



Hudson Mohawk Road Runners Club
Board Meeting
Point of Woods Community Center
June 13, 2018

Attendance: Marcia Adams, Thomas Adams, Frank Broderick, Maureen Cox, Ray Lee, Brian Northan, Jessica Northan, Jon Rocco, Ken Skinner, Cathy Sliwinski, Jim Tierney, Nick Webster.

Prior to the meeting, there was a presentation of the Shrader Scholarship plaques and checks to the winners. Parents and students present were: Paul Porter, Susan Porter, Jordan Porter, Renee Manosh, Linda Manosh, Chris Miceli, Christopher Miceli, Erin Miceli, Colin Ross.

1. **Call to Order (Frank Broderick):**

Reading and approval of May 8, 2018, minutes. Motion to approve made by Marcia Adams and seconded by Cathy Sliwinski. Motion passed.

2. **Reports of Officers**

2.1 President (Ray Newkirk - absent): No report.

2.2 Executive Vice President (Frank Broderick)

Discussed the distribution of Shrader scholarships.

2.3 Executive Vice President – Finance (N. Webster):

I contacted Tom Hosey and is in the midst of the audit and has been requesting samples of disbursements and receipts which Cathy and Jon have been obtaining. It was a list of 70 receipts and 70 deposits with various dates that needed to be pulled and scanned. The May 2017 IRS return filing has gotten extended to October due to audit.

2.4 Vice President for Running Events (J. Rocco):

Races since last meeting were:

Mother's Day 5K BRUNCh – in its 39th year – was held on May 13. Michelle Davis was the winner. There was a total of 81 finishers (86 last year). This is down from 298 last year and 329 from 2015 (record year) which included participation from Girls on the Run. Thanks to Dee Fisher for directing and all volunteers. There was a competing race – Mother-Lovin Day 5K in Saratoga that drew close to 700.

May 17 was year 39 for the CDPHP Workforce Team Challenge. Once again, it was a huge success. The race sold out with its 10,000 cap (3rd year cap was reached). 512 teams participated as compared to last year's record 522 teams. There were 8,278 finishers (7,745 finishers last year in record heat). In 2016, there were 8,216 finishers. 2015 was the record year with 8,319 (10,237 registered and the cap followed in 2016). Overall winner was Matt Brooker – defending his title with a time of 17:29 (same time as last year). Karen Bertasso was the overall female winner in a time of 20:25. She has won 3 out of the last 4 and all 3 winning times were within 5 seconds of each other. Regeneron was the winning female team (repeat champion). GE won the male division over Global Foundries by 46 seconds. Albany Medical Center won the co-ed category for 4th year in a row (6th win in past 7 years). Most participants were GE at 268 (384 and 523 prior 2 years), AMC at 308, CDPHP at 241 and Regeneron at 239. Congratulations once again to our Charities of Choice – Albany Public Library Foundation and Regional Food Bank of Northeastern New York with record breaking

donations of \$45,000. Thanks to Mark Warner for directing once again as well as the coordinators, volunteers, CDPHP and their staff, and our sponsors. Bill Rodgers was present at the race as part of BBL Hospitality and was at the Recovery Room afterwards. The wrap up meeting will be held June 19.

47th Distinguished Service Race was held this past Sunday honoring Barbara Sorrell, the 59th recipient. We had 8 past recipients on hand. In checking of the 59 recipients, 31 are active club members. We may want to have a special reach-out to past recipients with a reminder of the race. The male winner was Jon Udenauer (MA) and the female winner was Erin Lopez. There were 68 finishers (last year – 77; prior year, 68). Thanks to Sally Drake and Liz Chauhan for directing and all the volunteers. This is a Grand Prix event.

On Tuesday, June 12, the Colonie Track Series opened for its 50th season. It was the first of 8 weeks thru July 31. The evening was pleasant and Frank noted attendance was “quite a bit” for the first week. Its Facebook post had 2600+ views and 20 shares. Week 3 includes the Colonie Mile – another Grand Prix event.

Upcoming races are:

June 16 – Valley Cats Father’s Day 5K – on-line closes tomorrow and last chance registration is on Thursday in person at The Joe.

June 26 is the Colonie Mile.

