

46th Runnin' of the Green 5K
 HMRRRC/USATF Grand Prix Event
 USATF Certified Course
 Rotterdam, NY March 14, 2026 10:00am

***** AWARDS LIST *****

***** MALE OVERALL RESULTS *****

1 Ryan Udvadia 29 Clifton Park NY 15:31

***** FEMALE OVERALL RESULTS *****

1 Cara Udvadia 28 Clifton Park NY 16:53

MALE AGE GROUP: 1 - 19

1 5 Thomas Crowers 16 North Bennington VT 16:25
 2 16 Jayden Thomas 19 Bennington VT 17:24
 3 36 Levi Hawrylchak 14 Guilderland NY 19:22

FEMALE AGE GROUP: 1 - 19

1 95 Anna Lowry 16 Delanson NY 25:30
 2 103 Haley Smeaton 14 Schenectady NY 27:13
 3 104 Skylar Smeaton 12 Rotterdam NY 27:20

MALE AGE GROUP: 20 - 29

1 2 Devin Akerley 29 Albany NY 15:44
 2 4 Austin Turner 29 Delmar NY 15:51
 3 10 Brendon VanVlack 26 Schenectady NY 16:48

FEMALE AGE GROUP: 20 - 29

1 15 Kerry Flower 25 Schenectady NY 17:20
 2 27 Karina Bolton 28 Delmar NY 18:27
 3 39 Lindsey Gallagher 25 Guilderland NY 19:43

MALE AGE GROUP: 30 - 39

1 6 Brad Lewis 39 Troy NY 16:37
 2 7 John Longo 35 Wynantskill NY 16:41
 3 8 Ben Fazio 30 Troy NY 16:41

FEMALE AGE GROUP: 30 - 39

1 21 Tricia Longo 36 Wynantskill NY 17:41
 2 26 Nicole Moslander 38 Schenectady NY 18:21
 3 30 Lisa Chase 39 Delmar NY 18:40

MALE AGE GROUP: 40 - 49

1 3 Shaun Donegan 40 Malta NY 15:44
 2 9 Tom O'Grady 40 Slingerlands NY 16:43
 3 11 Robert Ordish 40 Niskayuna NY 16:52

FEMALE AGE GROUP: 40 - 49

1 23 Karen Bertasso 41 Selkirk NY 18:00
 2 32 Megan Haley 45 Albany NY 18:58
 3 45 Meg Versteegen 46 Schenectady NY 20:10

MALE AGE GROUP: 50 - 59

1 42 Dean Geesler 53 Slingerlands NY 19:52
 2 43 Ryan McCann 51 Albany NY 19:57
 3 47 Michael DiNicola 51 Malta NY 20:18

FEMALE AGE GROUP: 50 - 59				
1	78	Emily Bryans	58 Delanson	NY 23:37
2	86	Nicola MacNeil	52 Rotterdam Junction	NY 24:21
3	91	Carolann Koleci	53 Albany	NY 25:02
FEMALE AGE GROUP: 60 - 69				
1	69	Beth Stalker	66 Chestertown	NY 22:39
2	70	Colleen Brackett	65 Albany	NY 22:42
3	75	Lauren Hamilton	61 Schenectady	NY 23:24
MALE AGE GROUP: 60 - 69				
1	64	John Sestito	62 Johnsonville	NY 21:56
2	68	Gary Shelnut	63 Troy	NY 22:32
3	85	Mark Nunez	69 Ballston Lake	NY 24:16
MALE AGE GROUP: 70 - 79				
1	76	David Roy	71 Schoharie	NY 23:28
2	89	David Rowell	73 Albany	NY 24:41
3	101	Stephen Jones	71 Averill Park	NY 26:54
FEMALE AGE GROUP: 70 - 79				
1	116	Carolyn George	72 Albany	NY 29:09
2	137	Martha DeGrazia	75 Slingerlands	NY 32:17
3	152	Joan Celentano	72 Schenectady	NY 36:31
MALE AGE GROUP: 80 - 99				
1	177	Raymond Lee, Jr.	84 Halfmoon	NY 50:41