



Fleet Feet Sports Presents the 5th Annual

24 HOUR FIGHT AGAINST HUNGER

Every year before Thanksgiving, Fleet Feet has a 24-hour fun contest to collect money for the Regional Food Bank of Northeastern NY. In the past, volunteers manned treadmills for 24-hours, but that has been replaced by 1-mile laps around Fleet Feet for 24-hours if possible. The event begins at 3 p.m. on Friday, November 17 and runs [pun intended] until 3 p.m. Saturday, November 18.

New This Year

On Friday, November 17, 4 p.m. - 7 p.m. there will be a **Happy Hour** courtesy of Common Roots Brewing and ON Running. Receive a commemorative pint glass filled with great craft beer for an additional \$10 donation.

On Saturday, 7 a.m. - 9 a.m. free breakfast will be served by Mizuno and Hannaford!

To participate: For a \$25 donation to the Regional Food Bank of Northeastern New York, you can run or walk 1-mile loop(s) around Fleet Feet. Throughout the day and night, there will be refreshments, music, camaraderie, and special guests for all to enjoy.

For every lap completed, individuals will receive a raffle ticket for valuable prizes, such as team entry into 2018 Ragnar Relay Adirondacks race and head-to-toe outfits donated by Asics, Brooks, Saucony, and New Balance. Additional raffle prizes include running shoes, running apparel, race entries, and gift certificates to local businesses, etc.

**High School runners have a chance to win head-to-toe outfits provided by Nike.

**Prizes awarded to top three (3) fundraisers.

**Anyone who runs 50K throughout the 24-hour event gets his/her caricature added to Fleet Feet's wall of fame!

Several vendors will have demo shoes for runners to test throughout the day and night; a good opportunity to try before you buy and help a great cause.

All details can be found <https://www.fleetfeetalbany.com/pages/24-hour-fight-against-hunger>