

**HELDERBERG SAP RUN 5K**  
**KNOX TOWN HALL**  
**KNOX, NY**  
**MARCH 28, 2026**

Results by White Knight Timing & Race Management

Overall Results

P1	Comp#	Name	Sex/Age	City/State	Time
1	566	Valvo, Noah	M27	Delanson, NY	17:09
2	572	Wilber, Cowin	M17	Rensselaerville, NY	17:20
3	535	Hughes, Andrew	M16	Cobleskill, NY	18:20
4	523	Corcoran, Clarence	M15	Greenville, NY	19:15
5	531	DeWitt, Peter	M55	Albany, NY	19:41
6	532	Ford, Jakob	M16	Hannacroix, NY	20:18
7	569	Versteegen, Meg	W47	Schenectady, NY	20:42
8	537	Hughes, Matthew	M11	Cobleskill, NY	21:43
9	518	Abraham, Joaquin	M17	Berne, NY	21:49
10	568	Versteegen, Ashton	M13	Schenectady, NY	22:58
11	526	Corcoran, Ian	M49	Greenville, NY	23:18
12	530	De Andres, Alvaro	M17	Wynantskill, NY	24:09
13	575	Godenzi, Andrew	M39	Knox, NY	24:39
14	533	Gerard, Christopher	M47	Albany, NY	24:55
15	536	Hughes, Gabrielle	W13	Cobleskill, NY	25:17
16	563	Tambasco, Jared	M42	Westerlo, NY	25:43
17	539	Kergel, Jeremy	M51	Glenville, NY	26:01
18	524	Corcoran, Evelyn	W17	Greenville, NY	26:06
19	557	Schuttig, Dennis	M54	Central Bridge, NY	26:27
20	548	Monroe, Bill	M22	Saratoga Springs, NY	26:45
21	522	Cooke, Jeremiah	M42	Schenectady, NY	26:50
22	541	Klapp, Kenneth	M76	Schenectady, NY	27:04
23	544	Mason, Stephanie	W26	Altamont, NY	27:34
24	550	Pitcher, Garrett	M30	Altamont, NY	27:34
25	538	Kergel, Amanda	W43	Glenville, NY	27:55
26	565	Tokarczyk, Joseph	M53	Amsterdam, NY	28:03
27	571	Weaver, Chuck	M59	Fonda, NY	28:26
28	564	Taylor, Remington	W23	Saratoga Springs, NY	29:34
29	542	Korona, Edward	M31	Sprakers, NY	30:04
30	558	Schuttig, Katelynne	W24	Central Bridge, NY	30:05
31	560	Stonesifer, Matthew	M36	Berne, NY	30:45
32	529	Corney, Claire	W54	Westerlo, NY	31:26
33	546	McFadden, Joe	M62	Westerlo, NY	31:59
34	525	Corcoran, Helen	W13	Greenville, NY	32:12
35	517	Abraham, Ashley	W45	Berne, NY	32:43
36	551	Pollay, Daniel	M56	Delanson, NY	32:46
37	460	Pegaz, Emily	W28	Westerlo, NY	33:53
38	545	McCoski, Kelli	W65	Johnstown, NY	34:01
39	540	Kish, Jenifer	W52	Albany, NY	35:13
40	552	Rhodes, Lyndsey	W41	Altamont, NY	35:31
41	578	Matthews, John	M67	Glenmont, NY	37:11
42	562	Sweet, Marisa	W37	East Berne, NY	37:18
43	553	Scheuer, Chelsi	W37	Berne, NY	38:27
44	555	Scheuer Sr, Ross	M39	Berne, NY	39:09
45	573	Scheuer, Cody	M9	Berne, NY	39:16
46	519	Buono, Pamela	W68	Troy, NY	41:51
47	554	Scheuer, Ross	M10	Berne, NY	48:13
48	567	Vavasour, John	M77	Albany, NY	48:22
49	520	Carpenter, Alice	W75	Delmar, NY	48:34

Age Groups

Name	Sex/Age	City/State	Time
Overall Results Women 5000 Run			
1 #569	Versteegen, Meg	W47 Schenectady, NY	20:42