July 22 – Indian Ladder Trail Run – registration is open. There will be a 15K and a 5K run – no longer have the 3.5 mile and it will be in a new area – Green House Picnic Area – with a \$6 parking charge.

Jon received an e-mail from USATF National that we had to complete certain requirements or we would become inactive and be unable to put on any events. I successfully completed a 2 hour online course, SafeSport, and submitted/passed background check so we are good to go.

2.5 Treasurer (J. Golden - absent): See attached report. Combined bank balance is \$742,579.21.

2.6 Treasurer of Running Events (C. Sliwinski):

Two races closed: Winter Series #2 and Bill Robinson 10K. Financials have been combined.

2.7 Secretary (M. Adams): No report

3. Reports of Committees

3.1 Membership (D. Fisher-Golden): (Not present; report e-mailed)

Total membership: 2451

Change in membership: -2

New memberships: 22

Facebook followers: 2936, +17

Twitter followers: 298, +6

3.2 Volunteers (M. Adams): Thank you for volunteering and also need Valley Cats. Distinguished Service plaque will be in place this month.

3.3 Public Relations (R. Moore): No report

3.4 Website (E. Neiles): No report

3.5 Conflicts Committee (N. Webster): No report.

3.6 Grants Committee (F. Broderick): The July cycle for grants is now open. It will close on July 1. There are two applications in currently.

3.7 Just Run Program (K. Skinner-absent): Report submitted.

The Just Run program is just wrapping up a successful spring season. We held our two track meets on June 6th and June 12th (meet was postponed to the 12th from the 5th due to threatening weather). Both meets were successfully held but we had to scramble a bit on the 12th to get enough volunteers. Two of the 17 schools scheduled for the 5th could not make the 12th but some of the parents from those two schools brought their athletes. Marcia did an outstanding job of setting up the race files for each school and recording the results very accurately. We don't have complete statistics yet from yesterday's meet but do have some from the 6th meet. Sixteen schools participated and a little over 550 athletes participated in at least one event. Thirty-three schools participated in both meets.

Stats for each event on the 6th: 1500 meter – 71 finishers; 50 meter (2nd and 3rd grade only) – 158 finishers; 400 meter – 276 finishers; 100 meter (4th, 5th, and 6th grades only) – 191 finishers; 800 meter – 80 finishers; and 200 meter – 306 finishers. Because of the number of athletes competing in the 200 meter, the meet didn't wrap up until around 7:45 p.m. and the volunteers were pooped. Yesterday's meet ended as it was supposed to around 7 p.m. because the 200 races had half the number of athletes as the 6th races. All medals were announced and awarded to the top three finishers in each grade in each race at the meet with the exception of the 200 meter races, the last races of the day. Those medals will be mailed to the athlete's schools this week and next.

4. **Old Business:**

Election Committee: The Committee is still working on recruiting candidates for the Executive Vice President and for Race Committee Treasurer. We approached other candidates for the two positions and are awaiting results of those contacts. It has not been easy this year

Bylaws Review Committee (Cathy Sliwinski): The Committee met in March and the proposal was distributed for review by the Board. The first change is that the amendment effective October 1, 2018. Under V.A. increasing the Board by 2 members to 11 with 4 members at large. Under D.1, all written contracts ...will be reviewed by the President.... On page 4, E.V. add a job to the race committee of submitting written contracts to the President for review. On page 5, under terms of office, the change will be adjusting slightly to 3 terms in any given office. On page 6, 2. Is where the two members at large are added and changes the election cycle in 2018 so that the Treasurer would have a single year term and then go to a two year term in 2019. The same term cycle would apply to new members at large. It will be presented to the Club members at the Annual Meeting.

Full-time Administrative Assistant: Ray Newkirk presented a proposal outlining the costs, proposed salary and job description for a full-time administrative assistant. A discussion ensued. Maureen Cox made a motion that the bookkeeping aspects of the proposed position be removed from the job description and be contracted to a service. Marcia Adams seconded the motion. The motion passed.

5. **New Business:** None

Refreshments: Jessica Northan

Adjourn: Motion to adjourn made by Marcia Adams and seconded by Maureen Cox. Motion passed.