

Indian Ladder Trail Run 3.5 Miler

NYS Parks

John Boyd Thacher State Park

A HMRRC Event

July 23, 2017

Place	Div/Tot	Name	No.	Age	R	S	City	St	Time	Pace
1	1/5	Will Quackenbush	59	17	5	M	Slingerlands	NY	25:16	7:14
2	2/5	Jeremy Gundrum	19	16	5	M	West Sand La	NY	25:44	7:21
3	3/5	Williamhene Cusato	69	13	5	M	Schenectady	NY	27:11	7:46
4	1/3	Celia Seigers	43	27	5	F	Oneonta	NY	27:17	7:48
5	1/2	Brian Kearns	213	46	5	M	Fultonville	NY	29:28	8:26
6	1/4	Milo Gifford	16	40	5	M	Gloversville	NY	29:55	8:33
7	1/2	Chuck Quackenbush	60	56	5	M	Slingerlands	NY	30:44	8:47
8	2/4	Christopher Hebbard	20	42	5	M	Glenville	NY	31:36	9:02
9	1/7	Tiffany Zarrella	56	30	5	F	Albany	NY	31:39	9:03
10	1/6	Amy Shatsoff	44	36	5	F	Slingerlands	NY	31:48	9:06
11	3/4	Saleem Naina	34	42	5	M	Slingerlands	NY	31:57	9:08
12	2/7	Elena McCoy	65	32	5	F	Tampa	FL	32:58	9:26
13	1/2	Alex McCoy	66	34	5	M	Tampa	FL	33:21	9:32
14	1/2	Timothy Stewart	46	37	5	M	Albany	NY	33:38	9:37
15	1/3	Christopher Campbell	4	54	5	M	Clifton Park	NY	33:54	9:42
16	2/6	Karen Cutler	63	36	5	F	Castleton	NY	34:02	9:44
17	1/3	Jamila Beesley	3	17	5	F	Delmar	NY	34:11	9:46
18	1/6	Pete Cowie	7	69	5	M	Schenectady	NY	34:40	9:55
19	3/6	Katie Gifford	15	36	5	F	Gloversville	NY	34:42	9:55
20	3/7	Christine Natalle	62	31	5	F	Arlington	VT	34:50	9:57
21	2/3	Lydia Reimer	40	13	5	F	Newport	NY	35:26	10:08
22	2/3	Denis Hurley	23	54	5	M	Delmar	NY	35:44	10:13
23	1/4	Tara Murray	33	43	5	F	Delmar	NY	35:48	10:14
24	4/6	Kristin Oliver	36	39	5	F	New York	NY	35:56	10:16
25	2/6	Jack Wilson	55	67	5	M	Voorheesvill	NY	35:56	10:16
26	1/3	Anne Hurley	22	54	5	F	Delmar	NY	36:10	10:20
27	4/7	Laura Gallery	14	32	5	F	Niskayuna	NY	36:11	10:21
28	3/3	Gillian Reimer	38	13	5	F	Newport	NY	36:33	10:27

29	5/7	Kelli Timbrook	51	30	5	F	Cohoes	NY	36:45	10:30
30	2/2	David Ostrander	61	38	5	M	Slingerlands	NY	36:47	10:31
31	2/3	Lara Comithier	6	50	5	F	Greenville	NY	37:06	10:36
32	3/3	Eric Clark	5	53	5	M	Waterford	NY	37:09	10:37
33	2/2	Chris Terzian	48	55	5	M	Albany	NY	37:42	10:47
34	3/6	Peter Thomas	49	69	5	M	Delmar	NY	38:01	10:52
35	5/6	Renee Greer	17	37	5	F	Albany	NY	38:27	10:59
36	3/3	Cathy DeWitt	68	51	5	F	Middleburgh	NY	38:47	11:05
37	4/6	Darwin Roosa	42	67	5	M	Altamont	NY	38:56	11:08
38	5/6	john shoemaker	45	68	5	M	Scotia	NY	39:42	11:21
39	2/3	Terra Snow	70	29	5	F	Watervliet	NY	39:45	11:22
40	1/3	Anne Tyrrell	54	67	5	F	Albany	NY	40:27	11:34
41	4/5	Eliot Merritt	30	8	5	M	Rensselaer	NY	41:10	11:46
42	6/6	Jennifer Merritt	31	39	5	F	Rensselaer	NY	41:16	11:48
43	6/6	Greg Rickes	41	67	5	M	Latham	NY	43:13	12:21
44	3/3	Zoe Epstein	12	25	5	F	Schenectady	NY	43:33	12:27
45	6/7	Laura Ashworth	1	33	5	F	New windsor	NY	44:08	12:37
46	4/4	Josh DiPierro	9	42	5	M	Cherry plain	NY	44:10	12:38
47	2/2	Eric Gundrum	18	48	5	M	West Sand La	NY	44:18	12:40
48	1/2	valerie marre	29	64	5	F	albany	NY	44:18	12:40
49	1/1	Mike Irving	67	62	5	M	Middleburgh	NY	45:24	12:59
51	2/3	Gail Hein	21	65	5	F	Altamont	NY	47:38	13:37
52	2/4	katie DiPierro	10	41	5	F	scheneectady	NY	47:52	13:41
53	3/3	Margaret Trowe	53	69	5	F	Albany	NY	48:16	13:48
54	5/5	Brendan Creaser	71	11	5	M	Singerlands	NY	48:39	13:54
55	1/2	Maura Whalen	72	49	5	F	Slingerlands	NY	48:54	13:59
56	7/7	Christina Vendetti	64	34	5	F	Albany	NY	50:03	14:18
57	1/1	Uzma Qureshi	37	55	5	F	Slingerlands	NY	51:53	14:50
58	2/2	Patricia DiPierro	11	63	5	F	Cherry plain	NY	54:54	15:42
59	3/4	Jennifer Torgersen	52	41	5	F	Albany	NY	1:05:12	18:38
60	4/4	Donna Leonard	28	41	5	F	Ballston Spa	NY	1:05:33	18:44
61	2/2	Marie Timberlin	50	47	5	F	Watervliet	NY	1:06:47	19:05

