

## ALL-TIME BESTS - INDIVIDUALS - 1983-2017

## MEN

1	Kyle Dawson	2011	14:06
2	Paul Lagno	2011	14:18
3	Ethan Clary	2011	14:20
4	Patrick Moulton	2004	14:23
5	Fred Joslyn	2006	14:30
6	Alex Leuchanka	2009	14:34
7	Alex Leuchanka	2010	14:35
8	Seth DuBois	2009	14:38
9	Demetri Goutos	2011	14:39
10	Alex Leuchanka	2011	14:43
11	Alex Leuchanka	2013	14:43
12	Seamus Nally	2009	14:44
13	Greg Kiley	2007	14:45
14	Shamus Nally	2007	14:48
15	Kevin Treadway	2013	14:48
16	Ben Englehardt	2009	14:51
17	Alexander Paley	2013	14:52
18	J. R. Gaige	1988	14:53
19	Kevin Williams	1985	14:53
20	Greg Kiley	2011	14:54
21	Todd Orvis	1989	14:55
22	Dale Keenan	1985	14:55
23	Shamus Nally	2006	14:56
24	Scott Mindel	2008	14:58
25	Craig Coon	2011	14:58
26	Austin Lane	2011	14:58
27	Todd Orvis	1991	14:59
28	Max Groves	2010	14:59
29	John Busque	2013	14:59
30	Kevin Treadway	2007	15:00
31	Dan Paxon	1988	15:01
32	Zak Predmore	2008	15:01
33	Ryan Pezzulo	2009	15:01
34	Mike Sgambelluri	1993	15:02
35	Steve Murdock	2006	15:02
36	Steve Murdock	2007	15:03
37	Kevin Williams	1986	15:04
38	Kevin Williams	1991	15:04
39	Scott Mindel	2004	15:05
40	Denetri Goutos	2010	15:05
41	Jamie Julia	2013	15:05
42	Bob Irwin	1993	15:06
43	Seamus Nally	2008	15:06
44	Demetri Goutos	2009	15:06
45	Todd Orvis	1992	15:07
46	Rick Bush	1997	15:07
47	Otis Obriaco	2010	15:07
48	Mark McKenzie	1992	15:08
49	Alex Leughanka	2012	15:09
50	J. R. Gaige	1987	15:10
51	Brian Rhodes-Devey	2006	15:10
52	Jacob Andrews	2016	15:11
53	Ryan Pezzulo	2007	15:11
54	Scott Mindel	2006	15:12
55	Brian Rhodes-Devey	2005	15:12
56	Chuck Terry	2008	15:12
57	Chris Fernandez	2011	15:12
58	Jesse Garn	2011	15:12

## WOMEN

1	Megan Hogan	2013	15:58
2	Caitlin Lane	2011	16:05
3	Lori Hewig	1990	16:26
4	Lori Hewig	1992	16:27
5	Lori Hewig	1994	16:30
6	Elizabeth Marvin	2011	16:39
7	Lori Hewig	1991	16:43
8	Caitlin Lane	2012	16:45
9	Nicole Blood	2005	16:47
10	Tonya Dodge	2000	16:48
11	Caitlin Lane	2005	16:53
12	Sam Rocker	2008	17:03
13	Tonya Dodge	1998	17:05
14	Caitlin Lane	2006	17:05
15	Molly Pezzulo	2008	17:05
16	Andi Palen	2009	17:05
17	Jen Kramer	2003	17:07
18	Amy Herold	1997	17:08
19	Emily Bryans	2009	17:13
20	Emily Bryans	2011	17:14
21	Kate Twarog	2004	17:15
22	Lizzie Predmore	2008	17:15
23	Sam Roecker	2009	17:16
24	Caitlyn McTague	2003	17:17
25	Tonya Dodge	1997	17:17
26	Megan Kellog	2016	17:17
27	Dana Ostrander	1997	17:18
28	Emily Bryans	2008	17:18
29	Jillian King	2009	17:18
30	Lizzie Predmore	2010	17:18
31	Michelle Simone	1992	17:19
32	Sam Rocker	2007	17:19
33	Inge Aiken	1991	17:22
34	Molly Pezzulo	2007	17:22
35	Lizzie Predmore	2009	17:22
36	Brittany Lane	2012	17:23
37	Sam Roecker	2012	17:24
38	Emily Malinowski	2005	17:26
39	Julia Flower	2015	17:27
40	Ellen Mindel	1983	17:28
41	Kirsten Anderson	2010	17:28
42	Samantha Roecker	2010	17:28
43	Dana Ostrander	1996	17:29
44	Amy Herold	1995	17:31
45	Denise Herman	1985	17:33
46	Ann Delsignore	1991	17:33
47	Liz Ludwigson	1989	17:33
48	Ann Delsignore	1992	17:33
49	Maggie Szpak	2014	17:33
50	Denise Herman	1986	17:34
51	Amy Herold	1992	17:34
52	Alyssa Lotmore	2008	17:35
53	Emily Bryans	2005	17:36
54	Emily Bryans	2006	17:36
55	Liz Montgomery	2005	17:37
56	Kerry Caher	2014	17:37
57	Danielle Schaub	2005	17:38
58	Michelle Simone	1993	17:38

