

## RESULTS OF HUDSON-MOHAWK ROAD RUNNER'S CLUB - TUESDAY NITE TRACK MEET #1 - JUNE 25, 2024

MENHigh School

100MH	Saket	16.4
200M	Surnelli	22.3
400M	Lange	52.6
HJ	Buskey	6'2"
LJ	Gardner`	19'10"
TJ	O'Neil	41'8"
SP	Bloom	51'11"
Discus	Bloom	153'6"

Open (up to 29)

200M	Foote	11.0
1 Mile	Foote	5:39.5
LJ	Adams	22'
TJ	Adams	42'7"

Submasters (30-39)

100M	Grabber	13.4
400M	Hedderman	62.9
800M	Romero	2:49.1
1 Mile	O'Grady	5:10.1

Masters (40-49)

2 Mile	Terry	10:29.7
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Seniors (50-59)

200M	Atwell	37.0
400M	Atwell	82.0
800M	Atwell	3:17.2
1 Mile	Irwin	5:27.4
2 Mile	Atwell	15:34.1

Veterans (60-69)

800M	Kitzrow	2:39.3
1 Mile	Staley	5:57.3

Juraissac (70+)

100M	DeGonzague	16.1
800M	Bennett	3:30.4
1 Mile	Klapp	7:24.2
2 Mile	Bennett	16:46.8

WOMENHigh School

100MH	Hofstein	17.8
200M	Griffin	25.7
400M	Weiss	56.8
2 Mile	Amadon	14:20.7
LJ	Chen	16'10"
TJ	Cornell	31'3"
SP	Brady	22'7"
Discus	Brady	52'5"

Open (up to 29)

400M	Burger	1:43.1
1 Mile	Rivet	6:49.2

Submasters (30-39)

100M	Pfleegor	15.4
800M	Hallahan	3:17.5
1 Mile	Hallahan	7:36.2

Masters (40-49)

800M	Richburg	4:41.7
1 Mile	Hooley	8:20.5

Seniors (50-59)

1 Mile	Hamilton	6:56.0
2 Mile	Hoyt	14:49.0

Veterans (60-69)

400M	Greenwood	1:40.8
1 Mile	Dott	8:26.2
2 Mile	Greenwood	18:24.1