

Sap Run 5K 2017
Knox Town Hall
Knox, NY

Results by White Knight Timing & Race Management

Overall Results

Pl	Comp#	Name	Sex/Age	City/State	Time
1	585	Stephenson, Mark	M53	Esperance, NY	19:22
2	552	Mercado, Sam	M54	Wilton, NY	20:48
3	533	Green, Ron	M58	Gloversville, NY	20:55
4	577	Roy, David	M61	Schoharie, NY	21:33
5	521	Davis, Lennie	M56	Newport, NY	21:51
6	543	Longhi, Gary	M53	Voorheesville, NY	22:20
7	587	Szinger, Martin	M47	Westerlo, NY	22:25
8	530	Gerard, Christopher	M38	Albany, NY	22:47
9	529	Garcia, Susy	W34	Rensselaer, NY	23:07
10	608	Kearns, Brian	M45	Fultonville, NY	23:13
11	553	Miller, Rich	M46	Cobleskill, NY	23:16
12	592	Thomas, Alice	W54	Westerlo, NY	23:35
13	589	Taylor, Jillian	W30	Albany, NY	23:49
14	607	Lefkaditis, Stavros	M12	Berne, NY	23:50
15	567	Puzulis, Michelle	W13	East Berne, NY	24:19
16	544	Manley, Christopher	M38	Worcester, NY	24:25
17	560	Natalie, Christine	W31	Arlington, VT	24:44
18	518	Corrigan, Kevin	M53	Palenville, NY	24:59
19	604	Zuk, Laura	W33	Melrose, NY	25:13
20	605	Vogel, Sarah	W47	Slingerlands, NY	25:38
21	565	O'Shea, Patrick	M31	Albany, NY	25:39
22	581	Sornberger, Kacey	W41	Albany, NY	25:54
23	520	Davis, Evan	M14	Newport, NY	26:08
24	568	Quinn, Jonathan	M38	Delanson, NY	26:26
25	526	Ellis, Ed	M56	Potsdam, NY	26:30
26	513	Carroll, Melissa	W33	Albany, NY	26:42
27	545	Manning, Ethan	M40	East Berne, NY	26:47
28	578	Sawicz, Dave	M44	Clifton Park, NY	26:51
29	609	Afzali, Mara	W37	Delanson, NY	26:57
30	569	Quinn, Tracey	W33	Delanason, NY	27:03
31	525	Eistertz, Pam	W24	Albany, NY	27:25
32	594	Touhey, Martin	M64	Albany, NY	27:26
33	540	Kergel, Jeremy	M42	Glenville, NY	27:29
34	586	Swezey, Daniel	M62	Berne, NY	27:31
35	603	Wilday, Sheila	W49	Sharon Springs, NY	27:40
36	548	McCarthy, John	M45	Albany, NY	27:48
37	522	Degnan, Sarah	W24	Slingerlands, NY	28:03
38	508	Calabrese, Jared	M16	Feura Bush, NY	28:05
39	606	Lefkaditis, Vasiliki	W14	Berne, NY	28:38
40	504	Bassler, Darren	M50	Altamont, NY	29:20
41	514	Castledine, Rachel	W20	Stillwater, NY	29:30
42	523	Dumas, Eric	M18	Salem, NY	29:31
43	542	Lendrum, Elizabeth	W14	Berne, NY	29:45
44	612	Wright, Amy	W39	Berne, NY	30:23
45	517	Cook, Anne	W53	Berne, NY	30:26
46	588	Taylor, James	M57	Deux-Montagnes, QC	30:52
47	524	Dutcher, Rene	W33	Gloversville, NY	30:55
48	576	Rosenblum, Jay	M55	Glenmont, NY	30:57
49	546	Marcello Manning, Denise	W48	East Berne, NY	31:29
50	595	Travis, Suzanne	W57	Clifton Park, NY	31:50

