

Indian Ladder Trail Run 15K

NYS Parks

John Boyd Thacher State Park

An HMRRC Event

Sunday July 23, 2017

Place	Div/Tot	Name	No.	Age	S	City	St	Time	Pace
1	1/7	Shaun Donegan	208	31	M	Malta	NY	59:51	6:26
2	1/16	Jim Sweeney	168	36	M	Albany	NY	59:55	6:26
3	2/16	Josh Merlis	146	35	M	Albany	NY	1:01:25	6:36
4	1/2	Keith Machabee	139	20	M	Delmar	NY	1:01:32	6:37
5	2/7	Daniel Seigers	166	34	M	Oneonta	NY	1:01:42	6:38
6	1/4	Noah Valvo	172	18	M	Delanson	NY	1:03:35	6:50
7	2/4	Henry Manley	143	16	M	Delmar	NY	1:03:41	6:50
8	2/2	Ben Fishbein	178	21	M	Delmar	NY	1:06:30	7:08
9	1/2	Alan Finder	118	28	M	Albany	NY	1:07:32	7:15
10	1/7	Dennis VanVlack	58	45	M	Duanesburgh	NY	1:07:36	7:16
11	1/7	Michelle Pratt	156	28	F	Albany	NY	1:08:09	7:19
12	1/8	Tom Kracker	186	52	M	Delmar	NY	1:09:07	7:25
13	1/7	Brian Northan	57	42	M	Guilderland	NY	1:09:25	7:27
14	3/16	Addan Sentz	203	38	M	Nassau	NY	1:13:10	7:51
15	2/8	Mark Stephenson	177	53	M	Experance	NY	1:13:18	7:52
16	4/16	Rick Gloo	181	36	M	Mohawk	NY	1:13:51	7:56
17	2/7	Joshua Katzman	128	41	M	Clifton Park	NY	1:14:39	8:01
18	5/16	Michael Farber	179	37	M	Little Falls	NY	1:14:53	8:03
19	3/4	Max Heller	196	17	M	Albany	NY	1:15:16	8:05
20	3/8	Patrick Jansen	127	53	M	Scotia	NY	1:15:31	8:07
21	1/2	Holly Machabee	138	18	F	Delmar	NY	1:15:47	8:08
22	2/7	Todd McAuley	199	49	M	Colonie	NY	1:16:22	8:12
23	4/8	John Kinnicutt	130	54	M	MENANDS	NY	1:17:28	8:19
24	1/5	Steven Sweeney	183	62	M	Delanson	NY	1:17:30	8:19
25	3/7	Paul Notar	188	31	M	Albany	NY	1:19:15	8:31
26	5/8	Bruce Beesley	103	51	M	Delmar	NY	1:19:18	8:31
27	1/3	Amy Luke	211	23	F	Delmar	NY	1:19:45	8:34
28	3/7	Todd Bisailon	192	49	M	Mechanicville	NY	1:21:24	8:44

29	2/3	Kristen Jovanelly	200	22	F	Chatham	NY	1:21:25	8:45
30	6/16	Tim Pendergast	153	35	M	Delmar	NY	1:21:50	8:47
31	7/16	John Deer	187	35	M	Slingerlands	NY	1:21:51	8:47
32	2/7	Leanne Dombrowsky	210	26	F	Troy	NY	1:21:59	8:48
33	6/8	Paul G. Guilmette	122	53	M	Niskayuna	NY	1:22:04	8:49
34	4/7	Paul Nelson	212	47	M	Albany	NY	1:22:10	8:49
35	1/6	John Parisella	189	59	M	Ballston Lake	NY	1:22:51	8:54
36	4/7	Charles Dietrich	209	30	M	Troy	NY	1:23:06	8:55
37	8/16	Gregory Bentley	104	39	M	Loudonville	NY	1:24:02	9:01
38	2/6	Chuck Racey	194	55	M	Voorheesville	NY	1:24:20	9:03
39	2/5	Paul Salerni	164	61	M	Little Neck	NY	1:24:48	9:06
40	9/16	Peter Sentz	201	38	M	Scottsdale	AZ	1:24:55	9:07
41	5/7	Lance Decker	112	47	M	South Glens Fal	NY	1:25:15	9:09
42	1/2	Melissa C.	109	30	F	Albany	NY	1:25:38	9:12
43	1/3	Sara Brenner	106	37	F	SLINGERLANDS	NY	1:26:24	9:17
44	10/16	Jason Lecuyer	133	35	M	Schenectady	NY	1:26:31	9:17
45	3/6	Tom Pierson	216	55	M	Latham	NY	1:26:35	9:18
46	3/7	Jim Peters	180	40	M	Ilion	NY	1:26:48	9:19
47	1/5	Alice Thomas	169	54	F	Westerlo	NY	1:27:01	9:21
48	11/16	C.J. Imperial	125	37	M	Ballston Spa	NY	1:27:23	9:23
49	1/7	Rachel Toolan	202	41	F	Rensselaer	NY	1:28:38	9:31
50	1/1	Karen Provencher	157	62	F	Glens Falls	NY	1:28:44	9:32
51	5/7	Michael R. O'Brien	150	31	M	Delmar	NY	1:29:41	9:38
52	1/3	Heather Machabee	137	48	F	Delmar	NY	1:29:48	9:39
53	7/8	Daniel Flanagan	193	51	M	Saratoga Spring	NY	1:30:10	9:41
54	12/16	Nick Mosher	147	37	M	Albany	NY	1:31:17	9:48
55	2/7	Allana Moss	205	40	F	Valatie	NY	1:31:34	9:50
56	3/7	Katlin Mock	198	26	F	Albany	NY	1:31:36	9:50
57	4/7	Tim Mulligan	214	44	M	Pittsfield	MA	1:32:07	9:53
58	4/7	Jackie Chromczak	110	29	F	Rensselaer	NY	1:32:10	9:54
59	3/3	Chloe Meltz	145	24	F	Columbiaville	NY	1:32:23	9:55
60	13/16	Kevin Newman	149	36	M	Latham	NY	1:32:39	9:57
61	3/7	melissa Kwasniewski	132	40	F	Fort Edward	NY	1:32:44	9:57
62	4/6	Jeff Clark	207	59	M	Glenmont	NY	1:33:17	10:01

