

RESULTS OF HUDSON-MOHAWK ROAD RUNNERS' CLUB TUESDAY NITE TRACK MEET #7- JULY 26, 2016

MEN

High School

100MH	House	14.7
100M	Hallam	12.8
200M	Phillips	24.8
400M	Reagan	51.4
800M	Shepard	2:34.2
1 MILE	Tindale	4:44.8
1 MILE RACEWALK	Binsfield	14:04.2
2 MILE	Metacarpa	11:20.1
SHOT PUT	Gabriel	41'5"
DISCUS	Gabriel	125'4"
LONG JUMP	Jaroz	20'7"

Open

100MH	Haskin	16.2
100M	Bender	11.3
200M	David	24.9
400M	David	57.8
800M	Girard	2:09.9
1 MILE	Young	4:54.8
SHOT PUT	Santoro	38'8"
DISCUS	Gilet	169'5"
LONG JUMP	Burke	19'2"

Submasters

100M	Carter	12.5
200M	Majeran	26.2
800M	Altobello	2:46.3
1 MILE	Dempsey	4:46.3
SHOT PUT	DiSieno	39'9"
DISCUS	DiSieno	116'1"

Masters

100MH	Dunham	18.5
100M	Kondracki	12.8
200M	Kondracki	27.7
400MH	Dunham	NT
800M	McNamara	2:36.8
1 MILE	Bright	5:26.6

Seniors

100M	Dunn	13.1
400M	Stevenson	64.8
800M	McNamara	2:45.3
1 MILE	McNamara	6:15.5
2 MILE	Menis	12:36.4
SHOT PUT	Hannay	41'4"
DISCUS	Hannay	128'1"
JAVALIN	Hannay	177'6"

Veterans

1 MILE	Litts	8:39.5
2 MILE	Litts	18:37.5
DISCUS	Morris	160'9"

Juraissic

100M	Rapazzo	14.8
200M	Rapazzo	31.2
1 MILE RACEWALK	Caccuitto	12:57.6

WOMEN

High School

100MH	Crumble	16.8
100M	Crumble	13.2
200M	Harrington	31.1
800M	LeClair	2:53.6
1 MILE RUN	Kerin	5:59.0
1 MILE RACEWALK	Fitzpatrick	12:56.1
2 MILE RUN	Padula	13:24.2
SHOT PUT	Krochina	34'9"
DISCUS	Krochina	110'
LONG JUMP	LeFleur	15'8"

Open

100M	Williams	13.5
200M	Williams	27.4
400M	Moran	67.9
800M	Claxton	2:09.9 *
1 MILE	Moran	6:16.6
2 MILE	Moran	13:38.9
SHOT PUT	Lyons	36'
DISCUS	Walker	143'10"

Submasters

1 MILE RUN	Turner	5:08.3
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Masters

1 MILE RUN	Chornyak	7:46.5
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Seniors

2 MILE RUN	Hoyt	14:38.4
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Veterans

1 MILE RUN	Dott	7:25.5
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Juraissic

1 MILE RUN	Stockman	12:18.9
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* 3d fastest all-time