

## ALL-TIME BESTS - INDIVIDUALS - 1983-2018

## MEN

|    |                    |      |       |
|----|--------------------|------|-------|
| 1  | Kyle Dawson        | 2011 | 14:06 |
| 2  | Paul Lagno         | 2011 | 14:18 |
| 3  | Ethan Clary        | 2011 | 14:20 |
| 4  | Patrick Moulton    | 2004 | 14:23 |
| 5  | Fred Joslyn        | 2006 | 14:30 |
| 6  | Alex Leuchanka     | 2009 | 14:34 |
| 7  | Alex Leuchanka     | 2010 | 14:35 |
| 8  | Seth DuBois        | 2009 | 14:38 |
| 9  | Demetri Goutos     | 2011 | 14:39 |
| 10 | Alex Leuchanka     | 2011 | 14:43 |
| 11 | Alex Leuchanka     | 2013 | 14:43 |
| 12 | Seamus Nally       | 2009 | 14:44 |
| 13 | Greg Kiley         | 2007 | 14:45 |
| 14 | Shamus Nally       | 2007 | 14:48 |
| 15 | Kevin Treadway     | 2013 | 14:48 |
| 16 | Ben Englehardt     | 2009 | 14:51 |
| 17 | Alexander Paley    | 2013 | 14:52 |
| 18 | J. R. Gaige        | 1988 | 14:53 |
| 19 | Kevin Williams     | 1985 | 14:53 |
| 20 | Greg Kiley         | 2011 | 14:54 |
| 21 | Todd Orvis         | 1989 | 14:55 |
| 22 | Dale Keenan        | 1985 | 14:55 |
| 23 | Shamus Nally       | 2006 | 14:56 |
| 24 | Scott Mindel       | 2008 | 14:58 |
| 25 | Craig Coon         | 2011 | 14:58 |
| 26 | Austin Lane        | 2011 | 14:58 |
| 27 | Todd Orvis         | 1991 | 14:59 |
| 28 | Max Groves         | 2010 | 14:59 |
| 29 | John Busque        | 2013 | 14:59 |
| 30 | Kevin Treadway     | 2007 | 15:00 |
| 31 | Dan Paxon          | 1988 | 15:01 |
| 32 | Zak Predmore       | 2008 | 15:01 |
| 33 | Ryan Pezzulo       | 2009 | 15:01 |
| 34 | Mike Sgambelluri   | 1993 | 15:02 |
| 35 | Steve Murdock      | 2006 | 15:02 |
| 36 | Steve Murdock      | 2007 | 15:03 |
| 37 | Kevin Williams     | 1986 | 15:04 |
| 38 | Kevin Williams     | 1991 | 15:04 |
| 39 | Scott Mindel       | 2004 | 15:05 |
| 40 | Denetri Goutos     | 2010 | 15:05 |
| 41 | Jamie Julia        | 2013 | 15:05 |
| 42 | Bob Irwin          | 1993 | 15:06 |
| 43 | Seamus Nally       | 2008 | 15:06 |
| 44 | Demetri Goutos     | 2009 | 15:06 |
| 45 | Todd Orvis         | 1992 | 15:07 |
| 46 | Rick Bush          | 1997 | 15:07 |
| 47 | Otis Obriaco       | 2010 | 15:07 |
| 48 | Mark McKenzie      | 1992 | 15:08 |
| 49 | Alex Leughanka     | 2012 | 15:09 |
| 50 | J. R. Gaige        | 1987 | 15:10 |
| 51 | Brian Rhodes-Devey | 2006 | 15:10 |
| 52 | Jacob Andrews      | 2016 | 15:11 |
| 53 | Ryan Pezzulo       | 2007 | 15:11 |
| 54 | Scott Mindel       | 2006 | 15:12 |
| 55 | Brian Rhodes-Devey | 2005 | 15:12 |
| 56 | Chuck Terry        | 2008 | 15:12 |
| 57 | Chris Fernandez    | 2011 | 15:12 |
| 58 | Jesse Garn         | 2011 | 15:12 |