51	564	O'Keefe, Jacqueline	W54	Berne, NY	32:00
52	562	O'Keefe, Brian	M53	Berne, NY	32:30
53	597	Van Vloodorp Taylor, Kris	W25	Deux-Montagnes, QC	32:52
54	527	Ellis, Eugene	M73	Schenectady, NY	33:03
55	596	Van Vloodorp Taylor, Kim	W22	Latham, NY	33:05
56	536	Jorgensen, Stephanie	W51	East Greenbush, NY	33:15
57	519	Cosselman, Elizabeth	W31	Gloversville, NY	33:21
58	503	Baldwin, Tracy	W50	Schoharie, NY	33:49
59	611	Afzali, Javid	M40	Delanson, NY	34:12
60	515	Chamberlain, Alena	W21	Schoharie, NY	34:37
61	551	McKeon, Julia	W18	Albany, NY	34:40
62	547	Marre, Valerie	W63	Albany, NY	34:45
63	555	Morris, Andrea	W38	Gloversville, NY	35:30
64	613	Marshall, Dan	M36	Albany, NY	35:59
65	614	Haynes, Jena	W24	Central Bridge, NY	35:59
66	550	McKeon, Erin	W26	Albany, NY	36:27
67	532	Gorevich, Julia	W10	Albany, NY	36:50
68	602	White, Korey	M26	Albany, NY	37:59
69	501	Ahmed, Ruhi	W25	Albany, NY	38:00
70	566	Powarzynski, Amy	W51	Westerlo, NY	38:18
71	510	Carey, Kevin	M43	Berne, NY	38:21
72	531	Gorevich, John	M42	Albany, NY	38:53
73	575	Rosenblum, Adrienne	W54	Glenmont, NY	39:02
74	590	Taylor, Maggie	W30	Knox, NY	40:09
75	557	Mosbey, Madison	W8	Berne, NY	40:42
76	558	Mosbey, Melissa	W33	Berne, NY	40:46
77	512	Carpitella, Tessa	W26	Albany, NY	40:52
78	509	Calabrese, Sherri	W36	Feura Bush, NY	42:00
79	572	Ricketson, Bob	M71	Coxsackie, NY	42:39
80	534	Greenblatt, Matthew	M9	Selkirk, NY	43:27
81	535	Greenblatt, Michael	M46	Selkirk, NY	43:28
82	610	Afzali, Opal	W11	Delanson, NY	43:51
83	511	Carey, Rebecca	W40	Berne, NY	44:46
84	583	Spinnato, Nicole	W30	Westerlo, NY	45:22
85	561	Norris, Christina	W33	Duanesburg, NY	45:40
86	549	McGovern, Tara	W36	Delanson, NY	45:40
87	537	Joy, Deidra	W37	Delanson, NY	45:41
88	593	Torgersen, Jennifer	W40	Albany, NY	46:00
89	505	Bortis-Schultz, Simona	W43	Altamont, NY	46:37
90	516	Cirigliano, Katherine	W28	Albany, NY	55:17

Age Groups

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Name	Sex/Age	City/State	Time
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Overall Results Women 5000 Run

1	Garcia, Susy	W34 Rensselaer, NY	23:07
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Overall Results Men 5000 Run

1	Stephenson, Mark	M53 Esperance, NY	19:22
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Women

1-9 Results - Women 5000 Run

1	Mosbey, Madison	W8 Berne, NY	40:42
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10-14 Results - Women 5000 Run

1	Puzulis, Michelle	W13 East Berne, NY	24:19
2	Lefkaditis, Vasiliki	W14 Berne, NY	28:38

3	Lendrum, Elizabeth	W14 Berne, NY	29:45
4	Gorevich, Julia	W10 Albany, NY	36:50
5	Afzali, Opal	W11 Delanson, NY	43:51

15-19 Results - Women 5000 Run

1	McKeon, Julia	W18 Albany, NY	34:40
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20-29 Results - Women 5000 Run

1	Eistertz, Pam	W24 Albany, NY	27:25
2	Degnan, Sarah	W24 Slingerlands, NY	28:03
3	Castledine, Rachel	W20 Stillwater, NY	29:30
4	Van Vloodorp Taylor, Kri	W25 Deux-Montagnes, QC	32:52
5	Van Vloodorp Taylor, Kim	W22 Latham, NY	33:05
6	Chamberlain, Alena	W21 Schoharie, NY	34:37
7	Haynes, Jena	W24 Central Bridge, NY	35:59
8	McKeon, Erin	W26 Albany, NY	36:27
9	Ahmed, Ruhi	W25 Albany, NY	38:00
10	Carpitella, Tessa	W26 Albany, NY	40:52
11	Cirigliano, Katherine	W28 Albany, NY	55:17

30-39 Results - Women 5000 Run

1	Taylor, Jillian	W30 Albany, NY	23:49
2	Natalie, Christine	W31 Arlington, VT	24:44
3	Zuk, Laura	W33 Melrose, NY	25:13
4	Carroll, Melissa	W33 Albany, NY	26:42
5	Afzali, Mara	W37 Delanson, NY	26:57
6	Quinn, Tracey	W33 Delanson, NY	27:03
7	Wright, Amy	W39 Berne, NY	30:23
8	Dutcher, Rene	W33 Gloversville, NY	30:55
9	Cosselman, Elizabeth	W31 Gloversville, NY	33:21
10	Morris, Andrea	W38 Gloversville, NY	35:30
11	Taylor, Maggie	W30 Knox, NY	40:09
12	Mosbey, Melissa	W33 Berne, NY	40:46
13	Calabrese, Sherri	W36 Feura Bush, NY	42:00
14	Spinnato, Nicole	W30 Westerlo, NY	45:22
15	Norris, Christina	W33 Duanesburg, NY	45:40
16	McGovern, Tara	W36 Delanson, NY	45:40
17	Joy, Deidra	W37 Delanson, NY	45:41

