



Hudson Mohawk Road Runners Club

Board Meeting

Point of Woods Community Center

August 9, 2017

Attendance: Marcia Adams, Thomas Adams, Ray Newkirk, Chris Nowak, Jon Rocco, Ken Skinner, Cathy Sliwinski, Jim Tierney, Nick Webster.

1. **Call to Order (Ray Newkirk):**

Approval of July 12, 2017 minutes. Motion to approve minutes made by Marcia Adams and seconded by Cathy Sliwinski. Motion passed.

2. **Reports of Officers**

2.1 President (Ray Newkirk):

The reimbursement policy for mileage passed last month may create tax concerns for race directors. A discussion ensued as to best resolve the issue and felt it should be handled on a case-by-case basis. A motion was made to Chris Novak and seconded by Marcia Adams to rescind the reimbursement policy. The motion passed.

Administrative Assistant Lara has resigned. She will be providing a transition document upon her leaving. Initial plan is to replace her with the duties she performed for the Workforce Team Challenge, possibly with her if she has the time to do so.

Annual meeting on September 20 will be held at The Orchard. As required by law, a legal ad has been placed in the Altamont Enterprise. The event has been set up in Wild Apricot for people to register for those attending.

2.2 Executive Vice President (F. Broderick): (absent; report submitted)

Michelle Davies has accepted the position of Content Editor for the PaceSetter. A meeting has been set up with her for discussing the PaceSetter process. A number of officers have not added documents to the GSuite and he wanted to remind them to do so.

2.3 Executive Vice President – Finance (C. Nowak)

Quickbooks access to Tom Hosey at Marvin CPA. He said he plans to start our financial review "beginning of September." He has 2 audits he needs to finish before our project. The Year to Date Budget has not been finalized. I have started the budget and will email out by the end of the weekend. Also Cathy has offered to meet with me and to help implement the budget into QuickBooks reporting. Working to confirm our Disability Policy with NYSIF so that we can issue certificate of insurance to DOT & OGS. Quickbooks shows we paid them, however, couldn't confirm our policy number with customer service and today the underwriter requested backup of the cancelled check, etc.

2.4 Vice President for Running Events (J. Rocco):

Races since the last meeting:

44th Hour Run was held on July 13 and had 17 participants (12 in 2016 and 28 in 2015). Anthony Guiliano won the event and joined the 10 Mile Club with a total of 10.62 miles. Kathleen Beeman won for the

women with 7.52 miles. Participants' ages ranged from 17 to 85 with 3 over 80+.

The 41st Pentathlon was held on July 20 and had 14 competing vs. 16 last year and 23 the prior year. This race was perhaps the closest ever with two brothers: 18 year old Michael Bashant defeated Eli Bashant by a core of 4077-4062 The third place finisher was just 110 points behind. Like last year, two females competed and the winner was Elizabeth Moran who beat out her sister – 1392 to 1070. Ages for participants ranged from 13 to 68.

These two races conclude the Summer Series. Brian Northan competed in all three of the Thursday events. Overall, the three events drew 49 participants vs. 32 last year and 65 the year prior.

The 23rd Annual Indian Ladder Trail Run 3.5M and 15K was held on Sunday, July 23. There was a total of 165 finishers for the two races vs 125 last year and 163 the year prior. 61 participated in the 3.5 mile and 104 in the 15K. Will Quackenbush and Celia Seigers won the 3.5 mile. Shaun Donegan bested Jim Sweeney by 4 seconds to win the 15K. Michelle Pratt won the 15K for the women. Mark Vermilyea made his directorial debut and the 15K as part of the USATF ADK Grand Prix Trail Series.

The Colonie Track Series finished up its 7 weeks on August 1 – one week shorter this year due to July 4 being on a Tuesday. Last year, Frank Myers called it the biggest year ever as far as participation. This year was as good as last in participation. 2018 will be the 50th year for the Series and for Frank directing. He thanked others that stepped forward to help out in addition to the regulars.

The 39th Dynamic Duo was held this past Saturday. 84 completed or 42 teams vs 162 in 2016 and 142 in 2015. No results are posted yet. Turnout was roughly half of what it has typically been.

Tawasentha #1 was held this past Monday and no results are posted yet nor are there numbers regarding participants. It was part of the USATF ADK Grand Prix Trail Series There will be a full report next month when the series is completed.

Upcoming races between now and the next meeting are the two remaining weeks of the Tawasentha XC series with next week being a HMRRRC Grand Prix event.

On September 2, the SEFCU Labor Day 5k will be held. Registration is open on HMRRRC.co as well as mail-in. This year the race will be held on Saturday rather than Labor Day as it was incorporated by SEFCU into their Operation Fitness event at SUNYA. The race will use the Winter Series 3 mile course with a modification to increase it by .1. The SEFCU has a Fit, Strength and Conditioning event at 7 a.m. followed by the 5K race at 9 a.m.

The Anniversary Run will be held on September 17 at SUNYA. David Gas will be the new race director and is meeting with Ken Skinner and Pat Glover to discuss details of the event.

2.5 Treasurer (J. Golden): See attached report. Total of general accounts: \$465,102.77

2.6 Treasurer of Running Events (C. Sliwinski): See attached report.

2.7 Secretary (M. Adams): No report

3. Reports of Committees

3.1 Membership (D. Fisher-Golden): (Not present; report e-mailed)

Total membership: 2,607

Change in membership: 8

New memberships: 24

Facebook followers: 2,827, an increase of 8

Twitter followers: 281, +1 change

3.2 Volunteers (M. Adams): No report.

3.3 Public Relations (R. Moore): No report.

3.4 Website (E. Neiles): (absent)

Nick Webster is attempting to fill his position as Advertising Editor but has not received an answer yet.

3.5 Conflicts Committee (C. Nowak): No report.

3.6 Grants Committee (F. Broderick): (absent; report submitted)

Two grants were given out during the July cycle: \$800 to the City of Albany Recreation Department for 8 week Monday night running program and \$300 to Saratoga Stryders to host a RRCA level 1 certification program next March. These were the only grants requested in July. The total grants for the year will be \$3,400, under budget. A brief discussion ensued regarding a possible special grant project for Guilderland Central Schools.

3.7 Just Run Program (K. Skinner):

He is getting ready for the fall XC program and is trying to get the dates for the final track events for both Fall and Spring before Bob Oates leave the area. He is following up with the various schools who have indicated interest in the past.

4. Old Business: None

5. New Business

Equipment Rental Policy: The informal policy regarding the rental of equipment is not for profits are not charged and for profits are charged. A discussion ensued whether this policy should be formalized or if it should be left informal at the discretion of the persons designated in charge of equipment. It was decided it would remain informal at this time with the exception that tax would be collected from the for profits.

Announcements: None

Refreshments: Ray Newkirk

Adjourn: Motion to adjourn made by Marcia Adams and seconded by Chris Nowak.