## WOMEN

|    |                  |      |       |
|----|------------------|------|-------|
| 1  | Megan Hogan      | 2013 | 15:58 |
| 2  | Caitlin Lane     | 2011 | 16:05 |
| 3  | Lori Hewig       | 1990 | 16:26 |
| 4  | Lori Hewig       | 1992 | 16:27 |
| 5  | Lori Hewig       | 1994 | 16:30 |
| 6  | Elizabeth Marvin | 2011 | 16:39 |
| 7  | Lori Hewig       | 1991 | 16:43 |
| 8  | Caitlin Lane     | 2012 | 16:45 |
| 9  | Nicole Blood     | 2005 | 16:47 |
| 10 | Tonya Dodge      | 2000 | 16:48 |
| 11 | Caitlin Lane     | 2005 | 16:53 |
| 12 | Sam Rocker       | 2008 | 17:03 |
| 13 | Tonya Dodge      | 1998 | 17:05 |
| 14 | Caitlin Lane     | 2006 | 17:05 |
| 15 | Molly Pezzulo    | 2008 | 17:05 |
| 16 | Andi Palen       | 2009 | 17:05 |
| 17 | Jen Kramer       | 2003 | 17:07 |
| 18 | Amy Herold       | 1997 | 17:08 |
| 19 | Emily Bryans     | 2009 | 17:13 |
| 20 | Emily Bryans     | 2011 | 17:14 |
| 21 | Kate Twarog      | 2004 | 17:15 |
| 22 | Lizzie Predmore  | 2008 | 17:15 |
| 23 | Sam Roecker      | 2009 | 17:16 |
| 24 | Caitlyn McTague  | 2003 | 17:17 |
| 25 | Tonya Dodge      | 1997 | 17:17 |
| 26 | Megan Kellog     | 2016 | 17:17 |
| 27 | Dana Ostrander   | 1997 | 17:18 |
| 28 | Emily Bryans     | 2008 | 17:18 |
| 29 | Jillian King     | 2009 | 17:18 |
| 30 | Lizzie Predmore  | 2010 | 17:18 |
| 31 | Michelle Simone  | 1992 | 17:19 |
| 32 | Sam Rocker       | 2007 | 17:19 |
| 33 | Inge Aiken       | 1991 | 17:22 |
| 34 | Molly Pezzulo    | 2007 | 17:22 |
| 35 | Lizzie Predmore  | 2009 | 17:22 |
| 36 | Brittany Lane    | 2012 | 17:23 |
| 37 | Sam Roecker      | 2012 | 17:24 |
| 38 | Emily Malinowski | 2005 | 17:26 |
| 39 | Julia Flower     | 2015 | 17:27 |
| 40 | Ellen Mindel     | 1983 | 17:28 |
| 41 | Kirsten Anderson | 2010 | 17:28 |
| 42 | Samantha Roecker | 2010 | 17:28 |
| 43 | Dana Ostrander   | 1996 | 17:29 |
| 44 | Amy Herold       | 1995 | 17:31 |
| 45 | Denise Herman    | 1985 | 17:33 |
| 46 | Ann Delsignore   | 1991 | 17:33 |
| 47 | Liz Ludwigson    | 1989 | 17:33 |
| 48 | Ann Delsignore   | 1992 | 17:33 |
| 49 | Maggie Szpak     | 2014 | 17:33 |
| 50 | Denise Herman    | 1986 | 17:34 |
| 51 | Amy Herold       | 1992 | 17:34 |
| 52 | Alyssa Lotmore   | 2008 | 17:35 |
| 53 | Emily Bryans     | 2005 | 17:36 |
| 54 | Emily Bryans     | 2006 | 17:36 |
| 55 | Liz Montgomery   | 2005 | 17:37 |
| 56 | Kerry Caher      | 2014 | 17:37 |
| 57 | Danielle Schaub  | 2005 | 17:38 |
| 58 | Michelle Simone  | 1993 | 17:38 |

ALL-TIME BESTS - INDIVIDUALS - 1983-2018

MEN

|    |                 |      |       |
|----|-----------------|------|-------|
| 59 | Collin Frost    | 2011 | 15:12 |
| 59 | Steve Soprano   | 2014 | 15:12 |
| 59 | John Kenworthy  | 2008 | 15:13 |
| 60 | Louis Serafini  | 2009 | 15:13 |
| 61 | Dale Keenan     | 1983 | 15:13 |
| 62 | J. R. Gaige     | 1990 | 15:13 |
| 63 | Birger Ohlsson  | 2001 | 15:13 |
| 64 | Matt Groves     | 2011 | 15:13 |
| 65 | Chris Williams  | 2007 | 15:15 |
| 66 | Gerald Greenlaw | 2009 | 15:15 |
| 67 | Lance Denning   | 1994 | 15:16 |
| 68 | J. R. Gaige     | 1986 | 15:16 |
| 69 | Jamie Rodriguez | 2001 | 15:16 |
| 70 | Bob Irwin       | 2007 | 15:16 |
| 71 | Justin Bishop   | 2009 | 15:17 |
| 72 | Rick Bush       | 1999 | 15:18 |
| 73 | Jason Dejoy     | 1997 | 15:18 |
| 74 | Scott Mindel    | 2012 | 15:18 |
| 75 | Jordan Healey   | 2013 | 15:18 |
| 76 | Nick Webster    | 2011 | 15:18 |
| 77 | Adam Custer     | 2013 | 15:19 |

