

40<sup>TH</sup> ANNIVERSARY OF THE  
**“DYNAMIC DUO” ROAD RACE**

Sponsored by: *THE HUDSON MOHAWK ROAD RUNNERS CLUB*

**SATURDAY, AUGUST 4, 2018 RACE TIME 8:30 DISTANCE: 3 MILES PER PERSON**  
 PURSUIT RACE – WOMEN RUN FIRST, HAND OFF TO MEN

ENTRY FEE: \$12 per team (1 man and 1 woman) if received before race day. \$18 per team on race day.  
**(CAN ENTER BETWEEN 6:45-8:00)**

PRIZES: Colored shirts with the name of the race for the first 8 teams in each of the 11 age groups.  
 Total prizes = \$176 (Must stay for the award ceremony, 30 minutes after last finisher, to get award)

IMPORTANT: Free use of the pool from when the final woman is done (until 11:00).  
 If we can't have the race for reasons we can't control, we cannot remit entry fees.

**MAIL ENTRY FORM TO:**

DYNAMIC DUO ROAD ROAD, 19 JOANN CT., ALBANY, NY 12205

**MAKE CHECKS PAYABLE TO:** Hudson-Mohawk Road Runners Club

The Colonie Town Park is 3 miles north of the Latham Circle on Rt. 9 in Cohoes

**2017 WINNERS**

**-36**

MARTY DOLAN 16:11 34:29  
 MADDY HESLER 18:18

**37-45**

JAKE JOHNSON 15:32 33:18  
 HANNAH REINHARDT 17:46

**46-54**

ERIC YOUNG 16:55 40:15  
 MEGAN LEARY 23:20

**55-63**

ALEX PERRY 17:53 36:09  
 NICOLE SOBLOSKY 18:16

**64-72**

ALEXANDER ROLLO 19:03 37:33  
 TRISH ROLLO 18:30

**73-81**

JOHN WILLIAMS-SEARLE 20:17 40:12  
 HEIDI ANN STEARS 19:55

**82-90**

BRIEN RAGONE 19:53 44:54  
 EILEEN RAGONE 25:01

**91-99**

CRAIG EVANS 19:21 40:31  
 SHANLEY ALBER 21:10

**100-108**

ED MENIS 19:20 43:24  
 LAURIE HOYT 24:04

**109-117**

DALE BROOMHEAD 26:04 51:00  
 MARCIA COOPER 24:56

**118+**

STEVE JOHNSTON 30:17 59:14  
 DEBRA KELLY 28:57

**ENTRY FORM - PLEASE DETACH**

NAMES

AGES

**CIRCLE YOUR AGE GROUP – ADD MALE & FEMALE AGES TOGETHER**

-36 37-45 46-54 55-63 64-72 73-81 82-90 91-99 100-108 109-117 118+