

**28th RABBIT RAMBLE 4 MILE RUN & 2 MILE WALK  
 GUILDERLAND HIGH SCHOOL, GUILDERLAND CENTER, NY  
 SATURDAY, APRIL 23, 2022**

**Results by White Knight Timing & Race Management**

**4 Mile Run**

Pl	Comp#	Name	Sex/Age	City/State	Time
1	3534	Maynard, Holden	M22	Schenectady, NY	24:42.00
2	3541	Maynard, Steve	M46	Schenectady, NY	26:54.00
3	3579	Mayer, Ben	M13	Altamont, NY	27:16.00
4	3511	Hill, Matthew	M33	Highland Park, NJ	28:41.00
5	3558	Moak, Mike	M65	Guilderland Center, NY	28:48.00
6	3572	Schiffer, Jacqueline	W57	Olivebridge, NY	29:38.00
7	3518	Klapp, Kenneth	M72	Schenectady, NY	31:06.00
8	3574	Sornberger, Kacey	W46	Albany, NY	31:07.00
9	3556	McKinley, Robert	M42	Voorheesville, NY	32:35.00
10	3575	Hemraj, Kharmin	W22	Schenectady, NY	33:37.00
11	3581	Belser, Danielle	W56	Altamont, NY	34:02.00
12	3525	Lasher, Todd	M59	Albany, NY	37:22.00
13	3573	Skinner, Victoria	W28	Altamont, NY	37:23.00
14	3300	Flansburg, Whitney	W29	Schenectady, NY	37:27.00
15	3565	Rockmacher, Stephen	M57	Niskayuna, NY	37:42.00
16	3551	McCarthy, John	M50	Albany, NY	37:55.00
17	3560	Moore, Keri-Ann	W32	Highland Park, NJ	39:19.00
18	3568	Ryan, Fiona	W52	Rensselaer, NY	40:11.00
19	3583	De Miceli, Greg	M53	Cohoes, NY	40:21.00
20	3584	Mcgroder, Elizabeth	W50	Edmeston, NY	40:25.00
21	3582	Belser, Nichole	W31	Altamont, NY	42:09.00
22	3507	Graffeo, Paul	M61	Albany, NY	42:26.00
23	3585	Orr, Jacqueline	W59	Loudonville, NY	42:32.00
24	3299	Daley, Timothy	M36	Wynantskill, NY	42:43.00
25	3580	Bachandouris, John	M54	Rensselaer, NY	43:18.00
26	3589	Sheehan, Jim	M69	Cohoes, NY	43:26.00
27	3570	Schager, Haley	W29	Clarksville, NY	43:51.00
28	3571	Schager, James	M31	Clarksville, NY	43:51.00
29	3564	Rockmacher, Stephanie	W56	Niskayuna, NY	45:21.00
30	3528	Mannix, Kathleen	W58	Delmar, NY	45:41.00
31	3533	Marre, Val	W68	Albany, NY	46:12.00
32	3561	Norton, Edward	M63	Albany, NY	48:25.00
33	3297	Carpenter, Alice	W71	Delmar, NY	48:48.00
34	3578	Vavasour, John	M73	Albany, NY	52:03.00
35	3586	Sheehan, Cathy	W62	Cohoes, NC	52:41.00
36	3515	Jaskolka, Jennifer	W49	Ravena, NY	56:10.00
37	3576	Revette, Emmett	M9	Voorheesville, NY	56:40.00
38	3577	Revette, Joseph	M38	Voorheesville, NY	56:40.00
39	3510	Hein, Gail	W70	Altamont, NY	57:35.00
40	3567	Rooney, Elizabeth	W50	Rensselaer, NY	1:01:56.00

**2 Mile Walk**

Pl	Comp#	Name	Sex/Age	City/State	Time
1	1134	Ward, Carla	W58	Clifton Park, NY	29:17.00
2	1124	Earing, Kimberly	W59	Delmar, NY	29:20.00
3	1136	Rothaupt, Debra	W54	Schenectady, NY	36:54.00
4	1135	Yalden, Melissa	W41	Clifton Park, NY	36:55.00

5	1126	Gregory, Jenann	W53	Albany, NY	36:57.00
6	1122	D'Alauro, Alfred	M75	Altamont, NY	39:34.00
7	1123	D'Alauro, Veronica	W70	Altamont, NY	39:37.00

