



Sunday, April 22nd, 2018
Mechanicville, NY 12118

SASHA'S
SUPERHERO RUN

09:30am – Kids Fun Run
10:00am – 5K Run/Walk

Calling all Superheros, Runners & Walkers!

Join Us for Sasha's Superhero Run and Enjoy Fast & Flat 5K Course, Kids Superhero Fun Run (Two Distances), Music, Bouncy-Bounce, Raffle, Face Painting, and Other Superhero-Themed Fun at the Park. Superhero costumes are encouraged, but not required.

Tallmadge Park
200 Park Place
Mechanicville, NY, 12118

The Event Honors the Parents of Seriously Ill Children and the Parents of the Children Lost Too Soon.

For Info and to Register, visit SashasRun.com



**Ronald McDonald
House Charities®**
of the Capital Region

Keeping families close™

100% Proceeds from Sasha's Superhero Run Will Benefit:

Ronald McDonald House provides room to stay, warm meals, and important services to the families of seriously ill children, treated at the local hospitals, thus keeping families of sick children close to each other during some of the most difficult times of their lives.