

HELDERBERG 5K  
CRUPE BOZENKILL PARK  
ALTAMONT, NY  
SATURDAY, JULY 23, 2022

2nd leg of the Hilltown Triple Crown

Results by White Knight Timing & Race Management

Overall

Pl	Comp#	Name	Sex/Age	City/State	Time
1	670	Terry, Chuck	M40	Albany, NY	17:19
2	622	Flowers, Carter	M15	Pattersonville, NY	18:16
3	691	Moreau, Spencer	M15	Schenectady, NY	19:00
4	648	Maynard, Holden	M22	Schenectady, NY	19:35
5	616	Darby, Matt	M24	Guilderland, NY	19:49
6	647	Mayer, Benjamin	M13	Altamont, NY	19:56
7	649	Maynard, Steve	M47	Schenectady, NY	20:15
8	688	Zieber, Jack	M14	Schenectady, NY	20:32
9	1145	Larabee, Kyle	M15	Schenectady, NY	21:19
10	1148	Hyde, Estella	W14	Delanson, NY	21:26
11	681	Wright, Arlan	M14	Berne, NY	21:45
12	672	Van Valen, Ethan	M31	Schoharie, NY	21:51
13	1146	Levin, Jack	M17	Schenectady, NY	21:55
14	658	Puzulis, Michelle	W18	East Berne, NY	22:03
15	1147	Antony, Callistus	M50	San Ramos, CA	22:08
16	683	Zimmerman, Edith	W39	Rensselaerville, NY	22:16
17	1136	Glass, Dave	M75	Glenville, NY	22:29
18	692	Hughes, Connor	M14	Schenectady, NY	22:35
19	656	Pensabene, Jason	M46	Latham, NY	22:37
20	636	Jones, Stephen	M67	Averill Park, NY	22:45
21	661	Repicky, Keenan	M17	Schoharie, NY	22:50
22	700	Abraham, Joaquin	M13	Berne, NY	22:54
23	1151	Longhi, Gary	M58	Albany, NY	23:35
24	1150	Buerker, Shaun	M23	Albany, NY	23:52
25	662	Repicky, Molly	W15	Schoharie, NY	24:19
26	1155	Quinn, Dennis	M57	Niskayuna, NY	24:20
27	695	Sornberger, Kacey	W47	Albany, NY	24:31
28	694	Stubbs, Abigail	W14	Schenectady, NY	24:40
29	650	Miller, Donald	M67	Voorheesville, NY	24:47
30	699	Carter, Gwendolyn	W14	Schenectady, NY	24:57
31	601	Barbato, Bob	M64	Delmar, NY	24:58
32	652	Nieder, Chuck	M61	Leeds, NY	24:58
33	1152	Krisa, John	M51	Rexford, NY	25:05
34	654	Pasto, Carter	M15	Maynard, MA	26:37
35	1134	De Andres, Alvaro	M13	Wynantskill, NY	27:11
36	635	Holmes, Alexis	W22	Schenectady, NY	27:11
37	605	Bortell, Hailey	W20	Schenectady, NY	27:12
38	664	Rivas, Fredy	M42	Guilderland, NY	27:16
39	617	Darby, Tom	M62	Guilderland, NY	27:20
40	608	Clemens, Annabelle	W15	Albany, NY	27:32
41	613	Corrigan, Kevin	M59	Palenville, NY	27:44
42	610	Cook-Raymond, Sarah	W41	Niskayuna, NY	27:44
43	602	Bell, Marlene	W67	Charlton, NY	28:11
44	657	Pinchuk, Lianne	W46	Delmar, NY	28:50
45	698	Pasquariello, Julius	M61	Schenectady, NY	28:57
46	603	Bennett, Richard	M70	Clifton Park, NY	29:03
47	609	Clemens, Nicole	W44	Albany, NY	29:08
48	1149	Brunner, John	M56	Schenectady, NY	29:16
49	1135	De Andres, Paula	W16	Wynantskill, NY	29:41
50	653	Nieder, Dana	W50	Leeds, NY	30:20

