

| 30-39 Results - Men 5000 Run |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 1 Sears, Ben | M32 | Albany, NY | $10+10+10=30$ | 1st |
| 2 Gerard, Christopher | M37 | Albany, NY | $8+8+8=24$ | 2nd |
| 3 Bennett, Tom | M31 | Altamont, NY | $6+6+6=18$ | 3rd |
| 4 King, Dayton | M37 | Gloversville, NY | $4+4+4=12 P$ |  |
| 5 Della Rocco, Tony | M32 | Unattached | $3+3+3=9 P$ |  |
| 40-49 Results - Men 5000 Run |  |  |  |  |
| 1 Pris, Andy | M40 | Altamont, NY | $10+10+10=30$ | 1st |
| 2 Jablonowski, Tom | M46 | Voorheesville, NY | $8+8+8=24$ | 2nd |
| 3 Palmer, Chris | M42 | Middleburgh, NY | $6+6+6=18$ | 3rd |
| 4 Miller, Richard | M45 | Cobleskill, NY | $4+4+4=12 \mathrm{P}$ |  |
| 5 McCutcheon, Brigham | M43 | Altamont, NY | $3+3+3=9 P$ |  |
| 50-59 Results - Men 5000 Run |  |  |  |  |
| 1 Munson, Rick | M59 | Prattsville, NY | $10+10+10=30$ | 1st |
| 2 Madison, Daniel | M53 | Altamont, NY | $8+8+8=24$ | 2nd |
| 60-69 Results - Men 5000 Run |  |  |  |  |
| 1 Tumidajewicz, Chester | M62 | Amsterdam, NY | $10+10+10=30$ | 1st |
| 2 Roosa, Darwin | M66 | Altamont, NY | $6+8+8=22$ | 2nd |
| 3 Gies, Mike | M68 | Voorheesville, NY | $8+6+6=20$ | 3rd |
| 4 Strobeck, Thomas | M67 | Catskill, NY | $4+4+4=12 P$ |  |
| 70-79 Results - Men 5000 Run |  |  |  |  |
| 1 Hotaling, Jim | M76 | Niverville, NY | $10+10+10=30$ | 1st |
| 2 Ricketson, Bob | M71 | Coxsackie, NY | $8+8+8=24$ | 2nd |
| 80-99 Results - Men 5000 Run |  |  |  |  |
| 1 Kelly, Joe | M83 | Menands, NY | $10+10+10=30$ | 1st |
| 2 Gundlach, Richard | M84 | Howes Cave, NY | $8+8+8=24$ | 2nd |

Top 3 in each age group received an age group award (they are in bold)
"X" = not eligible for HTC award missed any or all of the HTC races - must do all 3 "P" = Participation Medal \& T-shirt

