

46th Runnin' of the Green 5K  
 HMRRRC/USATF Grand Prix Event  
 USATF Certified Course  
 Rotterdam, NY March 14, 2026 10:00am

Place	Div/Tot	Name	No.	Age	S	City	St	Time	Pace
1	1/12	Ryan Udvardia	171	29	M	Clifton Park	NY	15:31	5:00
2	2/12	Devin Akerley	2	29	M	Albany	NY	15:44	5:04
3	1/21	Shaun Donegan	41	40	M	malta	NY	15:44	5:04
4	3/12	Austin Turner	169	29	M	Delmar	NY	15:51	5:07
5	1/7	Thomas Crowers	28	16	M	North Benningto	VT	16:25	5:17
6	1/15	Brad Lewis	98	39	M	Troy	NY	16:37	5:21
7	2/15	John Longo	100	35	M	Wynantskill	NY	16:41	5:22
8	3/15	Ben Fazio	50	30	M	Troy	NY	16:41	5:23
9	2/21	Tom O'Grady	122	40	M	Slingerlands	NY	16:43	5:23
10	4/12	Brendon VanVlack	175	26	M	Schenectady	NY	16:48	5:25
11	3/21	Robert Ordish	125	40	M	Niskayuna	NY	16:52	5:26
12	1/12	Cara Udvardia	170	28	F	Clifton Park	NY	16:53	5:26
13	4/21	Chuck Terry	164	43	M	Albany	NY	17:08	5:31
14	5/12	Noah Valvo	173	27	M	Delanson	NY	17:14	5:33
15	2/12	Kerry Flower	53	25	F	Schenectady	NY	17:20	5:35
16	2/7	Jayden Thomas	166	19	M	Bennington	VT	17:24	5:36
17	6/12	Peter Maroko	193	22	M	Nyack	NY	17:33	5:39
18	7/12	Matthew Voynovich	183	20	M	Roslyn heights	NY	17:38	5:41
19	8/12	Alex Tong	194	22	M	Penville	NV	17:39	5:41
20	9/12	Tyler Stroup	162	22	M	Mendham	NJ	17:40	5:42
21	1/11	Tricia Longo	101	36	F	Wynantskill	NY	17:41	5:42
22	5/21	michael cooley	197	46	M	91 western ave	NY	17:53	5:46
23	1/17	Karen Bertasso	6	41	F	Selkirk	NY	18:00	5:48
24	4/15	Matt Ninneman	118	33	M	Albany	NY	18:06	5:50
25	6/21	Ramon Dominguez	195	49	M	Saratoga Spring	NY	18:15	5:53
26	2/11	Nicole Moslander	116	38	F	Schenectady	NY	18:21	5:55
27	3/12	Karina Bolton	7	28	F	Delmar	NY	18:27	5:57
28	5/15	Alan Finder	52	37	M	Albany	NY	18:36	6:00
29	10/12	Brad Houska	70	28	M	Schenectady	NY	18:40	6:01
30	3/11	Lisa Chase	20	39	F	Delmar	NY	18:40	6:01
31	4/11	Sarah Cottone	27	31	F	Malta	NY	18:43	6:02
32	2/17	Megan Haley	63	45	F	Albany	NY	18:58	6:07
33	7/21	John Deer	31	43	M	Slingerlands	NY	19:00	6:07
34	8/21	Greg Potestio	132	40	M	Delmar	NY	19:05	6:09
35	9/21	Noah White	186	47	M	Slingerlands	NY	19:08	6:10
36	3/7	Levi Hawrylchak	65	14	M	Guilderland	NY	19:22	6:14
37	6/15	John John	199	31	M	Albany	NY	19:30	6:17
38	5/11	Stefanie Berggren	5	33	F	Clifton Park	NY	19:35	6:18
39	4/12	Lindsey Gallagher	25	25	F	Guilderland	NY	19:43	6:21
40	5/12	Laura Klang	84	26	F	Troy	NY	19:45	6:22
41	6/12	Cate Chamberlain	19	28	F	Albany	NY	19:51	6:24

42	1/16	Dean Geesler	57	53	M	Slingerlands	NY	19:52	6:24
43	2/16	Ryan McCann	106	51	M	Albany	NY	19:57	6:26
44	10/21	Clay Lodovice	99	49	M	Voorheesville	NY	20:01	6:27
