

RESULTS OF HUDSON-MOHAWK ROAD RUNNER'S CLUB - TUESDAY NITE TRACK MEET #3 - JULY 19, 2022

MENHigh School

100M	Gioddard	11.3
200M	Larabee	24.8
400M	Charles	52.9
800M	McNaughton	2:24.8
1 Mile	Flowers	5:09.0
2 Mile	Evans	12:01.8
HJ	Larry	6'
LJ	Obisk	20'3"
TJ	Cory	39'8"
SP	Comino	44'2"
Discus	Comino	134'3"
HJ	Xu	6'

Submasters (30-39)

SP	Gilet	45'11"
Discus	Gilet	150'8"

Seniors (50-59)

100M	Fiori	14.4
200M	Atwell	37.0
400M	Atwell	85.0
800M	Reed	2:52.8
1 Mile	Atwell	6:54.2
2 Mile	Reed	11:59.3

High School

100M	Wicks	12.4
400M	Martinez	64.0
800M	Moslander	4:22.7
1 Mile	Armenia	5:40.0
LJ	Barnhart	16'
TJ	Barnhardt	35'11"
Discus	Craft	63'9"

Open (up to 29)

110MH	McNamara	17.5
100M	Davis	10.9
800M	Fazio	2:39.0
1 Mile	Fazio	4:41.3
2 Mile	Fazio	9:48.2
SP	Santoro	33'7"
Discus	Santoro	119'1"
HJ	Harris	6'
LJ	McNamara	20'

Masters (40-49)

110 MH	Majeran	19.8
800M	Clark	2:52.1
1 Mile	Clark	5:31.1
Discus	Craft	100'
TJ	Wajda	31'5"

Juraissac (70+)

100M	Litts	21.5
200M	Litts	47.9
1 Mile	Mead	7:22.3

WOMENSubmasters (30-39)

200M	Holt	35.2
400M	Chase	69.6
1 Mile	Scarpupa	5:51.9
2 Mile	Chase	12:19.4
Shot	Gilet	34'
Discus	Gilet	140'6"