Laura	W42	Scotia, NY	25:42
2	#602	Adams, Catherine	W42	Slingerlands, NY	35:46
3	#609	Brigham, Therese	W40	Rexford, NY	38:15
45-49 Results - Women 5000 Run					
1	#661	Torgersen, Jennife	W47	Albany, NY	46:44
50-54 Results - Women 5000 Run					
1	#635	Jaskolka, Jennifer	W50	Ravena, NY	37:37
55-59 Results - Women 5000 Run					
1	#619	Diamond, Barb	W58	Schenectady, NY	36:44
2	#653	Rockmacher, Stepha	W57	Niskayuna, NY	37:16
3	#616	Coryell, Barbara	W56	Ravena, NY	38:34
4	#638	June, Audry	W56	Coeymans, NY	38:35

60-64 Results - Women 5000 Run		
1	#603 Bendall, Carol	W64 Greenwich, NY 30:10
2	#621 Downey, Mary Jo	W63 Alplaus, NY 36:25
65-69 Results - Women 5000 Run		
1	#646 Marre, Valerie	W69 Albany, NY 36:26
2	#639 Klim, Susan	W68 Altamont, NY 37:17
70-74 Results - Women 5000 Run		
1	#625 Fucillo, Joan	W70 Glenville, NY 28:30
2	#613 Carpenter, Alice	W73 Delmar, NY 40:48
75-79 Results - Women 5000 Run		
1	#636 Johnston, Nancy	W77 Ballston Lake, NY 49:57

### Men

1-12 Results - Men 5000 Run		
1	#607 Brigham, Joseph	M8 Rexford, NY 28:18
2	#665 Adams, Benjamin	M9 Slingerlands, NY 35:44
13-16 Results - Men 5000 Run		
1	#651 Moreau, Spencer	M16 Schenectady, NY 17:59
2	#633 Hughes, Connor	M15 Schenectady, NY 19:14
3	#601 Abraham, Joaquin	M14 Berne, NY 21:12
4	#641 Larabee, Kyle	M16 Schenectady, NY 23:54
5	#643 Losito, Porter	M16 Delanson, NY 24:24
6	#612 Carle, Theo	M13 Albany, NY 25:03
7	#628 Goldschmidt, Eric	M13 Delanson, NY 26:01
8	#663 Stubbs, Robbie	M16 Schenectady, NY 26:28
9	#634 Hughes, Jack	M13 Schenectady, NY 28:19
20-24 Results - Men 5000 Run		
1	#649 Maynard, Holden	M23 Schenectady, NY 18:20
2	#658 Smith-Growick, Gar	M20 Schenectady, NY 21:25
3	#610 Buerker, Shaun	M24 Guilderland, NY 21:44
4	#640 LaBier, Brett	M23 Albany, NY 23:28
30-34 Results - Men 5000 Run		
1	#617 Daley, Conor	M34 Duanesburg, NY 21:29
35-39 Results - Men 5000 Run		
1	#615 Connolly, Brian	M39 Latham, NY 20:31
2	#629 Gorman, William	M35 Altamont, NY 32:57
40-44 Results - Men 5000 Run		
1	#645 Lowry, Ethan	M44 Delanson, NY 28:21
50-54 Results - Men 5000 Run		
1	#637 Joslin, Andrew	M50 Westerlo, NY 27:29
55-59 Results - Men 5000 Run		
1	#647 Matthei, Greg	M58 Troy, NY 25:53
2	#626 Futterman, Robert	M59 Glenmont, NY 28:17
3	#654 Rockmacher, Stephe	M58 Niskayuna, NY 28:49
60-64 Results - Men 5000 Run		
1	#614 Chartrand, CJ	M62 Castleton, NY 24:37
2	#630 Graffeo, Paul	M62 Albany, NY 29:53
3	#622 Downey, Pete	M60 Albany, NY 34:18

65-69 Results - Men 5000 Run

1	#652 Munteer, John	M69 Hollywood, FL	28:16
2	#656 Silverberg, Steven	M65 Schenectady, NY	30:07

70-74 Results - Men 5000 Run

1	#604 Bennett, Richard	M71 Clifton Park, NY	27:45
2	#620 Dipierro, Leo	M73 Cherry Plain, NY	34:27

80-99 Results - Men 5000 Run

1	#632 Hotopp, Ken	M89 Howes Cave, NY	45:36
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