51	619	Dietrich, Debbie	W60	Tannersville, NY	30:43
52	642	Legg, Catherine	W51	Tannersville, NY	30:58
53	674	Washco, Jake	M6	Waterford, NY	31:14
54	677	Washco, Michael	M43	Waterford, NY	31:16
55	660	Relyea, Sean	M25	Glens Falls, NY	31:29
56	627	Graffeo, Paul	M61	Albany, NY	31:32
57	623	Futterman, Robert	M58	Glenmont, NY	31:43
58	646	Maughan, Barbara	W54	Westerlo, NY	31:49
59	1140	Peltier, Michelle	W49	Albany, NY	31:54
60	637	Kaye, Marie	W67	Cohoes, NY	32:31
61	696	Dillenbeck, Taylor	W23	Schenectady, NY	32:41
62	680	Wright, Amy	W44	Berne, NY	32:58
63	618	Dias, Alex	M36	East Greenbush, NY	33:38
64	693	Hughes, Jack	M12	Schenectady, NY	34:08
65	651	Moore, Jim	M82	Niskayuna, NY	35:10
66	1156	Sheehan, Jim	M70	Cohoes, NY	35:14
67	644	Lowry, Anna	W13	Delanson, NY	35:54
68	606	Brennan, Meaghan	W26	Slingerlands, NY	36:10
69	643	Lindemann, Peter	M64	Howes Cave, NY	36:53
70	640	Klim, Susan	W67	Altamont, NY	36:54
71	1143	Norton, Ed	M63	Albany, NY	37:10
72	659	Raymond, Christopher	M44	Niskayuna, NY	37:25
73	667	Serafini, Amanda	W51	Nassau, NY	37:59
74	690	Welch, Melanie	W60	Slingerlands, NY	38:08
75	1154	Viall, David	M17	Glenville, NY	38:39
76	1153	Dillenbeck, Kasey	W21	Schenectady, NY	38:42
77	1139	Marre, Valerie	W69	Albany, NY	38:45
78	611	Corda, Denzil Johnson	M34	Altamont, NY	39:28
79	607	Carpenter, Alice	W72	Delmar, NY	39:47
80	1158	June, Audry	W55	Coeymans, NY	39:55
81	697	Jaskolka, Jennifer	W49	Ravena, NY	39:58
82	675	Washco, Maddie	W6	Waterford, NY	40:02
83	676	Washco, Melissa	W38	Waterford, NY	40:03
84	686	DiPierro, Leo	M72	Cherry Plain, NY	40:59
85	1142	Shalashova, Sofiya	W19	Clifton Park, NY	41:32
86	1141	Pivtsova, Nataliya	W44	Clifton Park, NY	41:34
87	620	Downey, Peter	M59	Albany, NY	41:44
88	665	Russo, Victoria	W38	Delmar, NY	41:49
89	641	Lee, Raymond	M80	Halfmoon, NY	41:53
90	1157	Sheehan, Cathy	W62	Cohoes, NY	42:01
91	1138	Honsaker, Kelly	W36	Ballston Spa, NY	42:04
92	615	Dalessandro, Jacquelyn	W36	Berne, NY	42:54
93	1144	Lorman, Lisa	W58	Amsterdam, NY	43:42
94	687	DiPierro, Patricia	W69	Cherry Plain, NY	44:35
95	639	Kish, Jenifer	W48	Albany, NY	45:02
96	1132	Abraham, Ashley	W42	Berne, NY	47:57
97	1133	Abraham, Mark	M41	Berne, NY	47:59
98	671	Torgersen, Jennifer	W46	Albany, NY	51:28

## Age Groups

Pl	Name	Sex/Age	City/State	Time
Overall Results Women 5000 Run				
1	#1148 Hyde, Estella	W14	Delanson, NY	21:26
Overall Results Men 5000 Run				
1	#670 Terry, Chuck	M40	Albany, NY	17:19

## Women

### 1-12 Results

1	#675 Washco, Maddie	W6 Waterford, NY	40:02
---	---------------------	------------------	-------

