

RESULTS OF HUDSON-MOHAWK ROAD RUNNERS' CLUB TUESDAY NITE TRACK MEET #1 - JUNE 13, 2017

MEN

High School

100M	Beach	11.7
200M	Marshall	23.6
400M	Bauer	53.4
800M	Beach	2:05.5
1 MILE	Zukowski	5:06.3
2 MILE	Soden	12:26.0
DISCUS	Gabriel	137'1"
LONG JUMP	Leonard	19'1"

Submasters

400M	Flusch	64.0
800M	DeVries	2:37.9
1 MILE	Sweeney	5:17.2

Seniors

100M	Lynch	15.6
200M	Lynch	32.3
400M	Lynch	72.3
800M	Lynch	3:44.0
1 MILE	Lynch	7:06.0
1 MILE RACEWALK	Lawrence	12:24.0
SHOT PUT	Hannay	43'8"
DISCUS	Hannay	134'8"
JAVALEN	Hannay	145'7"

Juraissic

100M	Rappazzo	14.9
200M	Rappazzo	30.3

High School

100MH	Leonard	17.4
100M	Beach	13.8
200M	Garzone	29.1
400M	Thompson	69.4
800M	Osipitan	2:42.5
1 MILE RUN	Denham	7:35.4
1 MILE WALK	Scott	12:24.0
2 MILE	Thompson	12:53.9
SHOT PUT	Aldrich	33'10"
DISCUS	Aldrich	96'4"
LONG JUMP	Baranski	12'2"

Submasters

800M	Flint	3:22.9
1 MILE	Lotmore	5:47.9

Seniors

1 MILE	Denham	8:38.0
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Open

200M	Peabody	31.8
400M	Peabody	69.3
800M	Peabody	3:02.0
1 MILE	Messineo	5:04.2
2 MILE	Messineo	11:30.9
SHOT PUT	Gilet, A.	52'4"
DISCUS	Gilet, A.	164'10"
LONG JUMP	Marshall	19'5"
TRIPLE JUMP	Marshall	40'9"

Masters

100M	Johncox	13.1
200M	Johncox	27.9
800M	Plowman	2:27.8
1 MILE	Flynn	5:15.0
2 MILE	Plowman	12:17.4
DISCUS	Majeron	75'2"

Veterans

400M	Doak	87.0
800M	Doak	3:23.0
1 MILE	Doak	7:06.0
2 MILE	Bennett	15:03.0
Discus (2K)	Morris	115'10"

WOMEN

Open

400M	Claxton	53.9*
800M	Moran	2:55.5
1 MILE	Davis	6:10.1
2 MILE	Davis	14:05.5
SHOT PUT	Gilet	39'3"
DISCUS	Gilet	151'

Masters

800M	Cusato	3:55.0
1 MILE	Ragone	7:47.2
2 MILE	Stelmaszyk	16:04.9

* All time fastest 400