

HMRRC Winter Marathon**

Albany, NY – Sunday, February 17, 2019 – 9:00 AM

Sponsored by the Hudson Mohawk Road Runners Club

Report to: Physical Education Building of the State University at Albany located ½ mile from the crossing of I-87 and I-90 on US 20. The Physical Education Building is near the Western Avenue entrance to the Campus. The race will start and finish near the building. Shower facilities are available.

Course: USATF Certified – NY11057JG. 26.2 mile course is comprised of five loops involving the interior roadways of the State University Campus and the New York State Office Campus. Mostly flat, with no steep hills. Race time limit is 5 hours (scoring ends). Due to usual inclement weather and concern for volunteers, **course marshals & water stops will be pulled off course at 5 hrs.**

46th (and final**) Annual Marathon

Age Groups: Top male & female in 10 year age groups (coupon for loaf of bread)

Awards: Top male & top female. **No Finisher Medals!**

Entry Fee (per person): *Postmarked before February 3rd:* HMRRC Members - \$20, Non-Members \$25
Postmarked after February 3rd: All \$30
Day of Race Registration: 8:00am to 8:45am only, \$35

Race Facts: Men's Record—Jack Callaci: 2:28:04 ('77) Women's Record—Jessica Kennedy: 2:58:33 ('12)

Race will be run in conjunction with HMRRC Winter Series #5 20M. For Information on the Race:

<http://www.hudsonmohawkrrc.com/wintmaraps1.htm> or

Email Race Director: Ed Hampston - - eddolfan@yahoo.com

REGISTER ONLINE AT: <https://membercommunications-hmrrc.wildapricot.org/event-3105214>

Mail Entries: HMRRC Winter Marathon, c/o Marcia Adams, 1009 Tollgate Lane, Schenectady NY 12303 (Payable to HMRRC).

** Due to low turnout, competing races, weather, and no longer serving as last chance BQ race, we are projecting 2019 to be the final Winter Marathon. Weather postponement date will be 2/24/2019.

Name: _____

Street Address & Apt.: _____

City: _____ State: _____ Zip: _____ Email : _____

HMRRC Member: Yes No Age (on race day) _____ Sex _____ Phone: _____

I know that running a road/trail race is a potentially hazardous activity. I attest that I am physically fit and sufficiently trained to compete in this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather, including hypothermia or frostbite, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hudson Mohawk Road Runners Club, USA Track & Field, Inc., University at Albany, The People of the State of New York, the NYS Office of General Services, their officers, agents, and employees, and any of the above entities' sponsors, officials, representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations named in this waiver. I grant permission to all of the foregoing to use any photographs, videos, recordings, or any other record of this event for any legitimate purpose. I also understand that the use of headphones, ear buds, or other listening devices during this race is prohibited and may result in my disqualification. Entry fees are non-refundable and non-transferrable.

Signature: _____ Date: _____