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MEN

59	Collin Frost	2011	15:12
59	Steve Soprano	2014	15:12
59	John Kenworthy	2008	15:13
60	Louis Serafini	2009	15:13
61	Dale Keenan	1983	15:13
62	J. R. Gaige	1990	15:13
63	Birger Ohlsson	2001	15:13
64	Matt Groves	2011	15:13
65	Chris Williams	2007	15:15
66	Gerald Greenlaw	2009	15:15
67	Lance Denning	1994	15:16
68	J. R. Gaige	1986	15:16
69	Jamie Rodriguez	2001	15:16
70	Bob Irwin	2007	15:16
71	Justin Bishop	2009	15:17
72	Rick Bush	1999	15:18
73	Jason Dejoy	1997	15:18
74	Scott Mindel	2012	15:18
75	Jordan Healey	2013	15:18
76	Nick Webster	2011	15:18
77	Adam Custer	2013	15:19

WOMEN

59	Dana Ostrander	1999	17:39
59	Meaghan Gregory	2006	17:40
59	Meaghan Gregory	2007	17:41
60	Danielle Jordan	2015	17:42
61	Heather Cox	1999	17:43
62	Denise Herman	1988	17:44
63	Emily Bryans	2012	17:44
64	Renee Tolan	2015	17:44
65	Rachel Sweet	2009	17:45
66	Amy Herold	1994	17:46
67	Hannah Reinhardt	2017	17:46
68	Renee Tolan	2013	17:47
69	Karen Bertasso	2106	17:47
70	Jen Fazioli	1994	17:48
71	Marisa Sutera	1987	17:49
72	Denise Herman	1987	17:49
73	Debbie Springer	1994	17:50
74	Ada Lauterbach	2010	17:50
75	Elizabeth Maloy	2004	17:51
76	Jen Fazioli	1997	17:51
77	Margaret MacDonald	2014	17:51
78	Inge Aiken	1990	17:52
79	Maggie Szpak	2013	17:52
80	Jen Kramer	2000	17:53
81	Krissy Haacke	1994	17:53
82	Mary Kate Champagne	2008	17:53
83	Becky Celorio	2013	17:53
84	Courtney Breiner	2016	17:54
85	Kristina Gracey	2013	17:55
86	Ada Lauterbach	2011	17:58
87	Stefanie Fresenius	2015	17:58

TEAM

VICTORIES

1	Stockman-Stockman	11	21	Fazioli-Fazioli	2
2	Myers, F.-Herman	9	22	Richey-Dahlquist	2
3	Menis-Hoyt	8	23	Murray-Grout	2
4	Bennett-Nicolson	7	24	Waldenmaier-Riley	2
5	Mindel-Mindel	4	25	Williams-Williams	2
6	Williams-Nicholson	3	26	Walroth-Wuerdeman	2
7	Gaige-Strock	3	27	Hettrich-Whitney	2
8	Marsh-Kline	3	28	Shelgren-Newton	2
9	Swazey-Swazey	3	29	Cummings-O'Heaney	2
10	Bagnoli-Herold	3	30	Delfs-Delfs	2
11	Bush-Ostrander	3	31	Powers-Aiken	2
12	Greenberg-Bryans	3	32	Staley-LaFrano	2
13	Lutzger-Lutzger	2	33	DeRocco-DeRocco	2
14	Williams-Dodge	2	34	Bowles-Misena-Bowles	2
15	Twarog-Twarog	2	35	Irwin-Buck	2
16	Czupil-Nicholson	2	36	Fillmore-Czupil	2
17	Rhodes-Devey-Lane	2	37	Lasher-Wiczar	2
18	Custer-Szpak	2	38	Deer-Deer	2
19	O'Connor-Tolan	2	39	Evans-Albers	2
20	Bennett-DeGrazia	2			