## Age Group Results

Name	Age	Team	Finals	Points
<b>Overall Results Women</b>				
1 #3572 Schiffer, Jacqueli	W57	Olivebridge, NY	29:38.00	
<b>Overall Results Men</b>				
1 #3534 Maynard, Holden	M22	Schenectady, NY	24:42.00	
<b>Women</b>				
<b>20-24 Results</b>				
1 #3575 Hemraj, Kharmin	W22	Schenectady, NY	33:37.00	
<b>25-29 Results</b>				
1 #3573 Skinner, Victoria	W28	Altamont, NY	37:23.00	
2 #3300 Flansburg, Whitney	W29	Schenectady, NY	37:27.00	
3 #3570 Schager, Haley	W29	Clarksville, NY	43:51.00	
<b>30-34 Results</b>				
1 #3560 Moore, Keri-Ann	W32	Highland Park, NJ	39:19.00	
2 #3582 Belser, Nichole	W31	Altamont, NY	42:09.00	
<b>45-49 Results</b>				
1 #3574 Sornberger, Kacey	W46	Albany, NY	31:07.00	
2 #3515 Jaskolka, Jennifer	W49	Ravena, NY	56:10.00	
<b>50-54 Results</b>				
1 #3568 Ryan, Fiona	W52	Rensselaer, NY	40:11.00	
2 #3584 Mcgroder, Elizabet	W50	Edmeston, NY	40:25.00	
3 #3567 Rooney, Elizabeth	W50	Rensselaer, NY	1:01:56.00	
<b>55-59 Results</b>				
1 #3581 Belser, Danielle	W56	Altamont, NY	34:02.00	
2 #3585 Orr, Jacqueline	W59	Loudonville, NY	42:32.00	
3 #3564 Rockmacher, Stepha	W56	Niskayuna, NY	45:21.00	
4 #3528 Mannix, Kathleen	W58	Delmar, NY	45:41.00	
<b>60-64 Results</b>				
1 #3586 Sheehan, Cathy	W62	Cohoes, NC	52:41.00	
<b>65-69 Results</b>				
1 #3533 Marre, Val	W68	Albany, NY	46:12.00	
<b>70-74 Results</b>				
1 #3297 Carpenter, Alice	W71	Delmar, NY	48:48.00	
2 #3510 Hein, Gail	W70	Altamont, NY	57:35.00	
<b>Men</b>				
<b>1-12 Results</b>				
1 #3576 Revette, Emmett	M9	Voorheesville, NY	56:40.00	

13-16 Results

1 #3579 Mayer, Ben M13 Altamont, NY 27:16.00

30-34 Results

1 #3511 Hill, Matthew M33 Highland Park, NJ 28:41.00

2 #3571 Schager, James M31 Clarksville, NY 43:51.00

35-39 Results

1 #3299 Daley, Timothy M36 Wynantskill, NY 42:43.00

2 #3577 Revette, Joseph M38 Voorheesville, NY 56:40.00

40-44 Results

1 #3556 McKinley, Robert M42 Voorheesville, NY 32:35.00

45-49 Results

1 #3541 Maynard, Steve M46 Schenectady, NY 26:54.00

50-54 Results

1 #3551 McCarthy, John M50 Albany, NY 37:55.00

2 #3583 De Miceli, Greg M53 Cohoes, NY 40:21.00

3 #3580 Bachandouris, John M54 Rensselaer, NY 43:18.00

55-59 Results

1 #3525 Lasher, Todd M59 Albany, NY 37:22.00

2 #3565 Rockmacher, Stephe M57 Niskayuna, NY 37:42.00

60-64 Results

1 #3507 Graffeo, Paul M61 Albany, NY 42:26.00

2 #3561 Norton, Edward M63 Albany, NY 48:25.00

65-69 Results

1 #3558 Moak, Mike M65 Unattached 28:48.00

2 #3589 Sheehan, Jim M69 Cohoes, NY 43:26.00

70-74 Results

1 #3518 Klapp, Kenneth M72 Schenectady, NY 31:06.00

2 #3578 Vavasour, John M73 Albany, NY 52:03.00