

CASTLETON KIWANIS
CLOVE RUN
10 Mile, 5K, AND 1 Mile
FAMILY FUN RUN

Hosted By The
CASTLETON ROAD RACING COMMISSION

For The Benefit Of The Anchor
(Local Food Pantry)

Race participants are encouraged to bring canned/non-perishable food items for donation to The Anchor.

8:30 A.M. Saturday, August 21, 2010

Family Fun Run promptly at 8:30 AM
10 Mile at 9:00 AM 5 K at 9:15 AM

All race activities (start, finish, awards, refreshments, entertainment) will take place at Castleton Elementary School at 78 Scott Avenue, Castleton, NY 12033.

DIRECTIONS: Take I – 787 over the Dunn Memorial Bridge to Rts. 9 & 20 East in Rensselaer. Go through 3 lights, and bear right at the sign for Castleton (Rt. 9J). Go on Rt. 9J to Castleton. In Castleton, turn left at the flashing light at Steward's onto Scott Avenue (Rt. 150). The Castleton Elementary School is located on Scott Avenue about 1 mile from Rt. 9J on the right. Persons traveling from other areas should use MapQuest to obtain directions to the Elementary School.

RACE APPLICATION:

Complete application and mail to Glenn Wolin, 30 Ironwood Dr, Saratoga Springs, NY 12866. Be sure to include a check for the appropriate amount made payable to CRRC.

Name _____

Male _____ Female _____ Age _____

Race: 5 K _____ 10 Mile _____ Fun Run _____

Address _____

City/Town _____ State _____

Emergency Contact _____

Phone (_____) _____ - _____

PARKING: Parking is available at the Castleton Elementary School and the surrounding streets.

ENTRY FEES:

10 Mile and 5K

- Pre – race registration: \$17.00
- Received after Aug. 13/Day of Race: \$23.00

1 Mile Family Fun Run – 10 and under

- \$5.00/person or \$15/family

T – Shirts for first 200 registered runners

ONLINE REGISTRATION:

Registration for the Clove Run can be done Online at Active.com. See Clove Run Web Site for more information.

AWARDS:

10 Mile and 5K

- Top 3 male and female runners
- Top 3 runners in each age group division

1 Mile Family Fun Run

- Medals will be awarded to all finishers

PACKET PICKUP & AWARDS CEREMONY:

- Packet pickup will be in the cafeteria of the Castleton Elementary School, all other activities will be outside on the grounds of the school
- No Duplication of Awards

MORE INFORMATION:

Call 732-2940 or go to Clove Run Web Site at http://www.vanrensselaerdivision.org/Clove_Run/

Email Address _____

T - Shirt Size

Sm. _____ med. _____ lg. _____ xl. _____

Please Read and Sign: In consideration of the acceptance of this application to participate in this race, I hereby release the sponsor and its affiliates from any and all liability or responsibility for any injury or physical illness that may occur as the result of my participation in this event. I am physically fit to participate in the race event(s) indicated. Children may only run in one event, either the 5 K or the 1 Mile Kids Fun Run. I also allow any photographs taken of myself during the event to be used for publicity purposes.

Signature _____

Parent/Guardian _____

(if under age of 18)

Date _____