63	5/7	mark shoemaker	167	44	M	slingerlands	NY	1:33:24	10:02
64	3/5	Scott bradley	190	62	M	Pittsfield	MA	1:33:43	10:04
65	5/6	Tom Tift	215	59	M	New Lebanon	NY	1:33:51	10:05
66	2/5	Gabrishka Banicki	197	51	F	Gansevoort	NY	1:34:21	10:08
67	4/7	Laura Kelly	129	44	F	Albany	NY	1:37:02	10:25
68	6/7	Drew Anderson	101	48	M	Delmar	NY	1:37:13	10:26
69	4/4	Tyler Greene	184	13	M	Scotia	NY	1:37:30	10:28
70	5/7	Tina Greene	185	43	F	Scotia	NY	1:37:30	10:28
71	7/7	Tim Houger	204	46	M	Valatie	NY	1:37:40	10:29
72	2/3	Krista Rarwick	182	37	F	Mohawk	NY	1:37:50	10:30
73	14/16	Christopher Regan	159	37	M	Wappingers Fall	NY	1:38:12	10:33
74	4/5	Vincent Kirby	131	60	M	Mechanicville	NY	1:38:52	10:37
75	1/3	Mark Sager	163	66	M	Glens Falls	NY	1:40:53	10:50
76	6/6	david brown	107	59	M	niskayuna	NY	1:41:05	10:51
77	2/2	Cody Vincent	174	26	M	albany	NY	1:41:33	10:54
78	2/3	Jennifer Ferriss	117	45	F	Saratoga Spring	NY	1:42:28	11:00
79	5/7	Kathryn Riley	162	26	F	Albany	NY	1:43:22	11:06
80	6/7	Darren Pearson	152	31	M	Schenectady	NY	1:43:22	11:06
81	6/7	Amber Newman	148	41	F	Latham	NY	1:48:07	11:36
82	2/3	Leo J. DiPierro	115	67	M	cherry plain	NY	1:48:15	11:37
83	7/7	Emily Locher	135	41	F	Weston	CT	1:48:53	11:41
84	7/7	Timothy Furgal	120	31	M	Troy	NY	1:49:18	11:44
85	8/8	Robert Piccirillo	154	52	M	Schenectady	NY	1:49:24	11:45
86	6/7	Sarah Rhoades	161	28	F	Schenectady	NY	1:51:21	11:57
87	15/16	Matt Malette	141	37	M	Albany	NY	1:51:21	11:57
88	3/5	Rebecca O'Connell	151	54	F	Coxsackie	NY	1:51:30	11:58
89	6/7	jason DiPierro	114	42	M	Schenectady	NY	1:51:33	11:59
90	3/3	Karen Cusato	206	49	F	Schenectady	NY	1:51:45	12:00
91	2/2	Rebecca DHondt	113	33	F	Albany	NY	1:56:19	12:29
92	1/1	joan brown	108	59	F	niskayuna	NY	1:56:34	12:31
93	4/5	Faithe Anderson	102	53	F	Saugerties	NY	1:57:25	12:36
94		Laura Clark	111	70	F	Saratoga Spring	NY	1:58:23	12:43
95	7/7	Pam Eistertz	116	25	F	Castleton on Hu	NY	1:58:51	12:46
96	7/7	William Majer	140	43	M	Watervliet	NY	2:02:07	13:07

97	5/5	David Heyward	123	63 M	Wynantskill	NY 2:02:34	13:09
98	2/2	Tierney Bisailon	191	17 F	Mechanicville	NY 2:03:57	13:18
99	3/3	Amanda Keyser	195	35 F	Schenectady	NY 2:12:19	14:12
100	3/3	Glenn Schaefer	165	67 M	Glens falls	NY 2:17:13	14:44
101	5/5	Allison Pouliot	155	53 F	Bristol	VT 2:17:13	14:44
102	16/16	Ryan VanDerVoort	173	38 M	Troy	NY 2:19:15	14:57
103	1/2	James McGuinness	144	78 M	Watervliet	NY 2:22:32	15:18
104	2/2	Ray Lee, Jr.	134	75 M	Halfmoon	NY 2:37:58	16:57