WOMEN

|    |                     |      |       |
|----|---------------------|------|-------|
| 59 | Dana Ostrander      | 1999 | 17:39 |
| 59 | Meaghan Gregory     | 2006 | 17:40 |
| 59 | Meaghan Gregory     | 2007 | 17:41 |
| 60 | Danielle Jordan     | 2015 | 17:42 |
| 61 | Heather Cox         | 1999 | 17:43 |
| 62 | Denise Herman       | 1988 | 17:44 |
| 63 | Emily Bryans        | 2012 | 17:44 |
| 64 | Renee Tolan         | 2015 | 17:44 |
| 65 | Rachel Sweet        | 2009 | 17:45 |
| 66 | Amy Herold          | 1994 | 17:46 |
| 67 | Hannah Reinhardt    | 2017 | 17:46 |
| 68 | Renee Tolan         | 2013 | 17:47 |
| 69 | Karen Bertasso      | 2106 | 17:47 |
| 70 | Jen Fazioli         | 1994 | 17:48 |
| 71 | Marisa Sutera       | 1987 | 17:49 |
| 72 | Denise Herman       | 1987 | 17:49 |
| 73 | Debbie Springer     | 1994 | 17:50 |
| 74 | Ada Lauterbach      | 2010 | 17:50 |
| 75 | Elizabeth Maloy     | 2004 | 17:51 |
| 76 | Jen Fazioli         | 1997 | 17:51 |
| 77 | Margaret MacDonald  | 2014 | 17:51 |
| 78 | Inge Aiken          | 1990 | 17:52 |
| 79 | Maggie Szpak        | 2013 | 17:52 |
| 80 | Jen Kramer          | 2000 | 17:53 |
| 81 | Krissy Haacke       | 1994 | 17:53 |
| 82 | Mary Kate Champagne | 2008 | 17:53 |
| 83 | Becky Celorio       | 2013 | 17:53 |
| 84 | Courtney Breiner    | 2016 | 17:54 |
| 85 | Kristina Gracey     | 2013 | 17:55 |
| 86 | Ada Lauterbach      | 2011 | 17:58 |
| 87 | Stefanie Fresenius  | 2015 | 17:58 |

TEAM

VICTORIES-1979-2018

|    |                    |    |    |                      |   |
|----|--------------------|----|----|----------------------|---|
| 1  | Stockman-Stockman  | 11 | 21 | Fazioli-Fazioli      | 2 |
| 2  | Myers, F.-Herman   | 9  | 22 | Richey-Dahlquist     | 2 |
| 3  | Menis-Hoyt         | 8  | 23 | Murray-Grout         | 2 |
| 4  | Bennett-Nicolson   | 8  | 24 | Waldenmaier-Riley    | 2 |
| 5  | Mindel-Mindel      | 4  | 25 | Williams-Williams    | 2 |
| 6  | Greenberg-Bryans   | 4  | 26 | Walroth-Wuerdeman    | 2 |
| 7  | Williams-Nicholson | 3  | 27 | Hettrich-Whitney     | 2 |
| 8  | Gaige-Strock       | 3  | 28 | Shelgren-Newton      | 2 |
| 9  | Marsh-Kline        | 3  | 29 | Cummings-O'Heaney    | 2 |
| 10 | Swazey-Swazey      | 3  | 30 | Delfs-Delfs          | 2 |
| 11 | Bagnoli-Herold     | 3  | 31 | Powers-Aiken         | 2 |
| 12 | Bush-Ostrander     | 3  | 32 | Staley-LaFrano       | 2 |
| 13 | Lutzger-Lutzger    | 2  | 33 | DeRocco-DeRocco      | 2 |
| 14 | Williams-Dodge     | 2  | 34 | Bowles-Misena-Bowles | 2 |
| 15 | Twarog-Twarog      | 2  | 35 | Irwin-Buck           | 2 |
| 16 | Czupil-Nicholson   | 2  | 36 | Fillmore-Czupil      | 2 |
| 17 | Rhodes-Devey-Lane  | 2  | 37 | Lasher-Wiczar        | 2 |
| 18 | Custer-Szpak       | 2  | 38 | Deer-Deer            | 2 |
| 19 | O'Connor-Tolan     | 2  | 39 | Evans-Albers         | 2 |
| 20 | Bennett-DeGrazia   | 2  | 40 | Young-Leary          | 2 |