

Sponsored by  
The Valley Cats

Father's Day Home Run 5K (17th)  
Joe Bruno Stadium  
June 15, 2024

Directed by  
HMRRRC

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	Linda Spooner	49	Sturbridge	MA	19:56
2	Brina Seguine	34	Rensselaer	NY	20:20
3	Hailey Miller	15		NY	22:10

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	Graham Richard	19	Albany	NY	16:31
2	Noah Greski	21	Scotia	NY	17:00
3	Evan O'Connor	17	Sand Lake	NY	17:14

MALE AGE GROUP: 0 - 09

1	156 Liam Brennan	8	Schenectady	NY	41:42
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FEMALE AGE GROUP: 0 - 09

1	101 Mia Colvin	8	Bennington	VT	32:15
2	117 Alessandra Benincasa	9	Selkirk	NY	34:30
3	172 Kenzie Bradley	8	Schaghticoke	NY	54:00

MALE AGE GROUP: 10 - 14

1	53 Conor Miller	13		NY	25:16
2	57 Dylan Fryer	10	Clifton Park	NY	25:45
3	65 Denver DeVries	14	Cohoes	NY	26:44

FEMALE AGE GROUP: 10 - 14

1	62 Chloe Norton	14	E. Greenbush	NY	26:10
2	100 Riley Salvi	14	Watervliet	NY	32:08
3	135 Addisyn Rounds	12	Wynantskill	NY	37:44

MALE AGE GROUP: 15 - 19

1	10 Theodore Dangler	17	Sand Lake	NY	19:25
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FEMALE AGE GROUP: 15 - 19

1	163 Cadence Carter	19	Averill park	NY	42:26
2	179 DJ Dugan	17	Nassau	NY	1:03:49
3	180 Ozzy Jensen	17	Loudonville	NY	1:03:55

MALE AGE GROUP: 20 - 24

1	34 John Vincelette	21	Selkirk	NY	23:00
2	87 Lukas Donaghue	20	Albany	NY	29:59

FEMALE AGE GROUP: 20 - 24

1	54 Maeve Kelly	24	Selkirk	NY	25:22
2	174 Maddy Larson	23	Troy	NY	55:02

MALE AGE GROUP: 25 - 29

1	4 Noah Valvo	25	Delanson	NY	17:31
2	52 Michael Main	28	Slingerlands	NY	25:16
3	150 Nico Montello	28			40:35

FEMALE AGE GROUP: 25 - 29

1	61 Casey Vincelette	27	Selkirk	NY	26:06
2	140 Linda Keller	25	Albany	NY	38:40
3	148 Valerie Burger	28	DUANESBURG	NY	40:04

MALE AGE GROUP: 30 - 34				
1	6	Matt Ninneman	31 ALBANY	NY 17:50
2	85	Scott Frament	33 E GREENBUSH	NY 29:52
3	125	Charlie Pensabene	34 E GREENBUSH	NY 35:40
FEMALE AGE GROUP: 30 - 34				
1	86	Brittany Frament	31 E GREENBUSH	NY 29:52
2	118	Patricia Cyran	34 Albany	NY 34:31
3	151	Frances Williams	34 Albany	NY 41:02
MALE AGE GROUP: 35 - 39				
1	5	Thomas O'Grady	39 Slingerlands	NY 17:45
2	8	Pete Conboy	35 Albany	NY 18:56
3	9	Stephan Moessner	35	NY 19:23
FEMALE AGE GROUP: 35 - 39				
1	30	Elizabeth Chauhan	39 Albany	NY 22:43
2	42	Aubrey Clements	35 Albany	NY 24:16
3	73	Jaclyn Laird	38 Troy	NY 28:06
MALE AGE GROUP: 40 - 44				
1	7	Kyle Mahoney	43 Ballston Lake	NY 18:49
2	28	Jeff Long	41 LATHAM	NY 22:26
3	29	Rock Travis	42 HALFMOON	NY 22:41
FEMALE AGE GROUP: 40 - 44				
1	25	Sarah Benedict	42 Troy	NY 22:14
2	46	Laurie Carter	44 Averill park	NY 24:31
3	67	Kristin DeVries	44 Cohoes	NY 27:05
MALE AGE GROUP: 45 - 49				
1	11	Clay Lodovice	48 Voorheesville	NY 19:27
2	12	Ryan McCann	49 ALBANY	NY 19:32
3	14	Vasil Koleci	48 Albany	NY 19:44
FEMALE AGE GROUP: 45 - 49				
1	27	Eileen O'Connor	45 Sand Lake	NY 22:25
2	40	Rachel Toolan	48 Rensselaer	NY 24:00
3	45	Jessica Northan	48 Guilderland	NY 24:30
MALE AGE GROUP: 50 - 54				
1	18	Greg Ethier	50 BALLSTON LAKE	NY 20:17
2	21	Gaven Richard	50 Albany	NY 21:37
3	31	Patrick Lynskey	51 Clifton Park	NY 22:45
FEMALE AGE GROUP: 50 - 54				
1	47	Carolann Koleci	51 Albany	NY 24:44
2	93	Kristen Budwick	54 RENSSELAER	NY 31:04
3	124	Kathleen Tersigni	53 Burnt Hills	NY 35:34
MALE AGE GROUP: 55 - 59				
1	35	Rob Sheftel	55 troy	NY 23:12
2	41	Jon Atwell	58 Loudonville	NY 24:08
3	48	Gregory Matthei	59 Troy	NY 24:48
FEMALE AGE GROUP: 55 - 59				
1	69	GAIL DOERING	59 LOUDONVILLE	NY 27:23
2	76	Mary Ann McGough	57 Voorheesville	NY 28:19
3	81	Linda DeDominicis	56 Menands	NY 29:27
MALE AGE GROUP: 60 - 64				
1	26	Russell Lauer	61 Troy	NY 22:21

2	32	John Sestito	60	johnsonville	NY	22:47
3	37	Christopher Kurkjian	64	Ballston Lake	NY	23:18
		FEMALE AGE GROUP: 60 - 64				
1	82	Anne Hurley	61	Delmar	NY	29:40
		MALE AGE GROUP: 65 - 69				
1	44	Stephen Jones	69	Averill park	NY	24:28
2	79	JOHN SHEEHY	66	MENANDS	NY	28:53
3	80	steven silverberg	65	Schenectady	NY	29:12
		FEMALE AGE GROUP: 65 - 69				
1	130	Jill Mehan	69	Troy	NY	36:52
2	166	Kathryn Henson	65	E GREENBUSH	NY	44:18
		MALE AGE GROUP: 70 - 74				
1	51	Paul Bennett	73	Latham	NY	25:14
2	64	Michael Wright	70	ALBANY	NY	26:32
3	70	Juergen Reher	74	Wynantskill	NY	27:48
		FEMALE AGE GROUP: 70 - 74				
1	77	Carolyn George	70	ALBANY	NY	28:46
2	94	Darlene Cardillo	71	Delmar	NY	31:10
3	103	Martha DeGrazia	73	Slingerlands	NY	32:17
		MALE AGE GROUP: 75 - 79				
1	71	Bob Mead	75	E. Greenbush	NY	27:49
2	107	joseph scaringe	78	latham	NY	32:34
3	119	Ronald Bagnoli	77	mechanicville	NY	34:41
		FEMALE AGE GROUP: 75 - 79				
1	171	Nancy Johnston	78	Ballston Lake	NY	52:03
2	175	Janet Brennan	79	Brevard	NC	58:36