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1 Michelle Pratt 28 Albany NY 1:08:09

***** MALE OVERALL RESULTS *****

1 Shaun Donegan 31 Malta NY 59:51

MALE AGE GROUP: 0 - 19

1 6 Noah Valvo 18 Delanson 1 NY 1:03:35

2 7 Henry Manley 16 Delmar 1 NY 1:03:41

FEMALE AGE GROUP: 0 - 19

1 21 Holly Machabee 18 Delmar 1 NY 1:15:47

2 98 Tierney Bisailon 17 Mechanicville 1 NY 2:03:57

MALE AGE GROUP: 20 - 24

1 4 Keith Machabee 20 Delmar 1 NY 1:01:32

2 8 Ben Fishbein 21 Delmar 1 NY 1:06:30

FEMALE AGE GROUP: 20 - 24

1 27 Amy Luke 23 Delmar 1 NY 1:19:45

2 29 Kristen Jovanelly 22 Chatham 1 NY 1:21:25

MALE AGE GROUP: 25 - 29

1 9 Alan Finder 28 Albany 1 NY 1:07:32

2 77 Cody Vincent 26 albany 1 NY 1:41:33

FEMALE AGE GROUP: 25 - 29

1 32 Leanne Dombrowsky 26 Troy 1 NY 1:21:59

2 56 Katlin Mock 26 Albany 1 NY 1:31:36

MALE AGE GROUP: 30 - 34

1	5 Daniel Seigers	34 Oneonta	1 NY 1:01:42
2	25 Paul Notar	31 Albany	1 NY 1:19:15

FEMALE AGE GROUP: 30 - 34

1	42 Melissa C.	30 Albany	1 NY 1:25:38
2	91 Rebecca DHondt	33 Albany	1 NY 1:56:19

MALE AGE GROUP: 35 - 39

1	2 Jim Sweeney	36 Albany	1 NY 59:55
2	3 Josh Merlis	35 Albany	1 NY 1:01:25

FEMALE AGE GROUP: 35 - 39

1	43 Sara Brenner	37 SLINGERLANDS	1 NY 1:26:24
2	72 Krista Rarwick	37 Mohawk	1 NY 1:37:50

MALE AGE GROUP: 40 - 44

1	13 Brian Northan	42 Guilderland	1 NY 1:09:25
2	17 Joshua Katzman	41 Clifton Park	1 NY 1:14:39

FEMALE AGE GROUP: 40 - 44

1	49 Rachel Toolan	41 Rensselaer	1 NY 1:28:38
2	55 Allana Moss	40 Valatie	1 NY 1:31:34

MALE AGE GROUP: 45 - 49

1	10 Dennis VanVlack	45 Duanesburgh	1 NY 1:07:36
2	22 Todd McAuley	49 Colonie	1 NY 1:16:22

FEMALE AGE GROUP: 45 - 49

1	52 Heather Machabee	48 Delmar	1 NY 1:29:48
2	78 Jennifer Ferriss	45 Saratoga Springs	1 NY 1:42:28

MALE AGE GROUP: 50 - 54

1	12 Tom Kracker	52 Delmar	1 NY 1:09:07
2	15 Mark Stephenson	53 Experance	1 NY 1:13:18

FEMALE AGE GROUP: 50 - 54

1	47 Alice Thomas	54 Westerlo	1 NY 1:27:01
2	66 Gabrishka Banicki	51 Gansevoort	1 NY 1:34:21

MALE AGE GROUP: 55 - 59

1	35 John Parisella	59 Ballston Lake	1 NY 1:22:51
2	38 Chuck Racey	55 Voorheesville	1 NY 1:24:20

FEMALE AGE GROUP: 55 - 59

1	92 joan brown	59 Niskayuna	1 NY 1:56:34
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MALE AGE GROUP: 60 - 64

1	24 Steven Sweeney	62 Delanson	1 NY 1:17:30
2	39 Paul Salerni	61 Little Neck	1 NY 1:24:48

FEMALE AGE GROUP: 60 - 64

1	50 Karen Provencher	62 Glens Falls	1 NY 1:28:44
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MALE AGE GROUP: 65 - 69

1	75 Mark Sager	66 Glens Falls	1 NY 1:40:53
2	82 Leo J. DiPierro	67 cherry plain	1 NY 1:48:15

MALE AGE GROUP: 70 - 99

1	103 James McGuinness	78 Watervliet	1 NY 2:22:32
2	104 Ray Lee, Jr.	75 Halfmoon	1 NY 2:37:58

FEMALE AGE GROUP: 70 - 99

1	94 Laura Clark	70 Saratoga Springs	1 NY 1:58:23
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