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1 Celia Seigers 27 Oneonta NY 27:17

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1 Will Quackenbush 17 Slingerlands NY 25:16

MALE AGE GROUP: 0 - 19

1 2 Jeremy Gundrum 16 West Sand Lake 5 NY 25:44

2 3 Williamhene Cusato 13 Schenectady 5 NY 27:11

FEMALE AGE GROUP: 0 - 19

1 17 Jamila Beesley 17 Delmar 5 NY 34:11

2 21 Lydia Reimer 13 Newport 5 NY 35:26

FEMALE AGE GROUP: 25 - 29

1 39 Terra Snow 29 Watervliet 5 NY 39:45

2 44 Zoe Epstein 25 Schenectady 5 NY 43:33

MALE AGE GROUP: 30 - 34

1 13 Alex McCoy 34 Tampa 5 FL 33:21

2 50 Mike Baldi 31 New windsor 5 NY 47:20

FEMALE AGE GROUP: 30 - 34

1 9 Tiffany Zarrella 30 Albany 5 NY 31:39

2 12 Elena McCoy 32 Tampa 5 FL 32:58

MALE AGE GROUP: 35 - 39

1 14 Timothy Stewart 37 Albany 5 NY 33:38

2 30 David Ostrander 38 Slingerlands 5 NY 36:47

FEMALE AGE GROUP: 35 - 39

1 10 Amy Shatsoff 36 Slingerlands 5 NY 31:48

2 16 Karen Cutler 36 Castleton 5 NY 34:02

3 19 Katie Gifford 36 Gloversville 5 NY 34:42

MALE AGE GROUP: 40 - 44

1 6 Milo Gifford 40 Gloversville 5 NY 29:55

2 8 Christopher Hebbard 42 Glenville 5 NY 31:36

FEMALE AGE GROUP: 40 - 44

1 23 Tara Murray 43 Delmar 5 NY 35:48

2	52	katie DiPierro	41 schenectady	5 NY	47:52
			MALE AGE GROUP: 45 - 49		
1	5	Brian Kearns	46 Fultonville	5 NY	29:28
2	47	Eric Gundrum	48 West Sand Lake	5 NY	44:18
			FEMALE AGE GROUP: 45 - 49		
1	55	Maura Whalen	49 Slingerlands	5 NY	48:54
2	61	Marie Timberlin	47 Watervliet	5 NY	1:06:47
			MALE AGE GROUP: 50 - 54		
1	15	Christopher Campbell	54 Clifton Park	5 NY	33:54
2	22	Denis Hurley	54 Delmar	5 NY	35:44
			FEMALE AGE GROUP: 50 - 54		
1	26	Anne Hurley	54 Delmar	5 NY	36:10
2	31	Lara Comithier	50 Greenville	5 NY	37:06
			MALE AGE GROUP: 55 - 59		
1	7	Chuck Quackenbush	56 Slingerlands	5 NY	30:44
2	33	Chris Terzian	55 Albany	5 NY	37:42
			FEMALE AGE GROUP: 55 - 59		
1	57	Uzma Qureshi	55 Slingerlands	5 NY	51:53
			MALE AGE GROUP: 60 - 64		
1	49	Mike Irving	62 Middleburgh	5 NY	45:24
			FEMALE AGE GROUP: 60 - 64		
1	48	valerie marre	64 albany	5 NY	44:18
2	58	Patricia DiPierro	63 Cherry plain	5 NY	54:54
			MALE AGE GROUP: 65 - 69		
1	18	Pete Cowie	69 Schenectady	5 NY	34:40
2	25	Jack Wilson	67 Voorheesville	5 NY	35:56
			FEMALE AGE GROUP: 65 - 69		
1	40	Anne Tyrrell	67 Albany	5 NY	40:27
2	51	Gail Hein	65 Altamont	5 NY	47:38