



STOCKADE-ATHON

44th Anniversary * Sunday, November 10, 2019 * 8:30 AM



MVP HEALTH CARE STOCKADE-ATHON ENTRY FORM

Online registration is easy – and preferred. Visit www.stockadeathon.com to sign up.

1. Check your event: 15K ½ Mile Kids Run (submit separate entry for each child)

2. Personal Information

Last Name		First Name	
Number & Street			
Town/City/State/Prov			Zip
Email		Emergency Phone # (include area code)	
<input type="checkbox"/> M <input type="checkbox"/> Female	Age on 11/10/19:	Date of Birth (MM/DD/YY):	/ /

3. Waiver

Please read carefully:

I know that running a road race is a potentially hazardous activity. I attest that I am physically fit and sufficiently trained to compete in this event. I assume all the risks associated with running in this event, including but not limited to falls, the effects of weather including hypothermia, traffic and conditions of the road. Having read this waiver and in consideration of your acceptance of my entry, I for myself and anyone acting on my behalf, waive and release the Hudson Mohawk Road Runners Club, the City of Schenectady, MVP Health Care, Fleet Feet Sports, the Schenectady YMCA, and USA Track & Field, Inc., their representatives, officials, and successors from all claims or liabilities of any kind arising out of my participation in this event, even though liability may arise out of negligence or carelessness on the part of the organizations named in this waiver and/or their volunteers or employees. I also understand that: (1) wearing headphones, earbuds or other listening devices during the race is prohibited and may compromise my safety by limiting my ability to hear instructions from race officials and warnings from vehicles that share city roadways; (2) running with strollers or animals is prohibited; and (3) there is a 2-hour course cutoff. The roads are reopened on a rolling basis for paces slower than 12:52 (a ~2:00 15K.) If you are running slower than this pace, you will be asked to move to the sidewalk. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, video, or any other record of this event for advertisement or other legitimate purposes.

Signature

Date

Parent's Signature (if under age 18)

Date

4. Entry Fees *Mark box for correct entry fee (NON-REFUNDABLE AND NON-TRANSFERABLE)*

<input type="checkbox"/> 15K Military Veteran	Anytime		\$30	\$ _____
<input type="checkbox"/> 15K Early HMRRC	Postmarked by 9/30	HMRRC Members Only	\$30	\$ _____
<input type="checkbox"/> 15K Early Entry	Postmarked by 9/30	All Other Entrants	\$35	\$ _____
<input type="checkbox"/> 15K Standard HMRRC	Postmarked 10/1-10/31	HMRRC Members Only	\$35	\$ _____
<input type="checkbox"/> 15K Standard Entry	Postmarked 10/1-10/31	All Other Entrants	\$40	\$ _____
<input type="checkbox"/> 15K Last Chance	Postmarked 11/1 or later	All Entrants	\$45	\$ _____
<input type="checkbox"/> ½ Mile Kids Run	Age 12 and under	Separate entry for each child	\$0	\$ _____

- I'm competing in the Clydesdale division (males 195 lbs. and up)
- I'm competing in the Athena division (females 150 lbs. and up)

5. Payment

Make checks payable to: HMRRC/Stockade-athon
 Mail to: HMRRC/Stockade-athon, P.O. Box 12304, Albany NY 12212