

TUESDAY NIGHT

SUMMER TRACK PROGRAM

--42nd Season--

JUNE 15,22,29

JULY 6,13,20,27

AUGUST 3 (Ribbon Night), 10

FREE OF CHARGE

6:00 P.M. Start
Colonie High School
(Behind Colonie Center Macy's)

ORDER OF EVENTS

- ONE MILE RACE WALK
- HURDLES
- ONE MILE RUN
- 50 METER DASH (KIDS)
- 100 METER DASH
- 400 METER DASH
- 800 METER RUN
- 200 METER DASH
- 2 MILE RUN
- RELAYS
- FIELD EVENTS

For any further information, contact Frank Myers at 869-9333

A Reminder - The Dynamic Duo is August 7th