

RESULTS OF HUDSON-MOHAWK ROAD RUNNER'S - TUESDAY NITE TRACK MEET #2 - JULY 11, 2023

MENHigh School

100MH	Alston	15.3
100M	Xu	11.2
	Petrie	11.2
200M	Alston	22.6
400M	Lanza	55.9
800M	Lanza	2:28.1
1 Mile	Richault	4:32.9
2 Mile	Hesler	10:37.3
HJ	Xu	5'10"
LJ	Oblisk	21'
TJ	Holder	43'8"
SP	Pulver	53'8"
Discus	McConlee	144'5"

Submasters (30-39)

800M	Hedderman	2:33.2
1 Mile	Woods	5:02.3
HJ	Dansereau	3'4"
SP	Dillman	35'6"
Discus	Gilet	149'11"

Seniors (50-59)

1 Mile	Sergutt	5:48.3
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Juraissac (70+)

1 Mile	Bennett	7:01.5
SP	Fortunato	39'

High School

100M	Sousa	13.0
200M	Barnhart	25.6
400M	Ingham	65.8
800M	Sassatelli	2:29.3
1 Mile	Griffin	5:04.9
HJ	Seymore	5'
LJ	Chen	16'8"
Discus	Craft	85'

Submasters (30-39)

100M	Flood	15.7
200M	James	31.6
400M	James	70.8
1 Mile	Moslander	5:11.0
Discus	Gilet	137'4"

Seniors (66-69)

100M	Torre	17.2
200M	Torre	37.3
400M	Greenwood	1:41.2
1 Mile	Dott	8:20.1

Open (up to 29)

100M	DeSilva	11.1
200M	Gambaro	24.7
400M	Siskind	52.7
800M	Foote	2:13.1
1 Mile	Anderson	4:27.6
HJ	Christian	4'10"
LJ	Adams	22'
TJ	Williams	43'7"
SP	Corning	36'2"
Discus	Comino	105'11"

Masters (40-49)

1 Mile	Terry	4:41.0
Discus	Craft	98'10"

Veterans (60-69)

100M	Torre	14.7
200M	McNamara	30.8
400M	McNamara	68.3
1 Mile	Murphy	6:29.1

WOMENOpen (up to 29)

100M	Lilah	13.5
400M	Burger	1:45.0
1 Mile	Guilfoyle	5:31.7
2 Mile	Dunlap	13:09.0
HJ	Ward	4'10"

Masters (40-49)

800M	Whitney	3:15.4
1 Mile	Dauphinee	5:45.6