45	3/17	Meg Versteegen	179	46	F	Schenectady	NY	20:10	6:30
46	4/17	Ann Marie Moskal	115	46	F	Ballston Spa	NY	20:17	6:32
47	3/16	Michael DiNicola	201	51	M	Malta	NY	20:18	6:32
48	4/16	Edward Carroll	15	55	M	Clifton Park	NY	20:33	6:37
49	5/16	Greg Ethier	49	52	M	Ballston Lake	NY	20:39	6:39
50	11/21	Vasil Koleci	89	49	M	Albany	NY	20:46	6:41
51	12/21	Ryan Venter	178	44	M	Glenmont	NY	20:49	6:42
52	6/11	Brina Seguine	147	36	F	Rensselaer	NY	20:53	6:44
53	7/12	Olivia McGranaghan	198	25	F	Albany	NY	21:00	6:46
54	7/15	Tim Humphrey	71	36	M	Albany	NY	21:09	6:49
55	5/17	Gretchen Klingbeil	86	48	F	Ballston Lake	NY	21:19	6:52
56	13/21	Michael Van Flue	174	43	M	GUILDERLAND	NY	21:21	6:53
57	7/11	Maria Fusco	54	32	F	Mechanicville	NY	21:24	6:54
58	6/16	Frank Horn	191	56	M	Albany	NY	21:26	6:54
59	7/16	William Dodds	39	51	M	Watervliet	NY	21:30	6:56
60	14/21	Jason Stone	161	48	M	Albany	NY	21:33	6:56
61	6/17	Kari Deer	30	47	F	Slingerlands	NY	21:42	6:59
62	8/15	Dylan Hedderman	67	33	M	Albany	NY	21:45	7:00
63	7/17	Lauren Carnahan	13	43	F	LATHAM	NY	21:50	7:02
64	1/17	John Sestito	148	62	M	JOHNSONVILLE	NY	21:56	7:04
65	8/17	Sarah Parks	127	45	F	Troy	NY	22:11	7:09
66	8/16	Rick Zachgo	188	55	M	Rexford	NY	22:26	7:14
67	9/17	Laura Rickmyre	141	42	F	Schenectady	NY	22:29	7:15
68	2/17	Gary Shelnutt	151	63	M	Troy	NY	22:32	7:16
69	1/17	Beth Stalker	159	66	F	Chestertown	NY	22:39	7:18
70	2/17	Colleen Brackett	8	65	F	Albany	NY	22:42	7:19
71	15/21	Daniel McConnelee	107	46	M	Pattersonville	NY	22:47	7:20
72	11/12	Giovanni DellaPorta	33	22	M	Schenectady	NY	22:50	7:21
73	10/17	Katherine Guilfoyle	62	40	F	Ballston Spa	NY	22:51	7:22
74	9/16	David Shumpert	154	55	M	Clifton Park	NY	22:55	7:23
75	3/17	Lauren Hamilton	64	61	F	Schenectady	NY	23:24	7:32
76	1/12	David Roy	144	71	M	Schoharie	NY	23:28	7:34
77	16/21	Ethan Lowry	102	47	M	Delanson	NY	23:30	7:34
78	1/8	Emily Bryans	10	58	F	Delanson	NY	23:37	7:36
79	17/21	Core Walsh	185	42	M	Averill PARK	NY	23:40	7:37
80	18/21	CJ Imperial	74	45	M	Colonie	NY	23:48	7:40
81	19/21	Gabriel McGarry	189	48	M	Slingerlands	NY	23:49	7:40
82	9/15	Evan Dwyer	45	36	M	Albany	NY	23:53	7:42
83	8/12	Amelia Geesler	56	22	F	Glenmont	NY	23:55	7:42
84	4/17	Kristen Hislop	68	61	F	Halfmoon	NY	24:05	7:45
85	3/17	Mark Nunez	121	69	M	Ballston Lake	NY	24:16	7:49
86	2/8	Nicola MacNeil	104	52	F	Rotterdam junct	NY	24:21	7:50
87	10/16	Denis Cote	26	54	M	E. Berne	NY	24:21	7:51
88	4/7	Aaron Levin	97	17	M	Schenectady	NY	24:30	7:54
89	2/12	David Rowell	143	73	M	Albany	NY	24:41	7:57
90	11/17	Susan Knapp	87	47	F	Schenectady	NY	25:01	8:04