Overall Results Men 5000 Run

1 #566 Valvo, Noah M27 Delanson, NY 17:09

Women

13-16 Results - Women 5000 Run

1 #536 Hughes, Gabrielle W13 Cobleskill, NY 25:17  
2 #525 Corcoran, Helen W13 Greenville, NY 32:12

17-19 Results - Women 5000 Run

1 #524 Corcoran, Evelyn W17 Greenville, NY 26:06

20-29 Results - Women 5000 Run

1 #544 Mason, Stephanie W26 Altamont, NY 27:34  
2 #564 Taylor, Remington W23 Saratoga Springs, NY 29:34  
3 #558 Schuttig, Katelynne W24 Central Bridge, NY 30:05  
4 #460 Pegaz, Emily W28 Westerlo, NY 33:53

30-39 Results - Women 5000 Run

1 #562 Sweet, Marisa W37 East Berne, NY 37:18  
2 #553 Scheuer, Chelsi W37 Berne, NY 38:27

40-49 Results - Women 5000 Run

1 #538 Kergel, Amanda W43 Glenville, NY 27:55  
2 #517 Abraham, Ashley W45 Berne, NY 32:43  
3 #552 Rhodes, Lyndsey W41 Altamont, NY 35:31

50-59 Results - Women 5000 Run

1 #529 Corney, Claire W54 Westerlo, NY 31:26  
2 #540 Kish, Jenifer W52 Albany, NY 35:13

60-69 Results - Women 5000 Run

1 #545 McCoski, Kelli W65 Johnstown, NY 34:01  
2 #519 Buono, Pamela W68 Troy, NY 41:51

70-99 Results - Women 5000 Run

1 #520 Carpenter, Alice W75 Delmar, NY 48:34

Men

1-12 Results - Men 5000 Run

1 #537 Hughes, Matthew M11 Cobleskill, NY 21:43  
2 #573 Scheuer, Cody M9 Berne, NY 39:16  
3 #554 Scheuer, Ross M10 Berne, NY 48:13

13-16 Results - Men 5000 Run

1 #535 Hughes, Andrew M16 Cobleskill, NY 18:20  
2 #523 Corcoran, Clarence M15 Greenville, NY 19:15  
3 #532 Ford, Jakob M16 Hannacroix, NY 20:18  
4 #568 Versteegen, Ashton M13 Schenectady, NY 22:58

17-19 Results - Men 5000 Run

1 #572 Wilber, Cowin M17 Rensselaerville, NY 17:20  
2 #518 Abraham, Joaquin M17 Berne, NY 21:49  
3 #530 De Andres, Alvaro M17 Wynantskill, NY 24:09

20-29 Results - Men 5000 Run

1 #548 Monroe, Bill M22 Saratoga Springs, NY 26:45

30-39 Results - Men 5000 Run

1 #575 Godenzi, Andrew M39 Knox, NY 24:39  
2 #550 Pitcher, Garrett M30 Altamont, NY 27:34  
3 #542 Korona, Edward M31 Sprakers, NY 30:04  
4 #560 Stonesifer, Matthew M36 Berne, NY 30:45  
5 #555 Scheuer Sr, Ross M39 Berne, NY 39:09

40-49 Results - Men 5000 Run

1 #526 Corcoran, Ian M49 Greenville, NY 23:18  
2 #533 Gerard, Christopher M47 Albany, NY 24:55  
3 #563 Tambasco, Jared M42 Westerlo, NY 25:43  
4 #522 Cooke, Jeremiah M42 Schenectady, NY 26:50

50-59 Results - Men 5000 Run

1	#531 DeWitt, Peter	M55 Albany, NY	19:41
2	#539 Kergel, Jeremy	M51 Glenville, NY	26:01
3	#557 Schuttig, Dennis	M54 Central Bridge, NY	26:27
4	#565 Tokarczyk, Joseph	M53 Amsterdam, NY	28:03
5	#571 Weaver, Chuck	M59 Fonda, NY	28:26
6	#551 Pollay, Daniel	M56 Delanson, NY	32:46

60-69 Results - Men 5000 Run

1	#546 McFadden, Joe	M62 Westerlo, NY	31:59
2	#578 Matthews, John	M67 Glenmont, NY	37:11

70-99 Results - Men 5000 Run

1	#541 Klapp, Kenneth	M76 Schenectady, NY	27:04
2	#567 Vavasour, John	M77 Albany, NY	48:22