

HMRRC Grand Prix Series/TEAM MINI GRAND PRIX (\$\$\$\$ See back for details and rules)

Runnin' of the Green

Saturday, March 11, 2017 at 10 a.m.

Location: Schalmont High School, 1 Sabre Drive,

Rotterdam New York, 12306

Application Fee: HMRRC \$25 (\$20 if carpooling) Non-HMRRC members: \$30 (\$25 if carpooling)

VIPs: \$ 0! (contact bnorthan@gmail.com for rules) **

Mail-in Registration Deadline: March 6, 2017

Online Deadline: March 10, 2017

On-line registration on : www.hmrrc.com

Day of Registration (\$30) (all)

Please note: Overflow parking with shuttle service (if needed) will be at Jefferson Elementary School.

PLEASE NOTE: No headsets, no strollers, no dogs or other pets, no skateboards, bikes, etc, ELIPTIGO must be pre-approved (contact race director).

KIDS' RACE (Youth	12 or under) 💠	½ mile	* 11 AM	⋄ Fe	e: \$2.00	
Submit registration form a	APPLICATIO		, c/o Brian Norti		ex Circle, Guil	derland NY 12084
T-SHIRT SIZE: Small	Medium			K-Large 🔛		
NAME: First	t Name				ast Name	
ADDRESS:						
CITY: ZIP:						
PHONE: ()			DATE OF B	IRTH: M M	D D Y	Y
AGE ON 03/11/17:	HMRRC Member	? Yes	No An	nount Enclos	sed: \$	
I know that running a road race is a agree to abide by any decision of a DURING THIS EVENT . I assume a participants, the effects of the weat read this waiver and knowing these behalf, waive and release the Huds School District, their representative	race official relative to my all risks associated with run ther, traffic and the condition facts and in consideration on Mohawk Road Runners (ability to safely oning in this event ons of the road, a of your accepting Club, USA Track a	complete the run. including, but not ill such risks are bo g my entry, I, for n nd Field, Inc.; Towi	I AGREE NOT To t limited to, falls, eing known and a nyself and anyon n of Rotterdam; a	O WEAR A HE contact with o appreciated by the entitled to acount the Schalm	ADPHONE ther me. Having ct on my ont Central
SIGNA	TURE		RENT/GUARDIAN S	SIGNATURE (if un	der 18)	

TEAM MINI GRAND PRIX WITH CASH PRIZES. SEE BACK FOR DETAILS

web: http://www.hmrrc.com/races/2017/runnin-green-4m like us on facebook: https://www.facebook.com/rotgusa/

follow us on twitter: https://twitter.com/rotg usa/

HMRRC Runnin' of the Green Team Mini Grand Prix

Prizes: \$300, \$200, \$100, \$75, \$50, \$35, \$25

Teams of 4 consisting of

MALE FEMALE AGEGRADED1 (Male or Female) AGEGRADED2 (Male or Female)

Team members DO NOT have to be from same USATF team Each individual can only be on 1 team.

Team members all need to be HMRRC members.

Scoring: MALE and FEMALE do not have to have their times adjusted AGEGRADED1 and AGEGRADED2 have their times age graded.

Hypothetical Example: Joe Smith (Male 27, 20:35), Jane Smith (Female 28, 22:54), Frank Smith (Age Graded Male 66, 24:52), Fran Smith (Age graded Female, 56, 26:37)

Joe and Jane would not have their times changed. Frank and Fran would have their times gender and age adjusted and the final result would be

Joe: 20:35 Jane: 22:54

Frank: 20:25 (age adjusted from 24:52)*

Fran: 20:46 (age and gender adjusted from 26:37)*

Total: 124:40

* adjustment formula will be based on age graded percentage and code will be open and placed on github for peer review, Jan 2017.

Sign up:

- a) sign up for Runnin' of the Green.
- b) e-mail bnorthan@gmail.com with team info and name.

or

c) post team into on message on: https://www.facebook.com/rotgusa/