91	3/8	Carolann Koleci	88	53	F	Albany	NY	25:02	8:04

92	5/7	Maxx Schlag	145	13	M	Schenectady	NY	25:06	8:05
93	8/11	Taylor Mead-Patterson	110	33	F	Schenectady	NY	25:06	8:05
94	4/17	Daniel Esper	48	65	M	Slingerlands	NY	25:10	8:06
95	1/7	Anna Lowry	103	16	F	Delanson	NY	25:30	8:13
96	5/17	Terry Langlois	93	66	M	Niskayuna	NY	25:42	8:17
97	11/16	Stefan Smith	156	55	M	SCOTIA	NY	25:49	8:19
98	9/12	Casey Vincelette	180	29	F	Delmar	NY	25:55	8:21
99	10/15	Jay Lee	94	32	M	Latham	NY	26:18	8:28
100	6/17	Dennis Quinn	136	61	M	Niskayuna	NY	26:46	8:37
101	3/12	Stephen Jones	77	71	M	averill Park	NY	26:54	8:40
102	11/15	Matthew Miller	112	34	M	Schenectady	NY	27:04	8:43
103	2/7	Haley Smeaton	155	14	F	Schenectady	NY	27:13	8:46
104	3/7	Skylar Smeaton	196	12	F	Rotterdam	NY	27:20	8:48
105	9/11	Cassandra Johnson	76	38	F	Schenectady	NY	27:31	8:52
106	4/8	Lianne Pinchuk	129	50	F	Delmar	NY	27:44	8:56
107	6/7	Angelo Vaccaro	172	15	M	Schenectady	NY	27:53	8:59
108	4/7	Lily DeRocher	34	15	F	Rotterdam	NY	27:54	8:59
109	7/17	Vince Juliano	78	68	M	Delanson	NY	28:09	9:04
110	4/12	Steve Vnuk	182	70	M	Delmar	NY	28:12	9:05
111	8/17	Peter Butryn	12	68	M	Schenectady	NY	28:14	9:06
112	12/12	Dylan Chevalier	21	22	M	Schenectady	NY	28:15	9:06
113	5/17	Kathleen Dougherty	42	61	F	Troy	NY	28:22	9:08
114	12/16	John Brunner	9	59	M	Schenectady	NY	28:25	9:09
115	12/17	Lindsay McConnelee	108	44	F	Pattersonville	NY	28:58	9:20
116	1/5	Carolyn George	58	72	F	Albany	NY	29:09	9:23
117	6/17	Patricia Greenwood	61	68	F	Schenectady	NY	29:19	9:26
118	7/17	Anne Hurley	72	63	F	Delmar	NY	29:36	9:32
119	12/15	Patrick Snider	157	30	M	Rensselaer	NY	29:41	9:34
120	8/17	Karen Quinn	135	61	F	Niskayuna	NY	29:43	9:34
121	5/7	Gianna Ostrander	126	16	F	Princetown	NY	29:44	9:35
122	13/15	John Tremblay	200	32	M	Albany	NY	29:46	9:35
123	9/17	Joanne Richardson	139	65	F	Clifton Park	NY	29:55	9:38
124	13/17	Alejandra Escudero	47	44	F	Altamont	NY	30:24	9:48
125	9/17	Dave cole	24	68	M	troy	NY	30:27	9:48
126	10/17	Karen Gerstenberger	59	68	F	Colonie	NY	30:31	9:50
127	10/11	Valerie Dunn	44	36	F	Schenectady	NY	30:36	9:51
128	7/7	Ethan Walsh	184	9	M	Averill Park	NY	30:41	9:53
129	14/17	Jessica Montgomery	114	48	F	Guilderland	NY	30:48	9:55
130	11/17	Gail Doering	40	60	F	Loudonville	NY	31:15	10:04
131	5/8	Mary Insogna	75	53	F	Schenectady	NY	31:15	10:04
132	5/12	George Baranauskas	4	72	M	Scotia	NY	31:39	10:12
133	10/17	Daniel Vincelette	181	63	M	Selkirk	NY	31:44	10:13
134	6/8	Eileen kurtz	90	56	F	ALBANY	NY	31:47	10:14
135	11/17	Richard Kelly	80	69	M	Schenectady	NY	32:04	10:20