### 13-16 Results

1	#662 Repicky, Molly	W15 Schoharie, NY	24:19
2	#694 Stubbs, Abigail	W14 Schenectady, NY	24:40
3	#699 Carter, Gwendolyn	W14 Schenectady, NY	24:57
4	#608 Clemens, Annabelle	W15 Albany, NY	27:32
5	#1135 De Andres, Paula	W16 Wynantskill, NY	29:41
6	#644 Lowry, Anna	W13 Delanson, NY	35:54

### 17-19 Results

1	#658 Puzulis, Michelle	W18 East Berne, NY	22:03
2	#1142 Shalashova, Sofiya	W19 Clifton Park, NY	41:32

### 20-24 Results

1	#635 Holmes, Alexis	W22 Schenectady, NY	27:11
2	#605 Bortell, Hailey	W20 Schenectady, NY	27:12
3	#696 Dillenbeck, Taylor	W23 Schenectady, NY	32:41
4	#1153 Dillenbeck, Kasey	W21 Schenectady, NY	38:42

### 25-29 Results

1	#606 Brennan, Meaghan	W26 Slingerlands, NY	36:10
---	-----------------------	----------------------	-------

### 35-39 Results

1	#683 Zimmerman, Edith	W39 Rensselaerville, NY	22:16
2	#676 Washco, Melissa	W38 Waterford, NY	40:03
3	#665 Russo, Victoria	W38 Delmar, NY	41:49
4	#1138 Honsaker, Kelly	W36 Ballston Spa, NY	42:04
5	#615 Dalessandro, Jacqu	W36 Berne, NY	42:54

### 40-44 Results

1	#610 Cook-Raymond, Sara	W41 Niskayuna, NY	27:44
2	#609 Clemens, Nicole	W44 Albany, NY	29:08
3	#680 Wright, Amy	W44 Berne, NY	32:58
4	#1141 Pivtsova, Nataliya	W44 Clifton Park, NY	41:34
5	#1132 Abraham, Ashley	W42 Berne, NY	47:57

### 45-49 Results

1	#695 Sornberger, Kacey	W47 Albany, NY	24:31
2	#657 Pinchuk, Lianne	W46 Delmar, NY	28:50
3	#1140 Peltier, Michelle	W49 Albany, NY	31:54
4	#697 Jaskolka, Jennifer	W49 Ravena, NY	39:58
5	#639 Kish, Jenifer	W48 Albany, NY	45:02
6	#671 Torgersen, Jennife	W46 Albany, NY	51:28

### 50-54 Results

1	#653 Nieder, Dana	W50 Leeds, NY	30:20
2	#642 Legg, Catherine	W51 Tannersville, NY	30:58
3	#646 Maughan, Barbara	W54 Westerlo, NY	31:49
4	#667 Serafini, Amanda	W51 Nassau, NY	37:59

### 55-59 Results

1	#1158 June, Audry	W55 Coeymans, NY	39:55
2	#1144 Lorman, Lisa	W58 Amsterdam, NY	43:42

### 60-64 Results

1	#619 Dietrich, Debbie	W60 Tannersville, NY	30:43
2	#690 Welch, Melanie	W60 Slingerlands, NY	38:08
3	#1157 Sheehan, Cathy	W62 Cohoes, NY	42:01

### 65-69 Results

1	#602 Bell, Marlene	W67 Charlton, NY	28:11
2	#637 Kaye, Marie	W67 Cohoes, NY	32:31
3	#640 Klim, Susan	W67 Altamont, NY	36:54
4	#1139 Marre, Valerie	W69 Albany, NY	38:45
5	#687 DiPierro, Patricia	W69 Cherry Plain, NY	44:35

### 70-74 Results

1	#607 Carpenter, Alice	W72 Delmar, NY	39:47
---	-----------------------	----------------	-------

## Men

### 1-12 Results

1	#674 Washco, Jake	M6 Waterford, NY	31:14
2	#693 Hughes, Jack	M12 Schenectady, NY	34:08

