



**SATURDAY,  
MAY 14, 2016**

**OPEN TO  
THE PUBLIC!**

**WHEN:** Saturday, May 14, 2016

**WHERE:** The Crossings, Town of Colonie Park, South Pavilion

**TIME:** 8 a.m.-9 a.m. Registration  
8:30 a.m. Dash for Hope Kids Race  
9 a.m. 5K Road Race and 5K Walk

**ENTRY FEE:** \$15 Students in Diocesan Catholic Schools  
\$20 Early-Bird Adult/Non-students on or before April 15  
\$25 Race Day — All Participants

**AWARDS:** Top male and female overall & top males and females in 4 age groups

**COURSE:** Fast, mainly flat course, starting at the South Pavilion.

**DASH FOR HOPE  
KIDS RACE**

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**FREE!**  
For kids  
10 and under

Proceeds benefit the Albany Diocese Beacon of Hope Scholarship Fund in the form of tuition assistance at: Bishop Maginn High School, Catholic Central High School, Notre Dame-Bishop Gibbons School and Saratoga Central Catholic High School.

For Sponsorship information, please call Martha Fashouer, Director of Advancement, Catholic School Office at (518) 453-6676.

Please make checks payable to CSO Diocesan Dash. For additional information, please call Christine Baseel at (518) 393-3131, Ext. 107.

**Register at [finishright.com](http://finishright.com)**

or mail the form below:



----- Detach Here. Submit one form for each entry. Please print clearly using blue or black ink. -----

Name \_\_\_\_\_  
last first middle initial

Address \_\_\_\_\_

Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

School Name \_\_\_\_\_

Age on day of race \_\_\_\_ Gender  M  F T-shirt size \_\_\_\_\_

5K Run  Dash for Hope Kids Race

*Size not guaranteed. Limited to the first 200 participants.*

\_\_\_\_\_ I will not be able to attend, but please accept my donation of \$\_\_\_\_\_.

**Mail registration and fee to:** Sharon Boehlke, Race With Us,  
314 New Scotland South Rd., Slingerlands, NY 12159

**Certification and Full Release from Liability**

I hereby release the Roman Catholic Diocese of Albany and the Town of Colonie whose property and personnel are used, and other sponsoring or co-sponsoring individuals from responsibility for any injuries or damages I, or my child may suffer as a result of my/his/her participation in the Diocesan Dash 5K. In addition, I authorize the use of my/his/her photo in newspapers, brochures or other promotional materials without compensation. I have read the entry form and acknowledge my agreement with the terms of same by signing below.

Walker/Runner Signature: \_\_\_\_\_

Parent/Guardian Signature for minor: \_\_\_\_\_