136	12/17	Denis Hurley	73	63	M	Delmar	NY	32:11	10:22
137	2/5	Martha DeGrazia	32	75	F	Slingerlands	NY	32:17	10:24
138	7/8	Linda DeDominicis	29	57	F	Menands	NY	32:21	10:25
139	13/16	Daniel Pollay	131	56	M	Delanson	NY	32:23	10:26
140	14/16	Jason DiPierro	37	52	M	Cherry Plain	NY	32:32	10:29
141	10/12	Maddie Norton	119	21	F	Albany	NY	32:35	10:30

142	11/12	Maggie Burkart	11	27	F	Fort Edward	NY	32:53	10:35
143	20/21	Phil Dudek	43	49	M	Saratoga Spring	NY	33:13	10:42
144	14/15	jainesh Shah	149	37	M	guilderland	NY	34:06	10:59
145	13/17	Mark Wojcik	187	65	M	Troy	NY	34:08	11:00
146	14/17	Dale Lamphere	91	63	M	Canajoharie	NY	34:45	11:11
147	12/17	Randie Lamphere	92	60	F	Canajoharie	NY	34:45	11:11
148	12/12	Isabella Burritt	192	25	F	Clifton Park	NY	34:54	11:14
149	13/17	Sarah Reed-Esper	137	60	F	Slingerlands	NY	35:02	11:17
150	14/17	Shaula Rickmyre	142	69	F	Schenectady	NY	35:31	11:26
151	8/8	Jenifer Kish	83	52	F	Albany	NY	36:23	11:43
152	3/5	Joan Celentano	18	72	F	Schenectady	NY	36:31	11:46
153	6/7	Emma James	190	7	F	Charlton	NY	36:49	11:51
154	6/12	Leo J. DiPierro	38	75	M	Cherry Plain	NY	36:50	11:52
155	11/11	Valerie Neyman	117	30	F	Duanesburg	NY	36:51	11:52
156	15/17	Mary Kristi Mazmanian	105	48	F	Delmar	NY	37:12	11:59
157	7/12	Tim Leonard	96	77	M	Clifton park	NY	38:04	12:15
158	4/5	Susan Klim	85	70	F	Altamont	NY	38:16	12:19
159	15/17	Ned Norton	120	67	M	Albany	NY	38:23	12:22
160	5/5	Georgia Sullivan	163	70	F	Albany	NY	39:22	12:41
161	21/21	Ryan Kircher	81	48	M	albany	NY	39:37	12:45
162	8/12	Peter kircher	82	73	M	Albany	NY	39:38	12:46
163	16/17	Harry Ching	22	63	M	Clifton Park	NY	39:44	12:48
164	17/17	Brian Platt	130	67	M	Latham	NY	39:55	12:51
165	9/12	Ralph Feinstein	51	72	M	Scotia	NY	40:53	13:10
166	16/17	Samantha Pratt	133	48	F	Cairo	NY	41:53	13:29
167	10/12	Daniel Rickmyre	140	79	M	Schenectady	NY	42:03	13:33
168	15/17	Michelle Ching	23	65	F	Clifton Park	NY	42:54	13:49
169	7/7	Genevieve Sheward	153	9	F	Schenectady	NY	43:23	13:58
170	15/15	Justin Sheward	152	37	M	Schenectady	NY	43:24	13:58
171	15/16	Patrick Caton	16	50	M	Clifton Park	NY	47:19	15:14
172		??? ????	1111				NY	47:19	15:14
173	11/12	Daniel Quandt	134	74	M	Amsterdam	NY	47:44	15:22
174	17/17	Jennifer Torgersen	168	49	F	Albany	NY	47:53	15:25
175	12/12	John Vavasour	177	77	M	albany	NY	48:29	15:37
176	16/17	NANCY KANIZAR	79	60	F	MELROSE	NY	48:37	15:39
177	1/1	Raymond Lee, Jr.	95	84	M	Halfmoon	NY	50:41	16:19
178	16/16	Jonathan Goldstein	60	57	M	Albany	NY	59:07	19:02
179	17/17	Camille Hean	66	68	F	Albany	NY	59:08	19:02

Record 15:10 Ryan Udvadia in 2024