40-49 Results - Women 5000 Run

1	Vogel, Sarah	W47 Slingerlands, NY	25:38
2	Sornberger, Kacey	W41 Albany, NY	25:54
3	Wilday, Sheila	W49 Sharon Springs, NY	27:40
4	Marcello Manning, Denise	W48 East Berne, NY	31:29
5	Carey, Rebecca	W40 Berne, NY	44:46
6	Torgersen, Jennifer	W40 Albany, NY	46:00
7	Bortis-Schultz, Simona	W43 Altamont, NY	46:37

50-59 Results - Women 5000 Run

1	Thomas, Alice	W54 Westerlo, NY	23:35
2	Cook, Anne	W53 Berne, NY	30:26
3	Travis, Suzanne	W57 Clifton Park, NY	31:50
4	O'Keefe, Jacqueline	W54 Berne, NY	32:00
5	Jorgensen, Stephanie	W51 East Greenbush, NY	33:15
6	Baldwin, Tracy	W50 Schoharie, NY	33:49
7	Powarzynski, Amy	W51 Westerlo, NY	38:18
8	Rosenblum, Adrienne	W54 Glenmont, NY	39:02

60-69 Results - Women 5000 Run

1	Marre, Valerie	W63 Albany, NY	34:45
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Men

1-9 Results - Men 5000 Run

1	Greenblatt, Matthew	M9 Selkirk, NY	43:27
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10-14 Results - Men 5000 Run

1	Lefkaditis, Stavros	M12 Berne, NY	23:50
2	Davis, Evan	M14 Newport, NY	26:08

15-19 Results - Men 5000 Run

1	Calabrese, Jared	M16 Feura Bush, NY	28:05
2	Dumas, Eric	M18 Salem, NY	29:31

20-29 Results - Men 5000 Run

1	White, Korey	M26 Albany, NY	37:59
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30-39 Results - Men 5000 Run

1	Gerard, Christopher	M38 Albany, NY	22:47
2	Manley, Christopher	M38 Worcester, NY	24:25
3	O'Shea, Patrick	M31 Albany, NY	25:39
4	Quinn, Jonathan	M38 Delanson, NY	26:26
5	Marshall, Dan	M36 Albany, NY	35:59

40-49 Results - Men 5000 Run

1	Szinger, Martin	M47 Westerlo, NY	22:25
2	Kearns, Brian	M45 Fultonville, NY	23:13
3	Miller, Rich	M46 Cobleskill, NY	23:16
4	Manning, Ethan	M40 East Berne, NY	26:47
5	Sawicz, Dave	M44 Clifton Park, NY	26:51
6	Kergel, Jeremy	M42 Glenville, NY	27:29
7	McCarthy, John	M45 Albany, NY	27:48
8	Afzali, Javid	M40 Delanson, NY	34:12
9	Carey, Kevin	M43 Berne, NY	38:21
10	Gorevich, John	M42 Albany, NY	38:53
11	Greenblatt, Michael	M46 Selkirk, NY	43:28

50-59 Results - Men 5000 Run

1	Mercado, Sam	M54 Wilton, NY	20:48
2	Green, Ron	M58 Gloversville, NY	20:55
3	Davis, Lennie	M56 Newport, NY	21:51
4	Longhi, Gary	M53 Voorheesville, NY	22:20
5	Corrigan, Kevin	M53 Palenville, NY	24:59
6	Ellis, Ed	M56 Potsdam, NY	26:30
7	Bassler, Darren	M50 Altamont, NY	29:20
8	Taylor, James	M57 Deux-Montagnes, QC	30:52
9	Rosenblum, Jay	M55 Glenmont, NY	30:57
10	O'Keefe, Brian	M53 Berne, NY	32:30

60-69 Results - Men 5000 Run

1	Roy, David	M61 Schoharie, NY	21:33
2	Touhey, Martin	M64 Albany, NY	27:26
3	Swezey, Daniel	M62 Berne, NY	27:31

70-99 Results - Men 5000 Run

1	Ellis, Eugene	M73 Schenectady, NY	33:03
2	Ricketson, Bob	M71 Cossackie, NY	42:39