### 13-16 Results

1	#622 Flowers, Carter	M15 Pattersonville, NY	18:16
2	#691 Moreau, Spencer	M15 Schenectady, NY	19:00
3	#647 Mayer, Benjamin	M13 Altamont, NY	19:56
4	#688 Zieber, Jack	M14 Schenectady, NY	20:32
5	#1145 Laribee, Kyle	M15 Schenectady, NY	21:19
6	#681 Wright, Arlan	M14 Berne, NY	21:45
7	#692 Hughes, Connor	M14 Schenectady, NY	22:35
8	#700 Abraham, Joaquin	M13 Berne, NY	22:54
9	#654 Pasto, Carter	M15 Maynard, MA	26:37
10	#1134 De Andres, Alvaro	M13 Wynantskill, NY	27:11

### 17-19 Results

1	#1146 Levin, Jack	M17 Schenectady, NY	21:55
2	#661 Repicky, Keenan	M17 Schoharie, NY	22:50
3	#1154 Viall, David	M17 Glenville, NY	38:39

### 20-24 Results

1	#648 Maynard, Holden	M22 Schenectady, NY	19:35
2	#616 Darby, Matt	M24 Guilderland, NY	19:49
3	#1150 Buerker, Shaun	M23 Albany, NY	23:52

### 25-29 Results

1	#660 Relyea, Sean	M25 Glens Falls, NY	31:29
---	-------------------	---------------------	-------

### 30-34 Results

1	#672 Van Valen, Ethan	M31 Schoharie, NY	21:51
2	#611 Corda, Denzil John	M34 Altamont, NY	39:28

### 35-39 Results

1	#618 Dias, Alex	M36 East Greenbush, NY	33:38
---	-----------------	------------------------	-------

### 40-44 Results

1	#664 Rivas, Fredy	M42 Guilderland, NY	27:16
2	#677 Washco, Michael	M43 Waterford, NY	31:16
3	#659 Raymond, Christoph	M44 Niskayuna, NY	37:25
4	#1133 Abraham, Mark	M41 Berne, NY	47:59

### 45-49 Results

1	#649 Maynard, Steve	M47 Schenectady, NY	20:15
2	#656 Pensabene, Jason	M46 Latham, NY	22:37

#### 50-54 Results

1	#1147 Antony, Callistus	M50 San Ramos, CA	22:08
2	#1152 Krisa, John	M51 Rexford, NY	25:05

#### 55-59 Results

1	#1151 Longhi, Gary	M58 Albany, NY	23:35
2	#1155 Quinn, Dennis	M57 Niskayuna, NY	24:20
3	#613 Corrigan, Kevin	M59 Palenville, NY	27:44
4	#1149 Brunner, John	M56 Schenectady, NY	29:16
5	#623 Futterman, Robert	M58 Glenmont, NY	31:43
6	#620 Downey, Peter	M59 Albany, NY	41:44

#### 60-64 Results

1	#601 Barbato, Bob	M64 Delmar, NY	24:58
2	#652 Nieder, Chuck	M61 Leeds, NY	24:58
3	#617 Darby, Tom	M62 Guilderland, NY	27:20
4	#698 Pasquariello, Juli	M61 Schenectady, NY	28:57
5	#627 Graffeo, Paul	M61 Albany, NY	31:32
6	#643 Lindemann, Peter	M64 Howes Cave, NY	36:53
7	#1143 Norton, Ed	M63 Albany, NY	37:10

#### 65-69 Results

1	#636 Jones, Stephen	M67 Averill Park, NY	22:45
2	#650 Miller, Donald	M67 Voorheesville, NY	24:47

#### 70-74 Results

1	#603 Bennett, Richard	M70 Clifton Park, NY	29:03
2	#1156 Sheehan, Jim	M70 Cohoes, NY	35:14
3	#686 DiPierro, Leo	M72 Cherry Plain, NY	40:59

#### 75-79 Results

1	#1136 Glass, Dave	M75 Glenville, NY	22:29
---	-------------------	-------------------	-------

#### 80-99 Results

1	#651 Moore, Jim	M82 Niskayuna, NY	35:10
2	#641 Lee, Raymond	M80 Halfmoon, NY	41:53