

HMRRC/USATF Grand Prix Series TEAM MINI GRAND PRIX (\$\$\$\$ See back for details and rules)

Runnin' of the Green

Saturday, March 9, 2019 at 10 a.m.

Location: Schalmont High School, 1 Sabre Drive, Rotterdam New York, 12306

Application Fee: HMRRC \$25 (\$20 if carpooling)

Non-HMRRC members: \$30 (\$25 if carpooling) VIPs: \$0! (contact bnorthan@gmail.com for rules)

Mail-in Registration Deadline: March 2, 2019

Online Deadline: March 8, 2019

On-line registration on: https://membercommunications-hmrrc.wildapricot.org/event-3201475

Day of Registration (\$30) (all)

PLEASE NOTE: No refunds, deferrals, or exchanges. No headsets, no strollers, no dogs, no cats, or other pets, no skateboards, bikes, snowmobiles, etc, ELIPTIGO must be pre-approved (contact race director).

APPLICATION Runnin' of the Green 2019

 $Submit\ registration\ form\ and\ non-refundable\ payment\ to:\ HMRRC,\ c/o\ Marcia\ Adams,\ 1009\ Tollgate\ Lane,\ Schenectady\ NY\ 12303$

PLEASE PRINT

T-SHIRT SIZE:	Small	Medium		arge [X-L	arge								
NAME:	First Name								Last Na	me]	
ADDRESS:															
CITY:							STA	TE:			ZIP:				
PHONE: (PHONE: (DD/MM/YY)														
AGE ON 03/09/19:	HMR	RC Member?	Yes	No _	An	nount l	Enclo	sed:	\$			-			
USATF MEMBER	yn	USATF#													
know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to bide by any decision of a race official relative to my ability to safely complete the run. I AGREE NOT TO WEAR A HEADPHONE DURING THIS EVENT. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the veather, traffic and the conditions of the road, all such risks are being known and appreciated by me. Having read this waiver and knowing these facts and no consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hudson Mohawk Road Runners Club, USA Track and Field, Inc.; Town of Rotterdam; and the Schalmont Central School District, their representatives and successors form all claims or abilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, videos, recordings, or ny other record of this event for any legitimate purpose.															
SIGNATURE			PAREN	T/GUARDIA	AN SIGI	NATUR	E (if un	der 18)			_			

TEAM MINI GRAND PRIX WITH CASH PRIZES. SEE BACK FOR DETAILS web: https://www.hmrrc.com/races/2019/runnin-green-4m

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