

40th Annual Town of New Scotland

7.1M Road Race

Sunday, October 6, 2019 @ 10:00 am

Race Location: Stephen P. Wallace Park (Town of New Scotland Park) 148 Swift Road, Voorheesville, NY 12186. Day of registration at park garage begins at 9am.

Course Description: Downhill start from park on Swift Road toward Route 85. Up Bullock Road hills at mile 1. Right on Hurst and right on Clipp after 5K mark. Right on 85 for ¼ mile, Left to go down Crow Ridge Road. Right on Route 85A. Right to go up large hill on Swift Road at Elementary School. Finish thru trails in the park. **Course Records:** Dale Keenan 36:56 Denise Herman 44:10

Awards: Top overall male and female, Top Town resident M/F and Top M/F runner in 10 year age groups will receive pies. 2nd/3rd receive bread coupon.

Entry Cost information: \$10 Pre-Registration or \$8 HMRRRC Member if post marked by 10/1 \$12 for all day of registration Online: <https://membercommunications-hmrrc.wildapricot.org/event-3502732>

Other Information: Have you breezed through the Falmouth 7.1M Road Race and defeated the Litchfield Hills 7.1M Race? Come try the true jewel of the 7.1M Triple Crown of Races!!!!!!

Light refreshments (apples, cider, donuts) from local apple orchards after the race.

Mail Entry to: HMRRRC 7.1M Road Race c/o Edward Hampston, 9 Elizabeth Drive, Voorheesville, NY 12186 **Contact:** Edward Hampston via email at eddolfan@yahoo.com

Website: <https://www.hmrrc.com/races/2019/town-new-scotland-71m>

-----detach here -----

NEW SCOTLAND 7.1M ROAD RACE ENTRY FORM 9/30/2019 PLEASE PRINT LEGIBLY

Name _____ Sex ____ Age _____

Address, City, State, Zip _____

Phone _____ E-mail _____ Town Resident Y / N

Waiver (MUST BE SIGNED)

I know that running a road or trail race is a potentially hazardous activity. I attest that I am physically fit and sufficiently trained to compete in this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather, including hypothermia or frostbite, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hudson Mohawk Road Runners Club, USA Track & Field, Inc., the Town of New Scotland, their officers, agents, and employees, and any of the above entities' sponsors, officials, representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations named in this waiver. I grant permission to all of the foregoing to use any photograph, video recording, or any other record of the event for any legitimate purpose. Please note that race entry fees are non-refundable and non-transferable.

Signature (Parent or Guardian if under 18) _____ **Date** _____